



**North Quincy Downs Quincy
In Girls' Soccer - Page 22**

**Raiders Defeat Presidents
In Boys' Soccer - Page 23**



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EXTERIOR VIEW of the building in the Yawkey Housing Resource Center that will house a day center and an emergency shelter. The day center, a new offering for Father Bill's & MainSpring, will provide wraparound supports, re-housing services, and co-located programs designed to reduce the overall reliance on overnight shelter among individual adults facing a housing crisis. A health clinic will be operated by Manet Community Health Center. Photos Courtesy Father Bill's/MainSpring

Yawkey Housing Resource Center Opening Next Month

*Facility Will Feature A New Day Center,
An Emergency Shelter And Full-Service Health Care Clinic*

By SCOTT JACKSON

The new Yawkey Housing Resource Center should be ready to open by early next month. John Yazwinski, the president of Father Bill's & MainSpring, said recently.

"We're at the final stages," Yazwinski said in an interview. "We're right now going through all the inspections, final approvals both at local and state level. We're hoping to open up maybe early November."

The Yawkey Housing Resource Center will be located at 39 Broad St., across the street from Father Bill's Place at 38 Broad St. The latter building, which was formerly home to the Registry of Motor Vehicles, will be torn down as part of the city's plan to construct a new public safety headquarters.

Cont'd On Page 18



A VIEW OF one of the shelter dormitories on the second floor of the Yawkey Housing Resource Center during a recent open house and tour at the new facility that will replace the outdated and much smaller Father Bill's Place on Broad Street. The center will house a new day center, an emergency shelter, as well as a full-service health care clinic.

Good Scout Awards Breakfast Nov. 15 - Page 6
Ask John Paul - AAA's Car Doctor - Page 14
Koch, Mahoney Square Off In 2nd Debate - Page 17

Early Voting Starts Oct. 28

By SCOTT JACKSON

Quincy residents will be able to cast their ballots in the upcoming municipal election - which features contested races for mayor, City Council and School Committee - during in-person early voting starting on Oct. 28. Residents also have the option of voting by mail in the election.

In-person early vot-

ing will take place inside Quincy City Hall at 1305 Hancock St. Early voting will take place in the lobby of the building on Saturday, Oct. 28, from 8:30 a.m. to 5 p.m. From Monday, Oct. 30 through Friday, Nov. 3 early voting will take place at the Election Department's office on the second floor of the glass annex building

Cont'd On Page 17

Planning Board OKs Totman Street Condos

By SCOTT JACKSON

The Planning Board has signed off on a developer's proposal to tear down a South Quincy medical office building and construct a four-story, 30-unit condominium building in its place.

The Planning Board on Oct. 11 approved the re-

quest of Quincy-based Galvin Commercial Holdings to construct the new 30-unit building at 21 Totman St. The Zoning Board of Appeals had approved an earlier plan for the site during its meeting on Aug. 22.

Speaking at the Oct. 11

Cont'd On Page 13

Grocery Store, Apartments Planned On Parkingway

By SCOTT JACKSON

A Hingham developer this past week presented preliminary plans for a new mixed-use development in Quincy Center that would feature a specialty grocery store, some 300 apartments, and a new municipal parking with up to 800 spaces.

DJ MacKinnon, the president of Atlantic Develop-

ment, on Oct. 11 provided the Planning Board with a preliminary presentation on the plans for the downtown site. The mixed-use development would take place on the parcel at 119 Parkingway - currently home to IHOP and Health Express - and would extend across Parkingway to include the

Cont'd On Page 11

More Quincy news:
The Quincy Sun.com





This Star Won't Go Out, a Quincy-based nonprofit supporting childhood cancer families, held their 2023 Shine Under the Stars Gala on Sept. 28th at Break Rock Brewing on Marina Bay. From left to right are event hosts Kennedy Elsey and Annie Dow and disc jockey John Dow.



LORI EARL (left), founder and executive director of This Star Won't Go Out, thanks all those who attended this year's gala that supports childhood cancer families. At right is Joe Chabot, Pediatric Resource Program Director at Dana-Farber Cancer Institute.

Photographs by Alex Belisle of BelisleImages.com

2023 Shine Gala Raises Funds For Childhood Cancer

This Star Won't Go Out, a Quincy-based nonprofit supporting childhood cancer families, held their 2023 Shine Under the Stars Gala on Sept. 28th at Break Rock Brewing on Marina Bay.

The event paid tribute to the legacy of Esther Grace Earl, a local Quincy teen who passed away from metastasized thyroid cancer

in 2010, but not before inspiring John Green to write "The Fault in Our Stars." Esther also left behind journals which were published in 2014 as the New York Times bestseller, "This Star Won't Go Out: The Life and Words of Esther Grace Earl."

Guests enjoyed delicious food from Victory Point

while listening to lively music from the amazing DJ Silent Partner. There were games, a "selfie spot," delicious drinks at the bar, and beautiful desserts by Konditor Meister and Montilios. The silent auction kept gala attendees choosing from over 30 auction items donated by generous businesses. Some of the most popular

gifts created "bidding wars," including the New England Free Jacks basket, the foursome-certificates at both Presidents and Furnace Brook golf courses, a Cape Cod Vineyard tour, and a team-signed ball from the Celtics!

Kennedy Elsey of the "Karson & Kennedy" show on Mix 104.1 and our own

local Annie Dow were fantastic hosts, and kept everything flowing. Lucas shared his experience as a 20-year-old college student, recently diagnosed with a rare throat cancer. His heartfelt comments brought the focus back to the purpose of the evening.

Joe Chabot, Pediatric Resource Program Director at Dana-Farber Cancer Institute detailed the impact that support from This Star Won't Go Out has made for hundreds of families in New England facing childhood cancer.

Sponsorship for the gala was provided by these generous organizations: Bay

State Property Management, Brattle Entertainment, Briggs Corner Store, New England Free Jacks, Capella Yoga & Wellness, and an anonymous local family.

This Star Won't Go Out has helped hundreds of families and raised over \$500,000 for families facing childhood cancer, providing funds to pay for housing, utilities, travel, and other expenses not covered by insurance. Learn more at TSWGGO.org.

(This article was submitted by Lori Earl, founder and executive director of This Star Won't Go Out (TSWGO.org), Quincy.)

Paint & Mocktail Night At North Quincy Library

The Thomas Crane Pub-

lic Library will host a Paint and Mocktail Night at the North Quincy Library on Tuesday, Oct. 24 from 7 to 8:30 p.m.

This event is an alcohol-free version of a paint and sip. Supplies are limited. Register at <https://thomas-cranelibrary.assabetinteractive.com/calendar/paint-mocktail-night-3/>.

Registering could result in your party being placed on a wait list. If that is the case, and we are able to move you to the attendee list at some point, you will receive an email from us confirming your attendance at the event.

Visit the Crane Library online Events Calendar for more information and other activities.

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This Star Won't Go Out appreciates the generous donors and sponsors who helped raise funds for families facing childhood cancer during our Shine Gala at Break Rock Brewing on September 28, 2023!

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New England Free Jacks
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Special Thanks

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Fourth Grader Kevin Ferrara Awarded Music Scholarship

Named In Honor Of Retired Teacher Susan Egan

In honor of retired Snug Harbor School teacher Susan Egan, an annual music scholarship has been established and is awarded to one student each year. Students interested in applying for the scholarship write a one-paragraph essay describing which instrument they are interested in learning to play and what music means to them.

Following the band instrument demonstrations by the music staff, one student is chosen each year from Snug Harbor Elementary School's fourth and fifth grade applicants. This year, the fifth annual instrument award recipient is fourth grade student, Kevin Ferrara. Kevin will be learning to play the trumpet.

Susan Egan taught in

the Quincy Public School System for 46 years, all of those years at Snug Harbor School. Along with her love of reading and grammar, Susan also incorporated music into her classroom and the school in many ways. She played guitar and ukulele while leading classes in songs for the winter holiday concerts and the annual Snug Harbor Memorial Day program. She also wrote an original song, "The Ballad of the Five-Paragraph Essay," to reinforce to students how to compose a five-paragraph essay.

Former students know of her love of The Beatles and once a yellow submarine even crossed the stage during a performance. Susan was a masterful teacher and a musical influence. This

scholarship was established to honor her efforts on behalf of the children of Quincy and Snug Harbor School. Although retired from teaching, Susan is currently the school liaison for the Quincy Historical Society connecting the city's third and fourth grade students with Quincy's past.

Fellow Quincy educator Stacie O'Callaghan started this scholarship in honor of Susan Egan when she retired from Quincy Public Schools in 2017. Band teacher Judy Lai supports the scholarship program by helping to locate instruments and encouraging students and Snug Harbor School's fifth grade teacher David Armstrong helps with logistics.

"We hope to continue inspiring young students to pursue their passion for music," O'Callaghan said.

The essay contest asked students to write one paragraph on why they are interested in learning to play an



SNUG HARBOR SCHOOL fourth grader Kevin Ferrara is the recipient of a musical scholarship named in honor of retired teacher Susan Egan. With Kevin are Susan Egan (left) and school Principal Scott Perfetuo.

Courtesy Photo

instrument in the Snug Harbor School Band and what music means to them. Here is Kevin's response:

"My name is Kevin Ferrara and I'm in the fourth grade. This will be my first year in band and I've been

waiting to join since second grade. I'm so excited to start learning to play the trumpet. Music and mostly instruments have been important to me and my family for a long time. My mom played the clarinet, my aunt played

the flute and I've love to also play an instrument and one day I will be in the marching band and walk in a parade. Music makes me and others happy and I like making people proud of me. Thank you for this opportunity."

Library To Host Acclaimed Author Jeffrey Denman

Community Meeting Room Oct. 23

Director Sara Slymon announces the Thomas Crane Public Library will host acclaimed author and history teacher Jeffrey Denman, who will be presenting his book "John Quincy Adams, Reluctant Abolitionist."

The event will be held Monday, Oct. 23 from 7 to 8 p.m. in the library's Community Meeting Room, 40 Washington St., Quincy.

This event is free to attend. No registration is required.

Denman, an acclaimed author and history teacher, will delve into the captivating world of John Quincy Adams and his complex relationship with slavery in his latest book, "John Quincy Adams, Reluctant Abolitionist."

During the event, Denman will take attendees on a journey through the life and times of John Quincy Adams, a Harvard alumnus, diplomat, U.S. President, and influential member of Congress. While Adams never fully embraced the

abolitionist cause, his passionate disdain for the arguments of Southern slaveholders propelled him into a central role in one of America's most defining struggles.

"John Quincy Adams, Reluctant Abolitionist" will be available for purchase and signing during the event.

Denman is co-author of "Greene and Cornwallis in the Carolinas: The Pivotal Struggle in the American Revolution 1780-1781" as well as several magazine and journal articles. His research focuses primarily on the late 18th and early 19th centuries in American history. He is a graduate of the University of Maine and the University of Connecticut, and a retired teacher of American History and World Geography for Brookline Public Schools.

To learn more about events at the Thomas Crane Public Library, visit the library's Events Calendar, Facebook, or Instagram.

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Moments in time

THE HISTORY CHANNEL

• On Oct. 30, 1961, the Soviet Union detonated Tsar Bomba, or Big Ivan, over the Mityushikha Bay test range on the Novaya Zemlya Island in the Arctic Circle. The unique, 57-megaton nuclear bomb's flash of light was visible more than 1,000 kilometers away when it exploded at a height of 13,000 feet.

• On Oct. 31, 1984, Indira Gandhi, the first female prime minister of India, was assassinated by two of her bodyguards, Satwant Singh and Beant Singh, while walking through the garden of her residence on the way to an interview with British actor Peter Ustinov. Her death sparked riots in India and New Delhi, where several thousand Sikhs were killed.

• On Nov. 1, 1953, Canon Mervyn Stockwood, an English clergyman, returned from a trip to Russia and reported that an atheist tour guide there had claimed that Jesus was a Christian invention. Stockwood also announced that only 45 of Russia's 1,600 churches were still open.

• On Nov. 2, 1990, President George Bush rallied in Ohio for the removal of Iraqi president Saddam Hussein from Kuwait without the firing of a single shot. He also promised the return of American troops "very soon."

• On Nov. 3, 1838, the world's largest English-language daily newspaper was launched as a bi-weekly publication, the Bombay Times and Journal of Commerce, in Bombay, India.

• On Nov. 4, 1925, Nellie Tayloe Ross became the first woman to be elected as an American state governor, as well as the first and to date only female governor of Wyoming, following the death of her husband, William Ross, from complications of an appendectomy. In addition, she was also the first female director of the United States Mint.

• On Nov. 5, 2003, Gary Ridgway, a commercial truck painter and serial killer also known as the "Green Valley Killer," pleaded guilty to killing 48 women in the 1980s and 1990s. In 2011, he further confessed to a 49th murder and was sentenced to a 49th consecutive life term in the Washington State Penitentiary.

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Harvesting corn

When their tassels begin to turn brown, pull corn "ears" downward and twist them off the stalk. Remove all husks, tassels and stalks, and place shucked cobs of corn in cold water until time to cook. Bring a large kettle of water to a rapid boil, adding 1 tablespoon of salt for each quart of water. Toss in all your corn cobs and boil them 3-5 minutes. Remove and drain, and serve hot with butter and seasonings.

- Brenda Weaver

Source: www.almanac.com

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FINANCIAL FOCUS: Own A Business? Consider These Retirement Plans

If you own a small business or are self-employed, you've always got plenty to do, but you can't forget about the days when you'll be less busy — that is, when you're retired. How can you prepare for that time of your life?

One key step is establishing a retirement plan for your business or yourself. And thanks to the 2022 SECURE 2.0 Act, you can now receive tax credits for opening and administering a 401(k), SEP-IRA or SIMPLE IRA. These aren't the only plans available for small businesses or sole proprietors, but they are among the most popular. Let's look at each of them:

• **401(k)** — A 401(k) offers several key benefits: First, any earnings growth is tax deferred, and your contributions can be tax deductible. (Taxes are due upon withdrawal, and withdrawals prior to age 59½ may be subject to a 10% penalty.)

If you choose a Roth 401(k), your contributions aren't deductible, but your earnings and withdrawals will be tax free, provided you meet certain conditions.



MARIE
O'RIORDAN KELLY

And a 401(k) offers a variety of investment options. If you have workers, you'll need to consider whether to offer matching contributions, which are tax deductible to you, up to the limit of 25% of compensation paid to eligible employees.

But even if you're self-employed, with no employees other than your spouse, you can establish what's known as a "solo" or "owner-only" 401(k). In 2023, you can put in up to \$22,500 as an employee, plus a catch-up contribution of \$7,500 if you're 50 or older, for a total of \$30,000.

Plus, you can contribute an additional 25% of earned income as an employer, up to an overall employee and employer maximum of \$66,000 (or \$73,500 if you're 50 or older).

• **SEP-IRA** — An SEP-IRA may be attractive to you if you're self-employed or if you own a business but have few or no employees. That's because you must contribute an equal percentage of your own compensation to every eligible employee. In 2023, you can contribute up to \$66,000 or 25% of your income, whichever is less.

• **SIMPLE IRA** — A SIMPLE IRA is easy to establish and administer. As with an SEP-IRA, earnings in a SIMPLE IRA can grow on a tax-deferred basis. If you have employees, they aren't required to contribute to this plan — but you are. You must match up to 3% of employees' contributions or provide 2% of their annual salaries, although you do have some flexibility. If your business goes through a rough patch, you can temporarily decrease SIMPLE IRA contributions to 1% for

up to two years out of the previous five. Your contributions to your employees' accounts are tax deductible, but in terms of building resources for your own retirement, a SIMPLE IRA may be less appealing because of its contribution limits, which are relatively low compared to a 401(k) or SEP IRA. In 2023, you can put in up to \$15,500, or \$19,000 if you're 50 or older.

You should consult with your tax advisor to determine which retirement plan is right for you. Your financial advisor can also help you explore your options. And the sooner you put a plan to work, the better.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

Submitted by Marie O'Riordan Kelly, AAMS

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30 Properties Receive 'Neat Neighbors' Award

Mayor Thomas Koch announces 30 properties have been selected to receive the 2023 "Neat Neighbors" award from the Department of Natural Resources.

The contest aims to recognize Quincy residents that maintain their properties in the spirit of a cleaner and greener Quincy. The contest was created by Koch in the late-1990s when he served as the executive director of the Park, Forestry and Cemetery Department.

"For many residents, this is a labor of love," said Mayor Koch. "They toil every week in their yard from April through November to keep their properties looking beautiful. The impact that their properties have on their block and the city is significant. I wish everyone cared for their property the way that our Neat Neighbors do."

The winners will all receive a \$30 gift certificate to a local garden center and a sign for their property indicating that they have been recognized.

The 2023 Neat Neighbors are:

Stephen Bettencourt	22 Highfield Rd.
James Riley	27 Beebe Rd.
Mike Garcia	11 Waban Rd.
Mark Horne	60 Albatross Rd.
Brenda McKeon	107 Darrow St.
Frankie Capobianco	58 Curtis Ave.
Richard Batista	166 Phipps St.
Holly and Percy Watson	7 Crest St.
Mark Miller	52 Norman Rd.
Joyce Avalon	15 Hardwick Rd.
Chen Kong Xin	20 Lincoln Ave.
Dennis Murray	452 West Squantum St.
Frankie Casper	29 Eddie St.
Deborah Panoff	39 Forbes Hill Rd.
Kathleen Ryan	20 Taylor St.

The Baldinos	676 Willard St.
The Joyce Family	118 Connell St.
Don and Pat Donahue	38 Wallace Rd.
Mike and Marilyn Buckley	98 Goddard St.
Jack Warren	60 Verchild St.
Kai Man Lee	42 Presidents Ave.
Tady Ibrahim	93 Standish Ave.
Andrew Welch	10 Woodbine St.
Michelle Holleman	134 Monroe Rd.
Mia Olson	57 Willow St.
Marcotullio Family	220 Atlantic St.
Riza Salazar	224 Newbury Ave. #1
Michelle Page	109 Naval Ter.
Dotty and Jack Wilk	61 Aphorp St.
Margaret Callanan	173 Huckins Ave.

"There are far more than 30 properties that could have won this award," said Commissioner of Natural Resources Dave Murphy. "So many of our fellow residents do an incredible job beautifying their homes, gardens, and yards. We want to thank all those residents, whether they won this year or not, who do tremendous work in keeping their properties beautiful in the spirit of a cleaner and greener Quincy."

Added Koch, "I am extremely grateful for everyone's work in keeping our city clean, neat, and beautiful. We regularly receive emails and calls regarding how beautiful our city is and that starts with our homeowners. Our city employees also do a fantastic job keeping our parks, open spaces, and business districts looking nice. Whether it is planting flowers or keeping the areas free of litter, beautification is a top priority and I am proud of our collective results."

QHS Class Of 2003 20th Reunion Nov. 18

The Quincy High School Class of 2003 will hold its 20th reunion on Saturday, Nov. 18 from 6 to 10 p.m. at the WaterClub, Marina Bay.

Visit the QHS Class of 2003 facebook page for more details.

More Quincy news:

The Quincy Sun.com

Holiday Craft Fair Nov. 4 At Bethany Church

On Saturday, Nov. 4, from 9 a.m. to 3 p.m., Bethany Congregational Church will host a Holiday Craft Fair.

Local crafters and church members will be selling new handmade items for your holiday shopping needs. There will be a raffle of a variety of local products, a bake sale table and a luncheon available for you to enjoy.

Parking is available on Spear Street and in the lot across Coddington Street.

Scenes From Yesterday

YOUR LOCAL WOOLWORTH STORE ON HANCOCK STREET, QUINCY, MASSACHUSETTS



E-10478

THIS 1948 postcard was published when the new F.W. Woolworth store opened in Quincy Center on the corner of Hancock and Cliveden Streets. Woolworth's moved here from the Adams Building at the other end of the Square where they had been located for almost 50 years. They also had a small store in Wollaston Center

for many years. The store shown here with its popular lunch counter and pet shop was also opened for almost 50 years when Woolworth's went bankrupt in the 1990s. This building was demolished in 2016 to make way for Cliveden Place, a 60-unit luxury condominium complex. From the Tom Galvin Postcard Collection

READERS FORUM - MORE ON PAGE 26, 30, 37

A Response To 'Feeling Environmentally Green With Your EV?' Letter

I read the Readers Forum letter "Feeling Environmentally Green With Your EV?" from Robert Romeri (Oct. 12, 2023) with great interest and I feel the need to clarify some of the writer's misstatements and omissions.

Cobalt is used in the manufacture of nickel manganese cobalt oxide (NMC) batteries. NMC is used in many battery applications such as mobile phones, tablets, laptops, wireless speakers, wireless security cameras, cordless power tools, e-bikes, flashlights, portable power supplies, and electric vehicles (EVs).

Cobalt is primarily mined in Australia and the Democratic Republic of the Congo (DRC).

The working conditions at cobalt mines in the DRC can be hazardous - especially at the euphemistically named "artisanal mines." Artisanal and small-scale (ASM) mining refers to a type of mining that uses basic tools and low-tech equipment to extract minerals and metals. ASM is carried out by individuals, cooperatives, or small companies often in hazardous conditions with minimal capital investment and much use of manual labor. It has been widely reported that ASMs often involve unregulated, unethical, and unsafe labor practices - including the use of child labor.

Glencore, one of the world's largest mining companies with cobalt mining operations in Australia and the DRC is a member of the Voluntary Principles on Security and Human Rights and the International Council on Mining and Metals. They are also an active participant in the Extractive Industries Transparency Initiative. Glencore is headquartered in Switzerland. Glencore does not employ ASM operations.

Tesla, currently the largest manufacturer of electric vehicles in the U.S., entered into an agreement with Glencore in 2020 to secure cobalt directly from the mining giant and avoid the issues created by ASM operations. Tesla manufactures their own EV batteries "in house."

In 2022, General Motors (Chevrolet, Cadillac, GM) followed suit and also entered into an agreement with Glencore to purchase cobalt from Australia for their "Ultium" line of EV batteries.

As the demand for electric vehicles continues to increase, battery manufacturers look for ways to increase efficiency, improve supply chains, and reduce costs. As a result, battery chemistries are constantly being refined. The battery chemistry in an EV manufactured in 2016 is vastly different in composition to EV batteries being manufactured today. The amount of cobalt in EV batteries has been dramatically reduced over the last decade.

Many EV battery manufacturers are producing lithium iron phosphate (LFP) batteries. Globally, LFP batteries

made up almost 30 percent of the EV batteries manufactured in 2023. LFP batteries do not contain cobalt.

Since 2022, one half of the EV batteries in the Tesla Model 3s and Model Ys were produced using (LFP) batteries. Ford announced that their F-150 Lightning EV will include models with LFP batteries in 2024. Some Ford Mustang Mach-e EVs already use LFP batteries. Rivian has also announced a switch to LFP batteries in their Electric Delivery Vans for Amazon, and their Standard Range EV trucks for 2024.

At their end of life, spent EV batteries are recycled. U.S. battery recycling companies buy spent EV batteries for their hardware components and raw materials. Ninety-five percent of the minerals in an EV battery are recycled - including cobalt. These raw materials are reused to manufacture new EV batteries which reduces the need for mining - including cobalt mining. The EV battery industry's goal is to "mine once and recycle forever."

The Inflation Reduction Act (IRA) of 2022 specifically addresses the issue of EV battery raw materials sourcing. The IRA includes tax credits and incentives for the domestic manufacturing of EVs, EV batteries, and the recycling of EV batteries in the U.S.. By 2026, 80 percent of EV battery materials must meet these content requirements.

To qualify for the EV Federal Tax credit, the EV requirement is that at least 40 percent of their battery's critical minerals originate or be manufactured in the U.S. or one of its free-trade partners. Each year EVs will be required to increase the percentage of minerals in their batteries that are extracted and processed in the U.S., in a country the U.S. has a free trade agreement with or recycled in North America. Starting in 2024, the EV Federal Tax credit for consumers specifically excludes any tax credits for EVs with critical minerals extracted, processed, or recycled in a country defined as a "foreign entity of concern" such as China.

There is still an elephant in the room which the writer failed to note; The oil industry is not immune to the cobalt issue. Cobalt has been used as catalyst in the desulphurization process of gasoline production for over four decades. This means that people who drive gas powered vehicles rely on cobalt mining, yet the outrage continues to be absent.

It is true that 40 percent of the national grid's electricity is generated by natural gas power plants. It is also true that EVs charged by natural gas power plants are cleaner for the environment than gas vehicles. There are no tailpipe emissions from EVs.

John J. Fitzmaurice
Merrymount
Quincy

Quincy's Yesterdays

This Week
1991
32 Years Ago

Mariano Nominated In Special Election

Quincy School Committeeman Ron Mariano built a 1,381-vote cushion in Quincy and held off a surge by political newcomer John "Jack" McGlone in Weymouth to win the Democratic nomination for state representative in Tuesday's special primary election.

Mariano piled up wide margins in all six Quincy precincts in the Third Norfolk District while McGlone scored big margins in Weymouth's six precincts. The final results showed Mariano with 2,513 votes and McGlone with 2,289 votes, a difference of 224 votes.

Turnout in Quincy was higher than expected as 2,809 voters or 29.6 percent of voters in the district went to the polls. Turnout in the Weymouth precincts was approximately 25 percent.

Editor's note: Mariano would go on to win the state representative seat in Third Norfolk District in November defeating Weymouth Republican William Izbicki and Quincy Independents Cheryl Balzano and Francis "Sandy" Eaton. Mariano succeeded Robert Cerasoli, his boyhood friend, who had stepped down in July after 18 years as state rep to become the state inspector general.

Mariano has served as a state representative since his election and is currently the Speaker of the House of Representatives.

FAULTY LINE PLAGUES CITY HALL PHONE CALLS

If you've had trouble getting through the city's switchboard, the culprit is a dysfunctional line.

Over the past three and half weeks, many people have called the switchboard number but have not had their calls answered by switchboard operators. That's because one of the three lines serviced by the main number has not been functioning properly.

Both NYNEX and AT&T were notified and were working to correct the problem. Officials hoped service on the faulty line would be restored by next week.

TOURISM ASSOCIATION OPENS

For the first time in its 10-year history, the Quincy Tourism Association has its own office located at the John F. Kennedy Health Building, 1120 Hancock St., Quincy.

QTA members marked the occasion at a ribbon cutting ceremony followed by an open meeting. In June, the QTA marked its 10th anniversary as a volunteer organization whose primary goal was to assist city officials and merchants in increasing the tourism industry in historic Quincy.

Established under the administration of former Mayor Arthur Tobin as a 35-member committee, the QTA has grown to more than 100 active members including individuals, businesses and senior citizens.

QUINCYISMS

Ralph Yohe, executive director of the South Shore YMCA, was installed as president of the Kiwanis Club of Quincy. Also installed were Charles Simpson, president and executive officer of the Quincy Savings Bank (president-elect); Sylvia Jenkins, manager of the Fleet Bank's Braintree office (vice president); Aldo Saluti (treasurer) and Robert Fitzgerald Jr. of South Shore Buick (secretary). . . Quincy residents Patrick Faherty and Joseph Shea, both 18, recently received the John A. Caporale, Sr. Memorial Scholarship Award named in memory of "Cappy," a founding father of the Norfolk County Honorary Deputy Sheriff's Association. Faherty is a freshman at Boston College majoring in political science. Shea will matriculate as a civil engineering major at the University of Massachusetts. . . Eastern Nazarene College will unveil the cornerstone of the now nearly complete Nease Library building Oct. 22. The library, located at the corner of Elm and East Elm Avenues, was set to open in January. . . Ward 3 Councillor Larry Chretien was recently elected to the Norfolk County-Newton Lung Association Board of Directors. . . Valerie Caruso, Jason Costa and Lynn Harrington, all of Quincy, were chosen to serve full-time with City Year - a youth community service program in Boston. . . Dean V. Tantillo, a freshman at Harvard University and 1991 graduate of Quincy High School, was named a National Science Scholar by President George Bush. . . Playing at Entertainment Cinemas at the Quincy Fair Mall were "Other People's Money," "Shattered," "Frankie & Johnny," "Richochet," "The Super," "Suburban Commando," "Taking of Beverly Hills" and "Necessary Roughness." On the big screen at the Wollaston Theater were "Robinhood" and "Terminator." . . Former Quincy High School star Lori Novack started for the Bentley College women's volleyball team at the setter position. . . David Cawthorne, a 1990 North Quincy High School graduate, was a fullback on the Eastern Nazarene College men's soccer team. . . Luke Crane of Quincy recently enrolled in the New York University Tisch School of the Arts, one of the premiere schools in the world for the study of theater and film arts.

Good Scout Awards Breakfast To Honor Three Nov. 15

Daniel Quirk, Al Grazioso To Receive 'Good Scout Award'; Kelly Cobble To Be Honored Posthumously With 'Granite Pillar Award'

Mayor Thomas Koch, in collaboration with The Friends of Quincy Scouting, announce this year's Good Scout Awards Breakfast will be held Wednesday, Nov. 15 at the Tirrell Room, Quincy Lodge of Elks, 254 Quarry St., Quincy.

Event registration is set for 7:30 a.m. and the meeting for 8 to 9 a.m.

Proceeds will go to support Quincy's Scouting programs. Programs include assistance to Quincy Scouts needing financial aid for special scouting programs and to provide for supplies and equipment as needed for all Quincy Scout troops.

The "Good Scout Award" honors those who are unselfish in serving others both as individuals and as business professionals.

A "Good Scout" carries the spirit of the scout's motto "Do Good Turn Daily" into their adult life. Good scouts are not self-centered and they do feel it a privilege to bring their spirit of friendliness and helpfulness to their everyday living. The presentation of this award is a special opportunity for Quincy's Boy Scouts to honor their Quincy's leaders; those who have made significant contributions to their community and benefit Quincy's youth.

The committee has announced this year's award recipients. The "Good Scout Award" will be presented to Daniel Quirk, CEO of Quirk Motors and Al Grazioso, commissioner of the Quincy Department of Public Works.

In addition, this year, a "Granite Pillar Award" will be presented posthumously to Kelly Cobble. The "Pillar Award" is given occasionally, as needed, to award a citizen for outstanding effort put forth for a special community group or event. Kelly made outstanding contributions to three very important community associations: the Quincy Girl Scouting program, The Quincy Association and as a long-time curator at the National Park Service at Peace field and the Adams National Historical Site. Her presence is sorely missed by all three groups.

The Committee working with The Mayor's Office and The Quincy Friends of Scouting are as follows:

Honorary Chairman



DANIEL QUIRK



AL GRAZIOSO



KELLY COBBLE

— Thomas P Koch; Co-Chairs: Ray Theberge and John Koehane; Committee members include: Anthony Agnitti, Alyse Baker-Boncaldo, Mike Berry, Robert Bosworth, Tim Cahill, Raymond Cheung, Jen Fallon,

Maralin Manning, Helen Murphy, Marianne Peake, Councilor Charles Phelan, Jen Sammons and Ray Theberge.

The Quincy Friends of Scouting, incorporated in

2012, is made up of a group of engaged parents of Quincy Scouts who work together to help fund scouting in Quincy.

For tickets call the committee at 617-653-6121.

Are The Freemasons A Secret Society?

By GRAEME MARSDEN

Freemasonry is a society that has been around hundreds of years. It was finally consolidated in London in 1717, then founded in America in 1733. The lodge in Quincy was chartered in 1801, which makes it one of Quincy's longest-running establishments.

It is essentially a formal gentlemen's club with appendant bodies for ladies, and for boys and girls. There are hundreds of lodges in Massachusetts and many

more in towns and cities around the world. If you join one lodge, you will be welcomed into any other around the globe.

As ubiquitous as they may be, the proceedings of the lodge are secret. This leads to creative speculation by non-Masons, and the internet is rife with conspiracy theories, despite the fact that many of our most-revered founding fathers were Masons. Freemasonry is not a "secret society" — in fact its buildings are often promi-

nently located and clearly identified. Not only that, but Massachusetts Freemasons hold an annual Open House to which all are invited. You can come and be shown around and have your questions answered.

The public is welcome to attend an Open House Saturday, Oct. 21, from 9 a.m. to 3 p.m. at 20 Greenleaf St., off Hancock Street near the Woodward School in Quincy. Contact Rural Lodge of Freemasons at ruralodge.org.



NEWLY INSTALLED OFFICERS of the Quincy Masonic Lodge of Freemasons. From left to right: Jim Tyack, Damion Outar and Shlomo Bowe. All are residents of Quincy. Find out more about Masonry at the annual Open House Saturday, Oct. 21 from 9 a.m. to 3 p.m. at 20 Greenleaf St., Quincy. Courtesy Photo

Milton Community Concerts To Present 'Embracing Coretta' Oct. 28

On Saturday, Oct. 28 at 7 p.m. Milton Community Concerts presents "Embracing Coretta," a celebration of the 70th anniversary of Coretta Scott King's graduation from the New England Conservatory in Boston.

This free benefit concert will take place at First Parish

of Milton, 535 Canton Ave. It will feature singers Sarah Joyce Cooper, Melissa Joseph, Daon Drisdorn, Neil Nelson, and pianist Timothy Steele. Proceeds from a free-will offering will go to support the League of Women for Community Service.

Coretta Scott King was

an accomplished singer who studied at New England Conservatory from 1951-1954, during which time she met and married Martin Luther King, Jr. Her life story will be told through a series of narrations, art songs, and spirituals, which will highlight the ways in which she

supported the Civil Rights Movement through her singing, as an activist, and as a wife and mother.

"Embracing Coretta" will feature a rich diversity of art songs and spiritual arrangements by Black composers and Black poets. It will include the world premiere of "Dear Coretta", a song by J. Jakari Rush based on a love letter MLK wrote to Coretta in 1952. There will also be an opportunity to hear a piece by Cuban composer Amadeo Roldan which Coretta herself sang on the Jordan Hall stage at NEC 70 years ago.

This Milton Community Concert is made possible through a collaboration with Embrace Boston and the NEC Office of Cultural Equity and Belonging. Additional sponsorship is being provided by Courageous Conversations Towards Racial Justice. It is partially funded by a COVID Recovery Grant from the Massachusetts Cultural



SARAH JOYCE COOPER will be among the singers featured in "Embracing Coretta" presented by Milton Community Concerts Saturday, Oct. 28 at 7 p.m. at the First Parish of Milton, 535 Canton Ave. Courtesy Photo

Council and a grant from the Milton Cultural Council. Admission is free; visit miltoncommunityconcerts.com. This concert will be repeated on Monday, Oct. 30 at 7:30 p.m. in Jordan Hall at New England Conservatory; free admission, but tickets are required and can be reserved at necmusic.edu.

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Library Hosting Pair Of Globally-Inspired Musical Performances

Thomas Crane Public Library is hosting a pair of global-inspired musical performances this weekend.

First, on Saturday, Oct. 21 at 11 a.m., the library will host the Boston Choral Ensemble for a 30-minute, family-friendly program that will feature joyful music from diverse global cultures from around the world that have become part of the fabric and community of Greater Boston.

The performance will include "Kalinda," performed in Haitian Creole; "Balelaikka," a Tamil tongue-twister from India; "Salseo," a Venezuelan song with a salsa beat; and the stirring "Song for the People" by Melissa Dunphy.

Then, on Sunday, Oct. 22, at 3 p.m. Concerts at the Crane returns with a performance by the Celtic music ensemble Fellswater, a dynamic seven-piece Celtic music ensemble based in Boston. Fellswater is known for its wide-ranging music from traditional to modern compositions, drawing from the music of Scotland, Ireland, Galicia, Canada and beyond.

Fellswater has delighted audiences at the New Hampshire Highland Games, Blackstone River Theatre, Boston Celtic Music Fest, The Burren Backroom Series, Club Passim and Colonial Williamsburg. The band was featured at the 2015 Royal Nova Scotia International Tattoo, and performed in the world-renowned Royal Edinburgh Military Tattoo. The group also gave two concerts in the Edinburgh Festival Fringe in August 2018. This performance is made possible by the generous support of the Friends of the Thomas Crane Public Library.

Both events will take place in the library's history Richardson Building at the Main Library, 40 Washington St., Quincy.

The building seats a maximum of 100 guests, so those who would like to attend either event are encouraged to plan to arrive early. Doors for the Fellswater performance will open 15 minutes before the start time.

On Sundays, if the Library parking lot is full, there is overflow parking available in front of the Coddington Building, across the street from the Library on Coddington Street.

Those who would like to watch the Fellswater performance from the comfort of home may do so via a live stream on the Thomas Crane Public Library's YouTube channel.

Both events are free of charge, and no advanced registration is required.

To learn more about events at the Thomas Crane Public Library, visit the library's Events Calendar, Facebook, or Instagram.

NQHS Class Of 1973 50th Class Reunion Nov. 25

North Quincy High School Class of 1973 will hold its 50th Class Reunion on Saturday, Nov. 25 from 7 to 11 p.m. at the Elks Tirrell Room, 254 Quarry St., Quincy.

Price \$75 per person; this includes dinner, cash bar, DJ and lots of fun. Advance payment to attend is required, must be received no later than Oct. 30. Make check payable to NQHS Reunion and mail to Jo-Ann Bragg, 74 East Elm Ave., Quincy, MA 02170. Visit us at Classmates.com or on facebook.com/NorthQuincyHighSchoolclassof1973 or email us at nqhsclassof73@gmail.com.

Blue Hills Fall Foliage, Sunset Hike Oct. 28

On Saturday, Oct. 28, from 3:30-6:30 p.m. the Friends of the Blue Hills, Blue Hill Ski, and Orchard Cove will sponsor a free self-guided hike to the top of Great Blue.

Participants will enjoy a stunning sunset and fall's finest foliage. This large-scale community event will feature live music from local band Owl Haus, as well as complimentary cider, apples, and granola bars served at the top of the hill.

Sunset will be at 5:45 p.m. This is a self-guided hike, so participants can arrive at any time.

This is the only opportunity to hike down Great Blue at night. After sunset, the ski area lights will be on to guide the way.

This year, for safety and planning purposes, all participants



THE FRIENDS of the Blue Hills, Blue Hill Ski, and Orchard Cove will sponsor a free self-guided hike to the top of Great Blue on Saturday, Oct. 28 from 3:30-6:30 p.m. Courtesy Photo

ipants are asked to RSVP on the Friends of the Blue Hills website: friendsofthebluehills.org/2023sunsethike. In addition, all hikers should check in at the Abigail Ad-

ams trailhead, and check out at the base of the hill at the ski area after the hike. Hikers are encouraged to bring flashlights. Free parking is available at Blue Hills Ski

Area, 4001 Washington St., Canton.

To register visit friendsofthebluehills.org/2023sunsethike. For questions, email: info@FriendsOfTheBlueHills.org.

COA Fall Craft Fair Saturday At Kennedy Center

The Quincy Council on Aging will hold its Annual

Fall Craft Fair on Saturday, Oct. 21st from 10 a.m. to 2

p.m. at the Kennedy Center, 440 East Squantum St., North Quincy.

Creations, homemade jams and jellies, holiday crafts, knitted and crocheted items, cards, quilts and much more.

There will also be a raffle table with many donated items, baskets, and gift cards.

All are welcome, admission is free.

Seaside Christmas Fair At HN Church Nov. 4

The annual Seaside Christmas Fair will be held Saturday, Nov. 4 from 9 a.m. to 2 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

The fair will feature pies, breads and other sweet

treats as well as gift baskets and resale items suitable for gift giving.

Local vendors include Caryn's Corner, Piper Dee Naturals, Grandma's Boredom Wreaths, E & T Ceramics, Seaside Gardeners, Wreaths for All Occasions, Scentsy, Sugarmonkeys

Holiday Shopping Expo At NQHS Nov. 11

The 11th annual Holiday Shopping Expo will be held Saturday, Nov. 11, from 10 a.m. to 4 p.m. at North Quincy High School, 316 Hancock St., North Quincy.

The event hosts over 125 local and regional crafters and vendors and features fun activities for the entire family. There will be personalized hand lettered ornaments by Dainty Scripts and Santa Claus will visit. There will also be raffle baskets filled with many goods and services from local Quincy area businesses as well as cookie decorating with Ginger Betty's, hot cocoa from Coffee Break Cafe and several food trucks.

The organizers from North Quincy High School PAC will be on site to welcome visitors. Admission is \$5 (children under 12 are free) and benefits the students of North Quincy High School by supporting a variety of enrichment programs throughout the school year including Senior Stay Out.

For more information contact: holidayshopping-expo2012@gmail.com.

MILTON COMMUNITY CONCERTS PRESENTS:

EMBRACING

Coretta

A CELEBRATION OF SINGER, ACTIVIST, WIFE AND MOTHER

CORETTA SCOTT KING



Sarah Joyce Cooper



Daon Drisdorn



Neil Nelson



Melissa Joseph

& Pianist Timothy Steele



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Quincy Archaeology Day At The Lyons Turning Mill

International Archaeology Day (IAD) is a celebration of archaeology and its contribution to society. Every October archaeological organizations around the world present archaeological programs and activities for people of all ages and interests.

Whether it is a family-friendly archaeology fair, a guided tour of a local archaeological site, a simulated dig, or a presentation from a visiting archaeologist, the interactive, hands-on IAD programs provide a chance to uncover the past and experienced the thrill of discovery. International Archaeology Day is celebrated annually on a Saturday in October, although participating events occur throughout the month of October.

The Quincy Quarry and Granite Workers Museum will participate in International and Quincy Archaeology Month 2023 "Delving Into Quincy's Granite Past." The Quincy Quarry and Granite Workers Museum will open the Lyons Turning Mill site for self-guided tours of the mill grounds and remains. Touring the site visitors will view artifacts and interpretative information on the artifacts scattered throughout the site, including columns in various stages of production.

The Quarry Museum will also be open for viewing. There will also be historical pictures of the mill and its operation in 1893 producing the granite products the mill was known for. View the Lyons Quarry where granite was quarried and used to



THE QUINCY QUARRY and Granite Workers Museum will participate in International and Quincy Archaeology Month 2023 "Delving Into Quincy's Granite Past." An open house and tour will take place Saturday, Oct. 21st from 11 to 3 p.m. at the Lyons Turning Mill on Quarry Hills Drive, off Ricciuti Drive, West Quincy.

Courtesy Photo

produce many of the granite products manufactured at

the mill.

The Lyons Turning Mill was built in 1893 by James Lyons to produce round turned products which included monolithic columns, drum columns, balls, urns, balusters and other cylindrical shapes. The mill also produced monuments and products of granite for the building trades of that era.

A specialty of the company was the turning and polishing of solid granite balls up to 6 feet in diameter. An example can be seen at the entrance to Quincy City

Hall. Columns up to 30 feet in length and 4 feet in diameter could also be turned and polished at the mill. At the turn of the century about 80 men were employed consisting of quarrymen, stonemasons, machine operators and engineers all skilled granite workers.

The open house and tour will take place Saturday, Oct. 21st from 11 to 3 p.m. at the Lyons Turning Mill on Quarry Hills Drive, off Ricciuti Drive, West Quincy. Rain date is Oct. 28. For weather related information

call 1-781-600-6728.

Directions: Curry Hardware, at the intersection of Copeland and Willard Streets, West Quincy. Proceed under expressway, stay to right to stop sign, the U.P.S. building will be on the other side of ramp. Proceed with caution across ramp onto Ricciuti Drive to end and right on to Quarry Hills Drive. Turning Mill will be 100 yards on left.

Visit the website www.quincyquarrymuseum.org.

For more information call 617-472-1322.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Blueberry - Lemon Scones

By MARIE

I've shared this recipe before and am sharing it again because what is tastier than anything baked with fresh blueberries - and with the addition of savory lemon - even tastier!

Today's recipe is for a blueberry- lemon scone baked fresh from the oven of a friend of my niece Ann.

The addition of vanilla yogurt makes these scones superb!!

Ingredients and Directions:

- 2 cups of flour
- 1/3 cup sugar
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt

One 8-ounce container of vanilla yogurt

- 1 egg beaten
- 1 stick of softened butter
- 1 tablespoon lemon peel
- 1 cup fresh blueberries, washed

Glaze

- 3/4 cup confectioners' sugar

- 1 tablespoon lemon juice
- 1/2 teaspoon lemon peel
- 3 to 6 tablespoons of water

Preheat the oven to 400 degrees.

Grease a baking sheet.

Combine all dry ingredients.

Mix together butter, yogurt, beaten egg and teaspoon of lemon peel and add to dry ingredients. Mix until well blended.

Fold in blueberries.

Drop by tablespoon onto a greased baking sheet.

Bake at 400 degrees for 15 to 18 minutes.

Combine 3/4 cup confectioners sugar, 1 tablespoon of lemon juice and 1/2 teaspoon of lemon peel to make the glaze.

Add water as needed to make glaze. Spread glaze on scones while still warm.

Optional:

For a more uniform scone you can divide the dough in half.

On a lightly floured board, shape each half into a 6-inch round.

Cut into wedges and then bake and glaze.

Turkey Burger With Avocado Cream

By SUZIE

You will love this burger. You won't even need a bun! (But if you do, make sure you get a nice sour dough or whole sprouted grain bun with limited ingredients.)

This is easier than it sounds, and you will certainly impress your family and friends with this one. I got this recipe from one of my professors, Dr. Mark Hyman. He has written many books about healthy eating, and this one comes from his book "Eat Fat Get Thin."

1 1/4 pound dark ground turkey (if you can't find dark ground turkey just add a tablespoon of olive oil to mixture)

12 oil packed sulfite free sundried tomatoes, chopped

2 tablespoons finely chopped fresh basil or parsley

1 tablespoon plus a teaspoon of Dijon mustard

- 1/4 or so teaspoon sea salt
- 1/4 teaspoon or so black pepper
- 1 teaspoon olive oil

Just mix all together and form patties.

Cook on both sides uncovered until both sides are browned on med/high heat.

Now Turn on LOW and cook with cover on until inside is no longer pink. DO NOT overcook.

Avocado cream

Place 1 ripe avocado

1/4 cup healthy mayo (like Sir Kensington brand)

1 teaspoon lemon juice

2 pinches sea salt.

Mix in food processor until smooth and creamy.

Spread on burgers and top with your favorite toppings. I love onions and pickles on mine!

Great Books Sale Oct. 28 At Milton Public Library

The Friends of the Milton Public Library will host its annual Great Books Sale, in the library's Keys Community Room, on Saturday, Oct. 28 from 10 a.m. to 2 p.m.

The sale features more than 750 newly donated collectible, unusual, and gift giving selections, priced

from \$2-\$5, and sorted by category, including art, history, biographies, fiction, and more.

The Friends Book Shop will also be open during the sale with its regular selection of gently used books priced from \$.50 for children's books to \$2-\$3 for adult books.

Cash, checks, Venmo, and credit cards, are accepted at the sale located on the lower level of the Milton Public Library at 476 Canton Ave. Proceeds from the sale support Milton Public Library programming. To learn more about the Friends or to volunteer, visit www.mplfriends.org.

NQHS Class Of 1978 Reunion Oct. 28

North Quincy High School, Class of 1978 announces plans for their 45th year class reunion.

Class officers Donna Chiampa and John McDonald invite alumni and their guest to attend the 45th class reunion on Saturday, Oct. 28, from 7 to 11 p.m. at the Squantum Yacht Club, 646

Quincy Shore Dr., Quincy.

Tickets are \$45 in advance and \$55 cash at the door. Tickets can be purchased online at www.eventbrite.com/e/nqhs-78-class-reunion-tickets-7811850455?

To purchase tickets by mail make check payable to: North Quincy High School,

Class of 1978 and mail to: JM Productions, P.O. Box 2313, Quincy, MA 02269-2313.

For more information visit the NQHS Class of 1978 Facebook or Eventbrite pages or contact John McDonald at jfm@jmplroductions.com or 1-857-333-4199.

Fundraiser Thursday Benefits TargetCancer

William James Gifts, 1543 Hancock St., Quincy, will host a pop up fundraiser to benefit TargetCancer on Thursday, Oct. 19 from 6 to 8 p.m. William James Gifts will donate a portion of their

sales during this time to TargetCancer.

TargetCancer Foundation promotes the development of lifesaving treatment protocols for rare cancers. They directly support initia-

tives at the forefront of cancer treatment by funding innovative research, fostering collaborations, and raising awareness among scientists, clinicians, and patients.

If you cannot join the fundraiser in person, a portion of online sales that day will be donated as well. To shop online visit www.williamjamesgifts.com.

More Quincy news:

The Quincy Sun.com

Social Security Matters

How Will My Wife's Social Security Be Affected By Her Teacher's Pension?

By RUSSELL GLOOR

National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: My wife, born in 1960, was a Texas school teacher for about 10 years and receives a \$1,000 per month pension from that work. She didn't pay into Social Security while teaching, but she paid into it for about 23 years while working elsewhere. I paid into Social Security my entire life, the maximum in most years, so my SS benefit will be much greater than hers.

I understand there are some sort of penalties or restrictions on my wife's Social Security benefits and also for spousal benefits due to her school pension. Please share the process I can use to estimate my wife's Social Security and tell me if she can file for spousal benefits. **Signed: Planning for the Future**

Dear Planning: Because your wife has a Texas school teacher pension earned without contributing to Social Security, any SS benefits she is entitled to will be affected by two rules – first, by the Windfall Elimination Provision (WEP) which will reduce her personally earned Social Security retirement benefit and, second, by the Government Pension Offset (GPO) which will reduce any spousal boost (if she is entitled to one) to her own benefit.

The amount of the WEP reduction to your wife's personal SS retirement benefit will be computed using a special formula which considers the number of years she has contributed to Social Security through other (non-state) work. Since your wife became eligible for Social Security benefits in 2022 the maximum WEP reduction with 23 years contributing to SS will be \$358. If your wife has already obtained an estimate of her Social Security retirement benefit, deduct \$358 from that estimate and that will be pretty close to her actual SS retirement benefit when she claims. Social Security will figure out the exact amount of her WEP reduction when your wife applies, but you can also use Social Security's "WEP Calculator" for an estimate, which you can find at this link: www.ssa.gov/benefits/calculators/.

Whether your wife will be entitled to a "spousal boost" to her own Social Security retirement benefit depends on how your respective FRA entitlements compare, and the GPO. The base amount of your wife's spousal boost will be the difference between her pre-WEP FRA entitlement and 50 percent of your FRA entitlement. If your wife's normal FRA entitlement is less than 50 percent of your FRA entitlement, the difference is a "spousal boost" added to your wife's personal SS retirement benefit. However, that base spousal boost will be reduced if taken before your wife reaches her FRA, and even further reduced by the GPO (the GPO reduction will be 2/3rds your wife's State of Texas pension, e.g., about \$667). Any remainder left after these reductions to your wife's spousal boost will be added to her own WEP-reduced SS retirement amount, but if the remainder is \$0 then no spousal boost will be given, and your wife will get only her WEP-reduced Social Security retirement amount.

FYI, Social Security's WEP and GPO provisions apply to anyone who has a pension earned without contributing to Social Security, including many public service retirees in the 26 states which do not participate in the federal Social Security program. I've published numerous articles about how these rules affect benefits, and also about the rationale behind both provisions, which you are welcome to review at this AMAC Foundation website: www.SocialSecurityReport.org.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

Father Bill's & MainSpring Names New Chief Operating Officer, Chief Strategy Officer

Father Bill's & MainSpring (FBMS), a regional leader of services to prevent and end homelessness, has promoted two senior leaders to its executive team.

Jon Lanham has been named as chief operating officer and Liz Rogers as chief strategy officer. The appointments come at a pivotal time as FBMS nears the debut of its innovative Housing Resource Center model, which serves as the framework in the agency's plan to transition to a housing-based approach to homelessness.

As chief strategy officer, Rogers, a Canton resident, fills a new role created by FBMS to oversee the agency's strategic plan, program development initiatives, program compliance, contract management, and public policy.

As chief operating officer, Lanham, a Weymouth resident, oversees FBMS' programs, operations, property management, and IT. Both have dedicated their professional careers working for organizations committed to helping individuals and families in need.

"I worked with both Jon and Liz before they joined FBMS, and it was apparent then – as it is now – that they are compassionate leaders who value hard work and collaboration in pursuit of bold solutions to complex problems," said FBMS President and CEO John Yazwinski. "They have contributed immensely to where we are today as an agency, and they will help us continue to serve as a critical leader in our region."

Lanham, a Quincy native who holds a Master of Social Work degree from Boston College and a master's degree in management and leadership from Eastern Nazarene College in Quincy, joined FBMS in 2010, starting as a data manager before becoming Triage director in 2014 and Senior Programs director in 2021. Prior to FBMS, Lanham worked for his alma mater, Eastern Nazarene College, and was a program facilitator for the Quincy Crisis Center. He earned his bachelor's degree in history and pre-law from Eastern Nazarene College.

"Father Bill's & MainSpring is a tremendous organization that provides an incredible level of service and support to our most vulnerable neighbors and community members," said Lanham. "I am honored and excited to take on this new role and continue working with our amazing staff members and volunteers. The challenges facing FBMS are significant but with our



JON LANHAM

networks of community and government partners we can continue to offer innovative efforts to end homelessness across the region."

Rogers, who has a Master of Social Work degree from Boston College, joined FBMS in 2015 as the director of Program Development and was later promoted to her most recent role as senior director of Program Development. Before joining FBMS, she served as the executive director of the State's Interagency Council on Housing and Homelessness as part of Gov. Deval Patrick and Lt. Gov. Timothy Murray's administration. Prior to that, Rogers was senior director at the United Way of Massachusetts Bay. She earned her bachelor's degree in sociol-



LIZ ROGERS

ogy from the University of Delaware.

"I'm thrilled to take on this new challenge at FBMS and collaborate even more closely with our skilled and dedicated network of staff, volunteers, community partners, and government leaders," said Rogers. "Together we will continue to advance the most robust and effective strategies to prevent and end homelessness throughout Southern Massachusetts."

FBMS, founded in 1982, currently serves 41 cities and towns on the South Shore and across Southern Massachusetts, comprised of three geographic service regions – Northern (Quincy area), Central (Brockton area), and South (Plymouth/Wareham area). The agency,

assisting approximately 5,000 people per year, operates two year-round emergency shelters for individual adults, in Quincy and Brockton; a seasonal shelter for adults in Plymouth; more than 160 emergency shelter units for families; more than 700 permanent supportive housing units for formerly homeless individuals, families, and veterans; as well as programs focused on veterans, tenancy preservation, homelessness prevention and diversion, and workforce development.

This fall, the agency plans to open the Yawkey Housing Resource Center (HRC) in Quincy, comprised of a day center, an emergency shelter, and 30 efficiency apartments. The day center is a new offering for FBMS – and a key part of its strategic plan – aims to transform the approach to homelessness by creating a hub for proactive and cost-effective services. The center will provide wrap-around supports, re-housing assistance, and co-located programs designed to reduce the overall reliance on overnight shelter among individual adults facing a housing crisis.

PAID POLITICAL ADVERTISEMENT

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Real Estate

Quincy Real Estate Transactions Oct. 9 - Oct. 13

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Diana M. Palmucci
7-Eleven, Inc.
Jia X. Qiu & Siwen Cao
Derek J. Liu & Lingyi Ma
7-15 School Street Realty Trust
MS John LLC
Nina M. Chan & Hong K. Pun
Sampath G. Katta & Rameshwari Donkena
Christopher J. Sullivan, Deirdre A. Bushman
& Michelle Pearson
Guy R. Tringale
Richard B. McDonald
NQ3 Development LLC
City of Quincy
731CMC Affiliates LLC

BUYER

Elys Investment LLC
Lincoln Adams Venture LLC
Jiahao Zhan & Jianyun Lin
Hongyue Zhou, Huajun Wen & Sining Wen
9 School Street LLC
Pablo R. Zabala & Katy Y Montoya
Xiaodong Xue & Li Zhu
Kishore K. Selvan

AMOUNT

\$700,000.00
\$1,200,000.00
\$850,000.00
\$708,000.00
\$3,400,000.00
\$1,050,000.00
\$315,000.00
\$650,000.00

ADDRESS

103 West Street
678 Adams Street
48-50 Pleasant Street
66 Cedar Street
7-15 School Street
56 John Street
100 West Squantum Street Unit 114
20 Isabella Street

South Main Street LLC
Daniel & Noris Keating
Eagles Wings Realty Trust
Zhihong Sun
Parkingway CM LLC
Hancock Wentworth LLC
\$900,000.00
\$1,000,000.00
\$1,950,000.00
\$710,000.00
\$4,250,000.00
\$5,300,000.00

12 Vine Avenue
23 Argonne Street
101 Marina Drive Unit 803E
511 Hancock Street Unit 403
86 Parkingway
731 Hancock Street

Mood Boards: Three Easy Steps To Create Your Dream Interiors

Ask Barbara Graceffa: 'Secretary Of The Interior'

I'm ready to completely redecorate my living room – furniture, area rug, window treatments, and maybe a different wall color - but don't know where to begin.
Eileen

Designers of all stripes – interior decorators, industrial and graphic designers, and other creative artists – rely on a mood board to visually illustrate the look and feel of their project. Also called an inspiration board, it is used by amateur interior decorators like you, too!

This most valuable tool can be a physical or digital collection of inspiration pieces. If you ever did collage or scrapbooking as a kid, you will quickly recall how to do this and how fun it can be to assemble.

It's an easy three-step process (and easy to remember!): define, streamline, and design.

In the first step, you begin to define your vision, even if you are initially unsure exactly how to articulate it. If you choose to assemble a physical mood board, cut out magazine or catalog pictures of furniture, fabrics, and patterns you find attractive. If you have taken some photographs here and there, print them for inclusion. Don't forget to include paint chips on your board too. Or create a digital collection and organize it in free applications like Pinterest or software

like Canva. With a digital board, you can share it with others like a spouse or interior decorator you might hire.

If you find you have too many images to fit on one poster board, consider doing one mood board for furniture styles, split another for paint samples and fabrics, etc.

Next, streamline. Take your time and look for emerging patterns. Do many of the sofas have skirts or legs that show? Do they have attached or loose cushions? Three cushions or two? Rounded or squared off arms? Tufted or flat backs? Do you notice a common color or pattern or fabric emerge among your many images? Use the same technique to narrow down a coffee table and rug choice as well as lamps, pillows, art, and other accessories.

Of course, if you share your home with someone else who wants a say in the decision-making, they might want to create their own inspiration board(s) or share their opinions as you streamline design decisions from yours. If you do

decide on creating separate boards, the process is the same – look for common elements between them.

Finally, you're ready to articulate your vision for your dream room and design it. You can now confidently go to the furniture, home goods, and paint stores and know that you want, for example, a solid rust, leather sofa with mid-century modern styling; a contemporary, white, patterned rug with fringe; and landscape artwork in silver frames to complement your new warm beige wall paint with a mustard undertone.

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates. Learn more about her decorating, downsizing, decluttering, home staging, and home décor sewing services, and workshops at www.sec-interior.com. Tell your friends about her blog at secretaryinteriordecorating.blog where she posts these columns. You can reach her at 617-921-6033.

Registry Of Deeds' 'Suits for Success' Program Donates To Brockton VA Medical Center

Norfolk County Register of Deeds William P. O'Donnell recently donated 20 men's and women's dress shirts, 20 men's and women's dress pants, and 10 full suits to the Brockton Veteran Affairs Medical Center through the "Suits for Success" program.

Some people may view the suit or dress clothes as an unfortunate necessity that are kept in the back of the closet and only brought out on rare occasions. However, the high price of a suit can be an insurmountable obstacle for those who are just starting out on the road to success.

"A donation like this means a lot to the VA, particularly because it's ensuring the future of veterans who may not have the means to get a suit and gives them an opportunity to move forward and have a

bright future as opposed to remaining stuck where they are," said Wayde Rozniewski, Brockton Voluntary Services Assistant. "There are still a ton of good people left in this world who do care about veterans."

The Brockton Veteran Affairs Medical Center provides essential services and support to veterans in need, including health care, social services, and housing, helping them to rebuild their lives and achieve success in all areas.

"We're happy to assist

Page 31

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PRELIMINARY PLANS for a mixed-use development on the Parkingway including a grocery store, 300 apartments and a 700- to 800-car municipal garage were unveiled Oct. 11. This view is from the intersection of McConville Way and Hannon Parkway.



VIEW OF THE grocery store from McConville Way. The grocery store is rumored to be a Trader Joe's, something the developer said he could not confirm at the Planning Board meeting Oct. 11. *Renderings Courtesy Icon Architecture*

Grocery Store, Apartments Planned On Parkingway

Cont'd From Page 1

city-owned parking lot on the opposite side of the street.

The development would feature 20,000 square feet of retail space on the ground level fronting McConville Way and Hannon Parkway, including a 14,435-square-foot specialty grocery store, a 3,000-square-foot bank and a 2,500-square-foot restaurant. The addition of a grocery store in Quincy Center would be beneficial to residents living in the downtown and the rest of

the city, MacKinnon said.

"We think this will be very exciting for the downtown," he said. "It works great for Quincy residents whether they're driving by car — it's a great location and easy to get to, a well-known location — but also at the same time for people who are living in the downtown it's a very walkable location making it very accessible for people who want to walk to the site."

The grocery store — referred to in the presentation only as a "specialty grocer"

— is rumored to be a Trader Joe's and the logo for the store depicted in renderings of the site uses a similar color and typeface as Trader Joe's actual logo. MacKinnon told the Planning Board he could not confirm it would be a Trader Joe's and added that there is no agreement in place for the other retail spaces.

The parking garage, which the city will own, would stand eight stories tall and contain 700 to 800 spaces, MacKinnon said; some of those spaces would be set

aside for residents living in the new apartments on site. Another 132 spaces would be located at the ground level and would be for the retailers.

Six floors of residential units, which MacKinnon said are likely to be apartments, would be located above the ground-level retail spaces. The apartments would surround the garage along Hannon Parkway and McConville Way. The residential component also includes about 16,000 square feet of courtyards on the second floor as well as amenity spaces and a roof deck.

The new development in Quincy Center will be

similar to The Abby, MacKinnon said, the mixed-use development his company constructed at the North Quincy MBTA station. That development features 610 apartments and a Target and other retail spaces built around a parking garage.

MacKinnon said he hopes to build the Parkingway development in a single phase and was optimistic the same contractor would construct the garage and the residential and retail components.

The IHOP property is currently owned by a subsidiary of LBC Partners, the same firm who built the Nova Quincy development

at 1500 Hancock St. Mayor Thomas Koch had previously submitted an order to take the IHOP site by eminent domain, which is pending before the City Council.

The City Council would have to approve of the transfer of city land to Atlantic Development as well as the construction of the new municipal garage. The project would be subject to review by the Planning Board through the certificate of consistency process, which has been used to permit other projects in the downtown including Nova Quincy, Chestnut Place and West of Chestnut among others.



QUINCY COLLEGE President Dr. Richard DeCristofaro (far left) joined faculty, staff and graduates of the college's first-ever Community Health Worker program at ceremonies on Oct. 5.

20 Complete First Quincy College Community Health Worker Program

To mark their successful completion of Quincy College's first Community Health Worker certificate program, 20 graduates were honored at a pinning ceremony on Oct. 5.

The program — the first in the region to earn state certification — consists of 80 hours of core-competency education that combines classroom instruction with externship and observation to prepare students to enter the workforce. Externships were offered in partnership with Manet Community Health Center, the Salvation Army, Central Boston Elder Services, Middlesex Recovery, Bridge Over Troubled Waters, and Boston Medical Center.

Community Healthcare Workers deliver culturally appropriate health education, information, and outreach in homes, schools, clinics, shelters, local businesses and community cen-

ters and serve as advocates to assist community members with access to necessary healthcare services. The job outlook for program graduates is strong as overall employment in the field is projected to grow at a faster rate than the average for all occupations. Those who are bilingual or multilingual are in particular demand.

Quincy College offers the program free of charge thanks to a \$166,000 Workforce Development grant from the Massachusetts Executive Office of Health and Human Services.

"This new program is another example of our commitment to offer students an educational pathway to rewarding professional careers in fields where employers are anxious to hire," said Dr. Richard DeCristofaro, President of Quincy College. "We congratulate these graduates for the

commitment they've made to help advance the good health of our community."

In addressing the graduates, Mayor Thomas Koch offered appreciation for their choice of a career in healthcare. "You're filling a special role that is so important right now in our community," he said. "I know that you'll bring compassion to your work and in every interaction as you provide help to those who need it."

Once program graduates accumulate 2,000 hours of work experience, they become eligible to take the Community Health Worker certification examination offered by the Mass. Department of Public Health. Although certification is voluntary, it serves to define the profession's scope of practice in order to promote effective integration of the role into public health and healthcare.

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Anthony
Andronico
WARD 2 COUNCILLOR

FIGHTING FOR YOU AT CITY HALL

- ☒ Supported a Residential Property Tax Exemption to put more money in your pocket
- ☒ Cosponsored a resolve seeking a citywide review of our zoning codes
- ☒ Called for public input into how nearly \$50M in federal COVID-19 relief funds were spent

DELIVERING FOR OUR NEIGHBORHOOD

- ☒ Passed a plan to repave more than 6.5 miles of Ward 2 roads over 5 years
- ☒ Worked alongside the Parks Dept to upgrade amenities at Faxon Park, with more upgrades secured for 2024
- ☒ Guided the structural rehab of the Fore River Club House with more work scheduled in the months ahead

RE-ELECT ANTHONY ON TUESDAY, NOVEMBER 7

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The Quincy Police Department was able to recover two illegal firearms from the streets and out of the hands of criminals.

On Sunday, Oct. 8, Officer Rolfsen along with his K9 Partner Archer were working the day shift monitoring traffic in the area of Hancock Street and Newport Avenue when his attention was drawn to a motor vehicle which traveled through a posted stop sign at Hancock Street and Densmore Street.

A motor vehicle traffic stop was conducted. Officer Rolfsen observed a large quantity of marijuana in plain view. A criminal inquiry occurred that resulted in an interior search of the vehicle. A firearm, digital scale and drug packaging material were located by Officer Rolfsen and his partner. The operator did not have a license to carry a firearm (LTC). The gun was loaded with a double-stacked large capacity magazine containing 9millimeter rounds. The operator was charged with (1) a stop sign violation; (2) possession with intent to distribute Class D, (3) possession of a large capacity firearm, (4) carrying a loaded firearm without a license, (5) possession of a firearm without a firearm identification card, (6) improper storage of a firearm and (7) illegal possession of ammunition.

Job Well Done!

□

On Sunday, Oct. 8, Officer McKeen worked a midnight

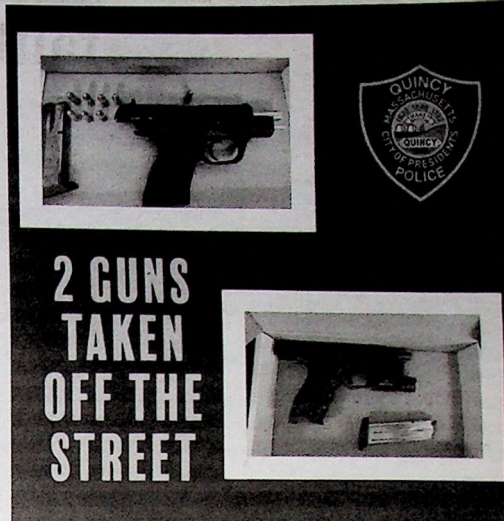
A Job Well Done

By **OFFICER GREGG HARTNETT**
Public Information Officer
Quincy Police Department

shift. His attention was drawn to a black motor vehicle with significant front-end damage. The vehicle turned onto Granite Street without using a turn signal and the vehicle's inspection sticker was expired.

A traffic stop was conducted. Officer McKeen immediately recognized the operator of the car in front of him from an Officer and Safety Awareness bulletin disseminated by our Detective Division. This bulletin advised of an altercation with a female. The operator sent a female picture of a black handgun and made threats.

A search of the interior of the vehicle occurred. Officer McKeen located a black handgun loaded with a fifteen (15) round large capacity magazine. The operator did not have a valid license to carry a firearm and was arrested. The operator was charged with (1) failure to use a turn signal; (2) operating a motor vehicle with an expired inspection sticker (3) possession of a firearm without a firearm ID (4) carrying a firearm without a license (5) illegal possession of ammunition (6) possession of a large capacity feeding device and (7) possession of ammunition without a firearm identifica-



tion card.

Job Well Done!

□

The Quincy Police Department will continue to make every effort to keep the City of Presidents a safe place to live, work and visit.

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, OCT. 6

DISORDER (male), 10:04 a.m., Thomas Crane Public Library, 40 Washington St. One under arrest for disorderly conduct. Trespass notice issued by security staff. Report to be filed.

SHOPLIFT (female shoplifter), 11:45 a.m., Target, 289 Hancock St. Female suspect located. Trespass notice given by store. Sent on the way.

DISORDER (female), 11:45 a.m., 73 Bicknell St. Fighting over parking spot. Peace restored. Sent on the way.

SHOPLIFT, 12:36 p.m., Star Market, 130 Granite St. Male suspect arrested for an outstanding warrant and charged with shoplifting. Report to be filed.

TRESPASS (notices issued), 3:20 p.m., Thomas Crane Public Library, 40 Washington St. Two persons trespassed by library staff and sent on the way.

SHOPLIFT (female), 3:58 p.m., Stop and Shop Supermarket, 495 Southern Artery. Items recovered. Female trespassed and sent on way.

DISORDER (two males), 4:24 p.m., Botolph and East Squantum Streets. No issues in the area. Caller not on scene. No one needed police assistance.

BREAKING AND ENTERING/PAST (unwanted), 7:27 p.m., 70 block of Barbour Terrace. Male jumped into caller's pool and reportedly entered the residence. One person transported to an area hospital. Report to be filed.

SHOPLIFT (just occurred), 9:04 p.m., TJ Maxx, 100 Granite St. One arrested for an outstanding warrant and charged with shoplifting. Report to be filed.

BREAKING AND ENTERING/PAST (dwelling), 9:04 p.m., low numbers of Calvin Road. Report to be filed.

VANDALISM/PROPERTY (broken window), 10:30 p.m., 20 block of Winslow Road. No suspects and no camera footage as of now. Case number provided.

SATURDAY, OCT. 7

DISORDER (3 females, 3 males), 1:12 a.m., China Restaurant Sports Bar, 685 Hancock St. Out of control group inside screaming and yelling at staff, also throwing items. Peace restored. Group sent on the way and advised. Report to be filed.

DISORDER (verbal), 4:33 p.m., 10 Winter St. Group of females arguing outside. Peace restored. Advised and sent on way.

LARCENY (missing cell phone), 6:39 p.m., 225 Independence Ave. Unable to locate phone. Case number given.

SHOPLIFT (various items), 8:15 p.m., Stop and Shop Supermarket, 65 Newport Ave. Items returned. Suspect sent on the way.

SHOPLIFT (just happened), 10:27 p.m., Walmart, 301 Falls Blvd. Unable to locate suspect. Case number given.

SUNDAY, OCT. 8

SHOPLIFT (male took alcohol), 12:34 p.m., Stop and Shop Supermarket, 65 Newport Ave. Suspect lo-

cated and a trespass was issued by loss prevention officer. Store to handle.

DISORDER (female), 1:37 p.m., 20 block of Ring Avenue. Verbal dispute with a passerby. Advised, peace restored.

SHOPLIFT (male), 2:12 p.m., Target, 289 Hancock St. Trespassed by Loss Prevention in the presence of Ofc. E. Riley. Items returned. Store to handle.

SHOPLIFT (female), 6:35 p.m., Target, 289 Hancock St. Female detained and trespassed by store staff. Sent on way.

DISORDER (two motorcycles), 7:14 p.m., Kincaide Park, 334 Water St. One moped towed. Citation issued for unlicensed. No damage to the field.

MONDAY, OCT. 9

DISORDER (5 males), 12:16 a.m., Elmwood Avenue and Pine Street. No disorder, was a mild disagreement among friends. Advised and sent on way.

LARCENY (debit card), 9:51 a.m., 170 Copeland St. Report to be filed.

BREAKING AND ENTERING/PAST (in basement common area), 11:46 a.m., 30 block of Bigelow Street. Report to be filed.

DISORDER (over bill charge), 1:09 p.m., Pho Pasteur, 1462 Hancock St. Caller was fully refunded.

SHOPLIFT (holding one male), 1:49 p.m., Home Depot, 177 Willard St. Summons for shoplifting. Sent on way. Advised.

LARCENY/BIKE (just happened), 2:10 p.m., YMCA, 79 Coddington St. Report to be filed. No suspect info.

DISORDER (male), 6:26 p.m., Pete's Grill, 540 South St. Reporting party says they have an unruly customer outside. White male, grey sweatshirt trying to break the door. Staff reports male left area and they do not need any further assistance.

DISORDER (male yelling), 11:05 p.m., 40 block of Beale Street. Male party yelling about the government. Male got on the train and left area.

TUESDAY, OCT. 10

DISORDER (road rage), 8:02 a.m., 200 block of Adams Street. Caller reports male threw an apple that smashed all over his car window. Unable to locate suspect. No damage to the vehicle.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 10:39 a.m., 50 block of Hughes Street. Report to be filed.

SHOPLIFT, 11:37 a.m., Stop and Shop Supermarket, 65 Newport Ave. Items returned to store. Suspect identified. Trespass notice issued and sent on the way.

DISORDER (customer arguing), 12:30 p.m., Thomas Crane Public Library, 40 Washington St. Two intoxicated males arguing. Sent on way and advised.

DISORDER (customer arguing), 2:18 p.m., Extra Space Storage, 21 Weston Ave. Advised and sent on way. Disagreement over the rules.

DISORDER (inside the restaurant), 4:18 p.m., McDonald's, 473 Southern Artery. No disorder. Just friends playing.

DISORDER (large fight), 4:40 p.m., YMCA, 79

Coddington St. Large group dispersed prior to the arrival of officers.

LARCENY (stolen AirPods), 5:17 p.m., Party City, 150 Parkingway. Victim provided a case number and did not wish to pursue it further at this time.

BREAKING AND ENTERING/PAST (dwelling), 6:22 p.m., 290 block of Whitwell St. Report to be filed.

WEDNESDAY, OCT. 11

BREAKING AND ENTERING/MOTOR VEHICLE (overnight), 10:09 a.m., 180 Liberty St. Car broken into. GPS stolen. Report to be filed.

DISORDER (verbal dispute), 10:17 a.m., Gibbs Street. All involved left the area; arguing about construction.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 11:53 a.m., 333 Ricciuti Dr. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 12:08 p.m., 140 block of Liberty Street. Case number provided. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE, 4:28 p.m., 150 block of Liberty Street. Case number provided.

DISORDER, 4:32 p.m., General Dunford Drive and General McConville Way. One under arrest for protective custody. Report to be filed.

LARCENY (wallet), 6:29 p.m., Stop and Shop Supermarket, 495 Southern Artery. Report to be filed.

SHOPLIFT (just fled), 6:55 p.m., Discount Liquors, 380 Granite St. Suspect fled, store unable to identify.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 7:09 p.m., 70 block Billings Street. Past B&E into MV. Report to be filed.

THURSDAY, OCT. 12

SHOPLIFT (just fled), 12:35 p.m., Marshalls, 141 Newport Ave. Arrest made. Report to be filed.

LARCENY (phone), 12:41 p.m., Stop and Shop Supermarket, 495 Southern Artery. Report to be filed. Case number provided.

DISORDER (3 Asians), 12:56 p.m., 120 block of Chubbuck Street. No fighting. Both parties hard of hearing.

VANDALISM/PROPERTY (past), 1:02 p.m., 70 block of Station Street. Report to be filed.

DISORDER (fight), 1:42 p.m., Home Depot, 177 Willard St. Four males and one female all fighting each other. Peace restored.

DISORDER (residents), 2:18 p.m., 91 Clay St. Two residents fighting outside leasing office. No weapons. Peace restored.

DISORDER, 2:48 p.m., CVS Pharmacy/24 Hour, 42 Beale St. Shoplifters caught now fighting with store employees. Suspect trespassed by manager and sent on the way.

WORKING FIRE (dumpster fire), 4:23 p.m., 176 Presidents Lane. Dumpster fire, multiple calls. Dumpster fire close to building. Handled by QFD.

LARCENY (money), 5:08 p.m., 30 block of Ellerton Rd. Report to be filed.

Quincy Interfaith Network Receives Volunteer Award

The Quincy Interfaith Network (QIN) has been recognized with Father Bill's & MainSpring's (FBMS) Richard C. and Virginia A. Welch Dedicated Volunteer Award, given annually to a supporter who demonstrates a significant commitment to the agency's mission.

QIN received the award at a Supporter Reception Sept. 26 attended by more than 100 people at FBMS' Yawkey Housing Resource Center. QIN has been a tremendous champion for FBMS' mission in recent years.

"We get a call from QIN monthly with four simple words: What can we do?" said FBMS President and CEO John Yazwinski. "QIN has been a tremendous champion for our mission."

In recent years, QIN members have publicly advocated for the Yawkey Housing Resource Center; purchased and delivered holiday decorations to FBMS shelters; and officiated a Memorial Service held at United First Parish Church in Quincy to honor 46 FBMS program participants who passed away in recent years.

Most recently, members of QIN congregations volunteered at FBMS' Sheila McIntyre House for formerly homeless veterans in Quincy. They painted the interior walls, spruced up the exterior landscaping, replaced light fixtures, and created a communal art project for the residents. They're in the process of filling an underutilized room at McIntyre House by purchasing new furniture and household items.

Rev. Rebecca Froom of United First Parish Church accepted the award on behalf of QIN, closing her remarks by asking the audience to take a collective deep breath together.

"Remember that there are times like this where we feel connection to communities of shared value," said Rev. Froom. "We have shared breath with one another, shared conviction with one another. Guided by love, guided by compassion, we can continue to do the work of ending homelessness and creating a safer, dignified way for people to live."

Aside from the award presentation, Quincy resident Jennifer Payne and United Way of Massachusetts Bay Ansin President and CEO Bob Giannino were the event's featured speakers. Payne, who stayed at Father Bill's Place in 1993, delivered inspiring remarks about her experiences in shelter and the help she received. Payne, a Quincy homeowner who celebrated 30 years of sobriety this year, praised FBMS for developing the innovative Yawkey Housing Resource Center.

"It's very visionary, during a time when shelter beds were increasing, to challenge the norm and say 'enough,'" said Payne. "Lack of shelter beds is not the issue. Lack of affordable, appropriate housing is the issue. And it's about time somebody did something about it. And Father Bill's stepped up and said 'it's about time we did something about it.' And that's why we're here today."

Giannino said the United Way of Massachusetts Bay



FATHER BILL'S & MainSpring (FBMS) co-founder Rev. Adolph H. Wismar, Jr. of Wollaston Lutheran Church, far left, and FBMS President and CEO John Yazwinski, center, present the Richard C. and Virginia A. Welch Dedicated Volunteer Award to the Quincy Interfaith Network, represented by, Rev. Rebecca Froom of United First Parish Church, second from left, and, from left to right, Rev. Kim Murphy of Quincy Point Congregational Church, Rev. Alissa Oleson of Good Shepherd Lutheran Church in Quincy, and Sr. Tess Brown of Sisters of Charity of Nazareth.



MORE THAN 100 donors and volunteers attended Father Bill's & MainSpring's Supporter Reception held Sept. 26 at the Yawkey Housing Resource Center.

Courtesy Photos

— one of the earliest adopters of the Housing First approach to ending homelessness — and its partner agencies, like FBMS, have created a blueprint for success that must be replicated

and expanded to take a major step in ending homelessness.

"It's a model that works," Giannino said of Housing First. "It's a model that we need to scale. And it's a

model that must be part of our systemic solution moving forward."

The United Way of Massachusetts Bay, in partnership with a statewide supportive housing coalition,

is championing an effort to create 4,000 more permanent supportive housing units for formerly homeless households across Massachusetts.

Board OKs Totman Street 30-Unit Condominium

Cont'd From Page 1

hearing, developer Sean Galvin said the project had been altered since it was first presented to the Planning Board in June to address concerns residents had raised during previous meetings.

"Overall, we believe it is a net gain — a reduction in traffic, a reduction in parking, a reduction in population," Galvin said of the amended plans. "We've addressed some of those concerns we think neighbors had and maybe the city had as well."

As part of the change in plans, the number of units in the building was reduced from 32 to 30. The breakdown of the units was also changed, Galvin said. The original plan included 31 two-bedroom units and one unit with a single bedroom while the new plan calls for 12 two-bedroom units and 18 single-bedroom units,

which reduces the total number of bedrooms by 21.

The latest plan includes a total of 44 parking spaces, 24 of them in a first-floor garage within the building and 20 surface spaces. The initial plan had a total of 49 spaces.

The original plan for the site had the parking garage below grade with four stories of residential units above it. The new plan places the garage on the first floor of the building with three stories of residential units above it. Galvin said that change will allow for a 3.5-foot reduction in the overall height of the building.

The property at 21 Totman St. includes 27,625 square feet of land within an Industrial A zoning district. A two-story office building, which the Galvin brothers built in 2001, is presently located on site.

"It has outlived its purpose," Sean Galvin said of the medical office building. "It sits on a nice piece of land located in a nice neighborhood and really cries out to be redeveloped."

Though the site is currently zoned Industrial A, Galvin noted it is within a section of South Quincy that city officials are considering rezoning into a transit-oriented-development district to comply with a state law that encourages the development of multi-family residences near MBTA stations. Parts of nearby Centre Street were previously rezoned for transit-oriented development, and the Planning Board last fall greenlit a 345-unit apartment building in that district.

During this past week's hearing, board member John Kelly asked Galvin if the new building would have charging stations in place

for electric vehicles. In response, Galvin said the new building will be all-electric with no natural gas service — unlike previous projects his firm has built — and the garage will be designed to accommodate EV charging.

Kelly also encouraged Galvin to select contractors who will use local workers when it comes time to build the new building.

"As I always tell the developers, please remember

when choosing a contractor that you can, choose someone that can put the men and women in the city of Quincy to work," Kelly said. "They live in the city and like to work in the city."

Galvin said his company was open to doing so and has "no negative feelings as far as having labor join us."

"I'm fifth generation Quincy. My daughter is sixth generation to live in the city," he said. "We're

big cheerleaders for the city itself, so that's important."

As part of the conditions attached to the Planning Board's approval of the project, the developer will pay the city \$70,000 to replace the water main that runs under the length of Totman Street. The city will reconstruct the street following the installation of the new water main, including the addition of new sidewalks and curbing.

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Ask John Paul: AAA New England's Car Doctor
Senior Manager, Public Affairs and Traffic Safety

In May of 2022, I bought a new 2022 Subaru Crosstrek Sport. Love the Subaru and have had no problems with it. I took it in to the dealer last November for the six-month oil change, which was free. Yesterday, I took it back to get the oil changed again and the cost for it was \$135. I was shocked it was that much. The explanation was the cost of oil synthetic oil. I do not mind spending money on needed maintenance, but I was expecting something in the \$70 range. Do you think it was the dealer jacking up the price or does Subaru have higher costs? They also said the oil should be changed every 6 months or 6,000 miles. I have always heard it was one year or 7,500 miles, whichever comes first, which is what I have followed for many, many years now. I have had the Crosstrek for 16 months now and have only 5,300 miles on it, so I do not want to get unnecessary oil changes in the future. Can I take the car to my local repair shop for oil changes?

Subaru does indicate oil changes every 6,000 miles or six months whichever comes first. You will need to keep this oil change schedule to maintain your car's warranty. The oil is a 0W-20 synthetic, which like everything has gone up in price. I recently purchased a quart of Pennzoil 5W-30 Platinum synthetic oil and was surprised at the \$10.88 price. Certainly, your local repair shop could use a good quality oil and perhaps even a factory filter and although it may or may not be cheaper, it sounds like it would be more convenient.

In a recent column you recommended having a jump start pack such NOCO in your car for emergencies. With all the talk of electric vehicle fires, is it safe to keep a lithium battery jump starter in one's glove compartment or trunk during the summer? What do think of the new non-battery super capacitor jump starter packs?

I have a couple of different jump-packs in our three family cars, and they stay there all year round. One area that Li-ion packs do not like is extreme cold charging. I noticed in both a cordless tool and a jump-pack neither wanted to charge on a 20-degree day. So, I usually, three times a year plug them in just to make sure they are charged up so they will work in cold temps. Also, when charging I always use the specific charging cord that came with the individual jump pack. As far as the capacitor jump packs are concerned, a company sent one to me several years ago, it seemed to work fine. The issue was that it was big and heavy, and it needed to be recharged on a regular basis.

If one is using traditional jumper cables to start a car with a dead battery, and one connects the cables in the correct sequence, is there a chance of damaging the sensitive electronics of either the donor or recipient car?

The jump start technique that I have always used is plus to plus, minus to metal. Positive connection to the booster car to positive connection of the discharged battery. Negative connection on the booster car to a metal bracket or jump start post (not the battery) of the discharged battery. This way if there is any chance of a spark it will happen away from the battery. To reduce the chance of injury to either car, I do not start the donor car. Once the "dead" car is running for a few minutes, then shut off the car and disconnect the cables. The issue is with some cars disconnecting the battery cable with the engine running can cause a voltage spike that can cause everything from burned fuses to electronics issues.

I look forward to and read your Car Doctor column in the paper every week. I am thinking of buying a low mileage, used, 2010-2016, four-door Cadillac sedan. I do not need a race car but don't want to be underpowered. Fuel consumption is not a big concern, since typically I do not drive that much. Is there a year and model that you would recommend? Any insight that you can pro-

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vide would be greatly appreciated.

Since you are buying a car that is 6-12 years old, no matter what model have it checked out by a reputable repair shop before you buy it. In a full-sized model 2013 seems to be the year with the most recalls and other issues, followed by 2014 and 2016. If I were looking, I would narrow my search to a 2015 XTS. The V-6 engine makes a little over 300 horsepower and is generally quite reliable.

How do you feel regarding the reliability of these newer dual clutch transmissions? I like the Kia Sorento, but it has a DCT transmission. I hear from people that this style transmission starts failing around five to seven years. What are your thoughts?

The DCT transmission is basically a manual transmission with two automatic clutches. Most of these designs have been pretty good, some have been terrible. The DCT in the Ford Focus was the subject of many recalls and class action lawsuits. The one issue with DCT is they require manufacturer specific fluid and generally fluid flushing is not recommended. If you are considering buying a Sorento, just follow the manufacturers service recommendations.

My 2012 Subaru is overheating, what could be wrong?

You need to start with the basics of engine cooling. I would first check the coolant level, then the operation of the cooling fan, overall radiator condition and the engine thermostat. It could be any one of these or a combination of several. If the coolant level is low, then the issue could be an external leak, radiator hose, radiator itself or an internal leak caused by a cylinder head gasket. Driving with an engine that overheats will certainly cause serious and expensive engine problems.

I still have my old Toyota RAV4 which you have helped me with in the past. I am having an issue though. When I am putting gas in my tank, it only takes three gallons and shuts off. When I try to add more fuel, it takes a little more, then shuts off again. I am only able to add five gallons. Any idea what would cause this? I obviously do not want to put a lot of money into it since it is 20 years old!

There is a vent for the gas tank, and it can clog with mud or even spider webs. The vent allows the tank to breathe when you are filling up. This is pretty common and if it is just clogged should cost little to repair.

You recently gave me some advice on repairing my car. What I found amazing is the car had been at the dealer and my neighborhood repair shop. You diagnosed the problem as a possible faulty battery. The local shop did a little work, checked, and cleaned the connections, replaced the battery and no problems since. You are amazing.

Not really but thank you, perhaps just tell my wife! When I look for solutions to problems, I try not to jump to conclusions. I will also look for manufacturer's technical service bulletins and will do an online search for similar problems before formulating any conclusions.

I am considering buying a used car and it is a 13-year-old Chrysler Sebring convertible. The car has only 65,000 miles and looks rather good. Visually the paint is in faded condition, but there is no rust. The tires and brakes are new. The seller did tell me the check engine light is on and the last time the put the top down it got stuck coming back up. What do you think?

I certainly would have a shop try to do a little more diagnostic work on the car to determine the issues before you



JOHN PAUL
AAA's Car Doctor

buy this car. I was recently testing out the Xtool D8 scan tool on a similar car. I was shocked to see a page (maybe 10) fault codes. There were several misfire codes with the engine. Although it could have been as simple as a faulty spark, plug, coil, or fuel injector, but you don't know until you look. On this car the top also had six fault codes. Now I did not go any further but if my neighbor were selling their Sebring, it would have to be a particularly good deal to take a chance.

I had trouble trying to purchase a superior quality (A.C. Delco) five-year guaranty battery for a 2004 Toyota Corolla today. At two of my go to auto parts stores, I was told they only have 18-month guaranty batteries. Just wondering if the five-year guaranteed batteries have gone out of favor for the most part for some reason.

Perhaps it may have been an inventory issue at the local stores. As an example, our AAA batteries are warranted for three years and then prorated for another two years, so five years in total. I checked quickly on AAA.com and a battery is \$180 installed at your house. Also, if you wanted to do it yourself, some NAPA stores also sell AAA batteries.

Thirty days ago, I purchased a 2023 Toyota Corolla Cross. While stopped at a red light, using my intermittent window wipers, the car died. There was a message on the dash saying low power. I restarted the car. Still at the red light, it happened again. I went online and found out that this is a known problem and there is no fix for it yet. Today I went to a Toyota service center and was told by a service manager, that yes, this is a known problem, and I will receive a call when this problem can be solved. He had no time-line. In the meantime, he showed me how to disengage the automatic on off starter which he says will solve the problem. This feature must be disengaged every time I start the car. What angers me is that this is a known issue, and nobody told me about it. Days ago, I was doing 65 on the thruway and it terrifies me to think what might have happened if the car had stopped dead in its tracks. Do I have any options as this is a brand-new car, and I do not think I would have purchased the car had I known about this issue.

Yes, I have heard of this problem and until there is a software update from Toyota, the only fix is to on each trip to disable the start/stop function. For whatever reason when the wipers cycle the voltage drops low enough that the engine will not restart. Again, disabling the start stop function is an inconvenient but safe temporary fix. Once the vehicle is moving the system is completely bypassed and will not cause the engine to shut off.

I am considering buying a used 2020 Buick Encore. The car has 47,000 miles and the local dealer gets very good reviews. The car looked great and ran very well.

This was a car that Buick leased at very favorable rates, in some cases about \$200 a month. These cars are now pretty good used car purchases. The 2020 model year was one of the best. Earlier year vehicles had engine, transmission, and electrical issues. I looked back at a review I wrote for the Buick Encore and found it to be quiet, decent performance but found the cabin to feel cramped and there were some blind spots when driving. If you are comfortable driving the car, I would have it checked out by an independent shop and if it is a good price, buy it.

We have a 2017 Ford Flex with 30,000 miles. When firmly braking it developed a slight pull to the right. It does not affect the steering or seem to represent imminent danger. The car was never in an accident and only driven six months out of the year as we are snowbirds. We took the car to the local Ford dealership. They installed complete brakes, including brake rotors and performed a wheel alignment. This didn't fix the problem. Then they replaced the flexible brake hoses to all the wheels, still no correction. They then waited for a Ford supervisor to get his opinion. They took it for test

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Ask John Paul: AAA New England's Car Doctor

Cont'd From Page 14

drives and the problem still exists. After having the car for two weeks, they called and said pick it up. They threw their hands in the air and said they could not solve the problem!

The idea that the dealer and Ford gave up is pretty amazing and I hope they didn't charge you for all the guessing. It is critical when looking for brake issues that a complete visual inspection is performed. Hopefully, the shop ruled out the simple things like the tires. One issue that I have found is premature wear of a component referred to as a rear toe-link. This is something they should have checked but maybe they missed it.

I have a Toyota 2011 Prius with 91,000 miles on it. Recently it got a new aftermarket hybrid battery from my repair shop. The car was running fine for a few months. Recently a warning light came on and message saying, "Check Hybrid Battery." I took it to the dealer who says it needs a new hybrid battery, which I decline to do. Now I get stuck and have to get it towed because I cannot shift from park into gear. Right now, the engine will not start. Any insights or suggestions would be much appreciated.

The dealer may have condemned the hybrid battery because it was not a Toyota replacement. I have found and heard from readers across the country that aftermarket hybrid batteries work well. Even though the car is a hybrid, it still needs a good 12-volt battery working starter, alternator and electrical connections. The idea that the car will not start sounds like more of a problem with the 12-volt battery. At this point it sounds like you should have the car towed back to the shop that replaced the traction battery due to the warning light message. Most aftermarket hybrid batteries have at least a one-year warranty. At the same time have them check the 12-volt battery and other electrical components.

I want to buy a battery charger. I was looking at the NOCO GENIUS10 and the GENIUS5. Are either of these chargers good for a 2019 Nissan Sentra, Ford F-150 and a Jeep? I know nothing about battery chargers, so you are the expert with cars, so I'm asking you. I don't want to go buy something that will be too strong. What about NOCO? I seem to remember you were a Battery Tender guy.

These are battery maintainer chargers; these are designed to maintain your vehicles battery when not in use. These

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units will charge a battery, although they charge at a relatively slow rate (which is good for the battery) but take time. Reading the specifications either one of these would suit your needs. I have never used a NOCO charger but have been happy with the NOCO emergency jump-packs. I have one in my car and one on my little boat.

I have a 2018 Honda Accord and recently hit 100,000 miles. The dealership recommends replacing the spark plugs, valve cover gasket and a valve adjustment. Do you think those items are necessary? The car runs great.

Typically spark plugs usually get changed around 110,000 miles. If the valve cover gasket is leaking, then certainly change it and if you have the valve cover off it makes sense to check the valve adjustment. Other than if there is a visual issue (oil leak), follow the maintenance minder on the dash and adjust the valves when submenu 4 comes up. Here is what Honda states about early valve adjustment: "Adjust the valves during services A, B, 1, 2, or 3 if they are noisy." So, if the engine is quiet wait until the car tells you it is time-service 4.

About six months ago I had AAA install a battery in my 2015 Honda CRV in my driveway, a very convenient option. Because of the high temperatures this past summer do I need to check the water level in the battery? During the heat of the day the car is parked about 70 percent of the time in a garage.

Years back car batteries had removable caps and a good technician would check the electrolyte level when doing an oil change and add distilled water, as necessary. Today most batteries are sealed and require almost no maintenance other than keeping them fully charged, connections clean and battery hold-down tight. That being said continued hot weather can take a toll on a battery. Here in the northeast batteries last five years or more; in Florida, Arizona or other hot weather states battery life is two to three years.

I have a leaky sunroof with my older Kia Sorento, and I am trying to find out how much it would cost to fix it.

When it comes to vehicles there are no truly watertight seals on every opening. Doors have drains that allow water that gets in between the glass and door to drain. The sunroof

also has drains that allow water to drain. If these drains are clogged water can leak into the car. You first need to determine if it is the sunroof gasket and seals or if the sunroof drains are clogged. Carefully inspect the rubber seals on the sunroof opening and clean any accumulated dirt and debris. If the gaskets are in good condition, then using low pressure air check that the drains are clear. At a shop you could expect to pay about an hour's labor to inspect and clean the sunroof. From that point what the technician finds will determine the cost of the repair.

I have to schedule my 2009 Cadillac Escalade and my 1998 Honda CRV for air bag replacement. I also have a 2002 Honda Accord and unannounced, a Honda tech showed up at my door offering to replace the airbag in my driveway. Have you heard of Honda doing this?

Some older Honda vehicles were much more likely to have serious issues with faulty airbags injuring drivers than other cars. In fact, Honda hired private detectives to find owners of Honda vehicles to get the airbags replaced. Readers: if you have any recalls on your vehicles get them in for service. If you are not sure download the NHTSA app. It is easy to use, you enter in your vehicles 17-digit serial number and the app will list if there are open recalls that need attention.

Recently, I purchased a 2018 Mercedes Benz E300. I was under the impression in negotiating with the salesman that I would be able to get a second key as the vehicle came with only one. I was told that they had a key, but it would need to be programmed by a Mercedes dealer, which I can understand. However, I was shocked when told the cost to me would be \$600! I was caught off guard by that and did not quite know what to say other than "I don't just have \$600 lying around." I have been told that a reputable automotive locksmith could do the work for less; any cost reduction would be great as I am just getting over the initial costs of all this. Do you know of any or could you refer me to an automotive lock smith who could program the key for me?

Some vehicles key programming is relatively easy, but others although possible (with the proper tools and security clearances) seem to be a dealer-only service. I called three full-service locksmiths and got the same answer; they could not clone any Mercedes fob after 2014. Sounds like you are headed back to the dealer. Readers, prior to buying a used car, insist it comes with two keys.

Author Anthony Sammarco To Present 'Halloween Traditions In Boston' Oct. 25

Director Sara Slymon announces the Thomas Crane Public Library will host best selling author and historian Anthony M. Sammarco on Wednesday, Oct. 25 from 7 to 8 p.m. in the library's

Community Meeting Room, 40 Washington St., Quincy.

Sammarco will present his book "Halloween Traditions in Boston."

During the event, Sammarco will discuss the his-

tory of the Salem Witchcraft Trials, the decorating of Beacon Hill as a veritable neighborhood of whimsy, decorated with macabre skulls, bones and cobwebs to pumpkins and lighted

Jack O'Lanterns, as well as Halloween costumes, parties and treats.

This event is free to attend. No registration is required.

Sammarco is a noted historian and author of over 70 books on the history and development of Boston and he

lectures widely on the history of his native city. His books "Lost Boston," "The History of Howard Johnson's: How A Massachusetts Soda Fountain Became a Roadside Icon," "Christmas Traditions in Boston," and "The Baker Chocolate Company: A Sweet His-

tory" have been recognized as bestsellers.

To learn more about events at the Thomas Crane Public Library, visit the library's Events Calendar, Facebook, or Instagram. The library's website is www.thomascranelibrary.org.

Donations Needed

To Replenish Red Cross Blood Supply

Since announcing a national blood and platelet shortage a month ago, thousands of donors across the country have rolled up a sleeve to help rebuild the American Red Cross blood and platelet supply. As that generosity continues, the Red Cross is working around-the-clock to ensure patients have access to lifesaving transfusions and must collect 10,000 additional blood and platelet donations - over and above expectations - each week over the next month to sufficiently meet hospital needs.

Donors of all blood types are urged to book a time to give now, especially those with type O blood or those giving platelets.

Patients are counting on critical care this fall. To make an appointment, use

the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767).

To encourage more blood and platelet donations, the Red Cross is offering new incentives to donors over the next month. All who come to give Oct. 21 - Nov. 9 will receive a \$10 gift card by email to a restaurant merchant of their choice to enjoy lunch on the Red Cross. They'll also be automatically entered to win a \$5,000 gift card. There will be three lucky winners - one chosen at random each week. Details are available at RedCrossBlood.org/Lunch.

Flu and COVID-19 Vaccines Don't Affect Donor Eligibility

As cold and flu season quickly approaches, the Red

Cross is reminding donors that they can still give blood or platelets after receiving a flu vaccine, so long as they are feeling healthy and well on the day of their donation. Likewise, there is no deferral or wait time for those receiving the updated COVID-19 vaccine.

A blood drive will be held in Quincy on Monday, Oct. 30 from 1 to 6:30 p.m. at the Quincy Sons of Italy, 120 Quarry St.

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Thursday, October 19
6pm: Bethany Congregational Church
7pm: NQHS vs. QHS Girls Soccer (10/14/23)

Friday, October 20
11:30am: LIVE: Currently in Quincy
5:30pm: Messages from the Candidates
7pm: LIVE: NQHS vs. Scituate Football

Saturday, October 21
12pm: LIVE: QHS vs. Plymouth South Football
3pm: Messages from the Candidates

Sunday, October 22
2:30pm: Quincy Citywide PTO Candidates Night
7pm: Quincy Votes! City Council Candidates Night

Monday, October 23
11:30am: LIVE: Currently in Quincy
7pm: Messages from the Candidates

Tuesday, October 24
7-9:10am: LIVE: AM Quincy with Joe Catalano

Wednesday, October 25
6pm: Good News
7pm: The Call

Government Access Channel 9

Thursday, October 19
5:00pm: Zoning Board of Appeals 10/10

Friday, October 20
10:30am: Health Links: Aging Strong
6:00pm: Good Deeds: Quarterly Update
6:30pm: For Your Health: Seasonal Flu
9:00pm: Kennedy Center: Fall/Winter Fashion Show

Saturday/Sunday, October 21/22
9:30am: For Your Health: Seasonal Flu
10:00am: Good Deeds: Quarterly Update
12:00pm: Quincy City Council 10/16
3:30pm: In the Know: Norfolk County Sheriff
5:00pm: Zoning Board of Appeals 10/10
7:00pm: Quincy City Council 10/16

Monday, October 23
1:30pm: TCPL Presents

Tuesday, October 24
4:00pm: LIVE: Board of License Commissioners
6:00pm: LIVE: Zoning Board of Appeals

Wednesday, October 25
6:00pm: In the Know: Norfolk County Sheriff
6:30pm: For Your Health: Seasonal Flu

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Falling Back Into The Present

By LORI SCOTT

October, a month of bounty, harvest, foliage, crisp air and warm energy. A month filled with abundant invitations from nature to sit in reflection and savor every moment. We'll be turning the clocks back soon, another perfect reminder to FALL BACK into the present. Life is a constant dance between looking ahead and falling back so, before jumping into the holiday season, let's rest on the threshold of autumn and appreciate the beauty in front of us right now.

Take a moment to reflect on everything you can celebrate in your life. All of your progress, memorable experiences, lessons learned, meaningful relationships, accomplishments - all of them, big and small.

Some of these experiences may have been challenging, but they were an important part of your many successes that you are able to celebrate today. What if we spent more time celebrating all of the things that are going right? Like this very moment. From taking your first baby steps to sitting here now and all of the miles in between. So many milestones to celebrate!

Now, take a moment to look ahead at your intentions and ambitions. As you make your plans for the future, practice setting your sights on being kind and gentle with yourself. We are approaching the season of giving which is important and amazing - however, we tend to give to the point of depletion. Use your awareness to recognize when you might be neglecting yourself or when your plans are not in alignment with your true intentions.

Holding all of your experiences from yesterday and your plans for tomorrow, return now to the PRESENT. That is the essence of mindfulness - The Art of Returning - returning back home to self and to the awareness of your own breathing. As humans, we are easily distracted away from the present moment because unconsciously we believe that the next moment must be more important than this one. It's a constant practice. The gift is right here, in this day.

Similar to mindful breathing, nature has a wonderfully grounding effect, helping you to clear your mind and feel anchored in the present moment. If you can, aim to get outside often this season and seek out all of the beautiful parks our wonderful City has to offer. Take time to notice the colors around you. With vibrant shades of red, orange, and yellow, fall foliage is transforming around our community in a way that is nothing short of magic. Let the abundance around you be a reminder of all the things you can celebrate this season.

Here's an acronym to help you get grounded in mindfulness anywhere, anytime: **P-E-A-C-E**

(P)ause - Stop what you're doing. Stop moving. Stop DOING. PAUSE.

(E)xhale - Taking a few deep breaths immediately brings you into the present moment and resets your nervous system.

'Fun With Flowers' Topic Wollaston Garden Club

The Wollaston Garden Club invites the community to their October Program: "Fun with Flowers."

The program will be held Thursday, Oct. 26 at 12:15 p.m. at the Wollaston Congregational Church Social Hall, 48 Winthrop Ave. in Wollaston.

This month's presenter is Kathy Leva, a Wilmington floral designer. She works part-time for the Wilmington Public Schools as a substitute teacher and is a floral designer for Mahoney's Garden Centers. Leva is an active adviser to 25 garden clubs, runs seasonal workshops and is an accredited flower show judge. Kathy said she believes that floral arranging is an easy and enjoyable way to express oneself through the art of flowers.

By demonstrating simple steps, Kathy will create beautiful floral arrangements, using a variety of containers and embellishments and will provide fresh ideas to bring the designs to life.

Kathy's creations will be part of an Opportunity Drawing at the end of the program. The Wollaston Garden Club is a member of the National Garden Club and the Garden Club Federation of Massachusetts.

MONTHLY
MINDFULNESS

By Lori Scott, E-RYT 500

OWNER OF LORI SCOTT YOGA & WELLNESS



tem. A mindful breath can create some space around you and whatever situation you may be dealing with. EXHALE.

(A)wareness - Get grounded in the awareness of your physical body. Bring awareness to your feet touching the ground. Notice what that feels like. Stand in your AWARENESS.

(C)hoose - Choose an Attitude of Gratitude. Choose positive thoughts. Instead of focusing on what's missing, choose to think of all of the things going right in your life and around you. The present moment is all you have, so don't waste it on negative energy. CHOOSE.

(E)ngage - Engage with your intentions. What makes you happy? Then, engage with life and the people who make you feel positive and happy. ENGAGE.

Practicing mindfulness, we can all become an active participant in the management of our own wellness and develop the potential to experience any moment (no matter how pleasant, difficult or intense) with a little more clarity and peace.

"PEACE. It does not mean to be in a place where there is no noise, trouble or hard work. It means to be in the midst of those things and still be calm in your heart." - Thich Nhat Hanh

Practice PEACE with us and join our yoga community! Our welcoming, non-competitive community meets every Sunday at 8 am. We've moved indoors from our beach season to the Fore River Clubhouse, 16 Nevada Rd in Quincy. Class is for all levels, beginner friendly. No yoga experience, flexibility or sign up needed. Together, we practice breathing, slowing down and having some fun. 'Easy like Sunday morning' is our motto! Class is \$15/p.

Keep moving this Fall and join our Wellness Walking Club! Our group meets every Wednesday at 7 am in the lot at Caddy Park, Wollaston Beach. This is a free offering, all are welcome to join.

Lori is an experienced 500 hour Certified Yoga Teacher with Yoga Alliance, Founder & Director of Registered Yoga School (RYS 200) and a Yoga Alliance Continuing Education Provider. Lori specializes in leading retreats, certification programs, 200 hour Yoga Teacher Trainings and facilitating Meditation and Stress Management classes for local corporations.

In addition to teaching yoga, meditation, wellness classes & workshops, Lori is a trained Trauma-Conscious Yoga Teacher offering free yoga to Service Members, Veterans & First Responders. Lori also holds certifications in Clinically-Informed Restorative Yoga, Kids Yoga, Seniors Yoga, Chair Yoga, Balanced Athlete® and Barre. Lori is mostly known in the community for teaching her signature Beach Yoga classes.

www.loriscottyoga.com.

Former Quincy Educator Releases New Novel

Tom Hall, former English teacher at Quincy High and principal at Atlantic and Broad Meadows Middle Schools, recently had this seventh novel published. It is entitled "The Last Three Houses on Bowman Street."

"After I retired, I decided to try my hand at writing novels," Hall said. "My most recent efforts were a mystery series with recurring characters, and while the reviews on Amazon have all been 4s and 5s, it's very difficult to get noticed with 65,000 novels published each year in the United States."

Hall noted his latest book is a departure from the mystery genre.

"This new book is historical fiction. It takes place in and around New York City over the course of several decades, interspersing real people and events with the fictional Haloran family and their neighbors on Bowman Street."

"You can read the first few chapters on Amazon to see if it's something you think you might enjoy. All the proceeds from my books go to charity," he added.

More Quincy news:

The Quincy Sun.com

New Exhibit At QArts Gallery

A new exhibit has opened at the QArts Gallery located at 1229 Hancock St., Quincy Center.

The next exhibit, Fusion: An exhibition of fiber arts by the 238 Textile Collective, opened Oct. 12 and will remain on display through Nov. 12.

The 238 Textile Collective is a group of textile artists based on the East Coast, ranging from New Hampshire to Florida. Formed in 2019, the group works collegially in a diverse mix of methods and media to create, learn, and share. On display are 42 works by eight fiber artists. Each piece represents an intersection of shared experiences and individual interpretation, expressed through various materials and techniques. Work exhibited by Leslie Alexander, Kimberly Bush, Betsy Disharoon, D.J. Drumm, Lyn Falcone, Rae Gold, Lee Johnson, and Cindy Ryan.

Many works on exhibit are available for sale. For more information visit www.238textilecollective.com.

The Quincy Art Association extends thanks to The City of Quincy, Mass Cultural Council, The Janet Burke Mann Foundation, Granite City Electric Supply Company/WAC Lighting, Quirk Auto Dealerships, Dream Realty, Foxrock Properties, Eastern Bank, Northeast Community Bank, Colonial Federal Savings Bank, Altrusa, and Wollaston Wine & Spirits, for their support of the QAA.

QAA's talented vendor members offer original works and matted prints, hand-made jewelry, stunning ceramics, note cards, and other locally made items, offered for purchase in the QArts Gallery Gift Shop.

Gallery Hours: Saturday and Sunday, noon to 5 p.m. Pop-up hours may occur Thursday and Friday, 2 to 5 p.m. depending on volunteer availability. The QArts Gallery is managed and operated by volunteer members of the Quincy Art Association.

For more information about the gallery, classes, events, and other news, visit www.quincyartma.org or email info@quincyartma.org.

Salvation Army Kettle Kick Off Breakfast Nov. 17

The Salvation Army of Quincy will hold its "Christmas Kettle Kick-Off Breakfast" Friday, Nov. 17 at 7:30 a.m. at the Tirrell Room, 254 Quarry St., Quincy.

This is the first year that this event is to be held to announce the "Annual Red Kettle Kick-Off", the Salvation Army's month-long Christmas effort in the Quincy area. The funds raised from the community's generous support of these events will stay in the community to help individuals, families and seniors in this area, especially through the holiday season.

In addition, this special event will provide the opportunity to present the first "community appreciation award." It is to be given annually to an individual who is a strong and faithful supporter of the Quincy Corps' community outreach and someone who has been unselfish in serving others both as an individual and/or as a business professional.

This award has been designated to be awarded annually in memory of Henry Bosworth, founder and longtime publisher of The Quincy Sun. Henry had a deep belief in the work of the Quincy Corps and served as a strong supporter of this organization for over ever so many years; serving until his death as the longest standing member ever of the Boards of Directors. Fittingly this award will be presented that morning to his son Robert Bosworth, who has followed in his father's footsteps in supporting the Quincy Corps as a member of the Board of Directors.

For reservations for this event or for sponsorship opportunities contact Captain Adam Boynton at the Quincy Salvation Army office at 6 Baxter St., Quincy or online at salvationarmyma.org/quincy.

MPL Book Sale Oct. 28

The Friends of the Milton Public Library will host its annual Great Books Sale, in the library's Keys Community Room, on Saturday, Oct. 28 from 10 a.m. to 2 p.m.

The sale features more than 750 newly donated collectible, unusual, and gift giving selections, priced from \$2-\$5, and sorted by category, including art, history, biographies, fiction, and more.

Cash, checks, Venmo, and credit cards, are accepted at the sale located on the lower level of the Milton Public Library at 476 Canton Ave. Proceeds from the sale support Milton Public Library programming.

To learn more about the Friends or to volunteer, visit www.mplfriends.org.

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Transparency, QEA Endorsement Among Topics At Mayoral Debate

By SCOTT JACKSON

The two candidates running to be Quincy's chief executive this fall – incumbent Mayor Thomas Koch and Councillor at-large Anne Mahoney – discussed a number of topics including transparency in the budget process, appointments to city boards, and the future of Quincy College in their latest debate.

Quincy Access Television organized the Oct. 12th debate, which took place inside Quincy High School in front of a live audience. QATV's Jonathan Caliri moderated the event and reporters from QATV, The Quincy Sun and The Patriot Ledger asked questions of each candidate.

For the first question, Koch was asked if he felt the budget process was transparent enough and if he would use a third-party software to improve transparency, something Mahoney has called for.

Koch said the city has a robust budget process in place, but he is open to changes.

"Each and every year I have to present a full bud-

get before the City Council. Every department manager and department head stands before the City Council and answers for every line item in that budget. The school side is a little different...the council approves the bottom line but the School Committee makes decisions on the detail of the budget. We also have that budget up online and over the years I've actually had public hearings on the budgets that we have presented," Koch said.

"I'd be happy to be even more transparent in any particular way to make it easy for folks to weigh in and listen, but we operate each year on a budget that has to be balanced...and I think we have a very robust discussion each and every spring."

Koch also said his administration has worked to address items in the budget that had been previously kicked down the road, including the \$475 million pension obligation bond approved by the City Council in 2021, which he said "is going to save the taxpayers of Quincy \$130 million" over the next 17 years.

"Those are real numbers.

Those are decisions we made that were lauded by national financial folks and called it a genius moment. We did that when interest rates were historically low, and now we've seen the rates change. It was a brilliant move and I thank the City Council members that did support it," Koch said. "My opponent did not."

Mahoney said other communities are already using the third-party software, ClearGov, while Quincy does not.

"What we can do and what we will do when I become your mayor is we will use the software that the city currently pays for but doesn't use called ClearGov and we will put that budget online and you will be able to see transparently where our budget is being created, how our capital improvement projects are being spent, when they're starting, where they are and if we're having problems and when they're going to be completed so that you, the taxpayers of the city of Quincy, will know where your tax dollars are going," Mahoney said.

"It's an important pro-

cess. It builds trust back in our government. It's something we need, and other communities are doing, and we should be doing it now."

Mahoney also raised concerns about the \$3.5 million that was stolen from the city's retirement board in February 2021 in a phishing scam.

"\$3.5 million was stolen from the retirement board underneath this administration. That was underneath our email that was used by the retirement board and it has never been recovered. The PERAC report came back and put a spotlight on the city of Quincy for not actually having the right structure in place to be able to protect our tax dollars," Mahoney said. "My fear is we're actually going to have another unfunded pension obligation bond in the future."

For the second question, the candidates were asked if they would support making appointments to city boards, including the Planning Board and Zoning Board of Appeals, subject to confirmation by the City Council like they are in communities



MAYORAL DEBATE – Mayor Thomas Koch and Councillor at-large Anne Mahoney shake hands at QATV's mayoral debate Oct. 12 at Quincy High School. Photo Courtesy QATV

such as Boston and Braintree.

Mahoney said she would be open to doing so.

"I think that's something that we absolutely have to review, because right now these boards are appointed by a strong form of mayor and the issue that I have with that is when the community has problems and goes to those boards, if it's something that the developer wants – and this administration has taken lots of money from developers – you could have a million people come up and speak passionately, eloquently and rationally about things they

are concerned about and should be taken into consideration, and these boards approve it anyway," Mahoney said.

"When I am mayor, what I can promise you is there will be term limits for the people that are staying on those boards. That we will make sure we'll look to the best way we can actually bring those people onto our boards and I do think the City Council, if it's not going to be a PUD, then the City Council should absolutely have weigh-in on who is going to be serving on those boards as well."

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Early Voting For Municipal Election Starts Oct. 28

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from 8:30 a.m. to 4:30 p.m. each day.

Applications to vote absentee or by mail can be found online on the city's website, quincyma.gov. An application to vote by mail can also be found on the website for the secretary of state at sec.state.ma.us. The deadline to apply for a mail-in ballot is 5 p.m. on Tuesday, Oct. 31, and the deadline to apply for an absentee ballot is noon on Monday, Nov. 6.

As of the afternoon of Oct. 13, a total of 1,113 residents had requested mail-in and absentee ballots, City Clerk Nicole Crispo said; 280 of those ballots had already been returned.

Mail-in ballots can be returned by placing them in the mail at no cost to the voter, placing them in a drop-off box located outside City Hall, or bringing them to the elections office inside the building. All ballots must be received by 8 p.m. on Tuesday, Nov. 7; ballots received after the deadline will not be counted regardless of when they were postmarked.

Voters who wait until close to the day of the election to submit their mail-in ballots are advised to bring them to City Hall where they can be placed in the drop-off box or brought to

the elections office. Voters cannot return a mail-in ballot to their polling place on Election Day; Crispo said those who do so will be given the chance to cast a separate ballot at the polling place and have the mail-in ballot marked as spoiled.

On Election Day – Tuesday, Nov. 7 – polls will be open from 7 a.m. to 8 p.m.

For voters who do plan to head to the polls on Election Day, Crispo previously noted ten of the city's polling places have changed since last year. The changes were made to keep polling places close to voters' neighborhoods following redistricting, she said, and also to take advantage of Quincy Public Schools being closed on the day of the election. (Schools will also be closed on March 5, 2024, which is the date of the state's presidential primary; the School Committee approved that change earlier this month.)

Voters whose polling places have changed will be notified by mail, and the updated list of polling places can be found on the city's website. The city's website also contains a link to the page on the secretary of state's website where you can verify your voter status, including your polling place.

The deadline to register

to vote in the election is 5 p.m. on Saturday, Oct. 28. City Hall will be open that day for voter registration, as well as the first day of early voting. Information on voter registration can also be found on the city's website and the secretary of state's website.

Crispo anticipates that 35 percent of the city's roughly 64,500 registered voters will cast ballots in the election by the time polls close. That estimate is based on turnout in previous mayoral elections. The turnout in the 2019 mayoral election was 24.57 percent and in 2015 it was 41 percent.

This year's mayoral contest sees incumbent Mayor Thomas Koch, a Newbury Avenue resident, facing a challenge from Councillor at-large Anne Mahoney, a Ferriter Street resident. Koch has served as mayor since 2008 having been elected in the prior year's municipal election. Mahoney has served as councillor at-large for six years after serving a dozen years on the School Committee.

This is the third time Koch and Mahoney have run against each other for mayor. Koch bested her in the final election in 2011. In the 2015 preliminary election, Mahoney finished fourth in a four-person field,

behind Koch, former Mayor William Phelan, and then Councillor Douglas Gutro. Koch would defeat Phelan in the final election that year.

The winner of this year's mayoral contest will be elected to a four-year term that runs through the end of 2027.

The ballot also includes contested City Council races in Wards 2, 4 and 6.

The Ward 2 race sees incumbent Anthony Andronico of Nicholl Street facing a challenge from Richard Ash of Mound Street. Andronico has served on the council since January 2021, when he was appointed to the seat following the resignation of long-time Ward 2 Councillor Brad Croall; Andronico had been serving on the School Committee at the time. This is Ash's first time on the ballot though he put himself forward as a candidate for the vacant seat in 2021.

In Ward 4, incumbent James Devine of Cross Street is facing a challenge from Matthew Lyons of Centre Street. Devine was sworn-in in February after winning a special election that month to serve out the remainder of long-time Ward 4 Councillor Brian Palmucci's term. Lyons had run in that special election

as well, finishing third in a four-person preliminary.

In Ward 6, incumbent William Harris of Ashworth Road is facing a challenge from Deborah Riley of Landgrane Street. Harris was appointed to the seat in April 2016 following the death of long-time Ward 6 Councillor Brian McNamée. This is Riley's first run for office.

Ward 1 Councillor David McCarthy of Whitney Road and Ward 3 Councillor Ian Cain of Forbes Hill Road are both unopposed this year. McCarthy was first elected to the council in 2017 and Cain was first elected in 2015.

In Ward 5, incumbent Charles Phelan Jr. opted not to seek reelection. Daniel Minton, a retired Quincy police lieutenant and a resident of Sims Road, is running unopposed for that seat.

In the councillor at-large race, three candidates are running unopposed for three seats. The field includes incumbents Noel DiBona of Chickatabot Road and Nina Liang of Grandview Avenue, both of whom were first elected to the council in 2015, as well as first-time candidate Scott Campbell of Rockland Street.

All city councillors are elected to two-year terms.

Six candidates are run-

ning for three seats on the School Committee this year.

All three school board members whose terms expire at the end of the year – Paul Bregoli of Willow Avenue, Kathryn Hubley of Marion Street and Frank Santoro of Lois Terrace – are running for reelection. Bregoli and Hubley were first elected to their seats in 2011. Santoro was elected to his seat in 2019; he had previously served two terms on the committee.

The school board race includes three challengers as well – Courtney Perdios of Ruggles Street, Liberty Schaaf of Howe Street and Vincent Tran of East Elm Avenue. Perdios previously served on the committee in 2021 after she was appointed to the seat vacated by Andronico; she finished fourth in that fall's election. Schaaf also ran in 2021, finishing in fifth place. Tran is making his first run for office.

School Committee members serve staggered four-year terms, meaning three candidates are on the ballot every two years. The remaining three incumbents – Tina Cahill, Douglas Gutro and Emily Lebo – were elected to their terms in 2021 and those seats will next be on the ballot in 2025. The mayor is the seventh member of the committee and serves as its chairperson.

Yawkey Housing Resource Center Opening Next Month

Cont'd From Page 1

While he is thankful the organization was able to use the former registry building for the past 35 years, Yazwinski said he was excited the new facility – which has more than twice the square footage of the current shelter – is nearly ready to open.

“Especially coming off the heels of the pandemic with Covid, being able to have a little bit more social distancing is really exciting,” Yazwinski said. “The other piece of this is we’re going to have a new delivery model this new building has allowed us.

“We’ve done focus groups with our guests, former guests... We’ve taken a lot of consideration of what is important to them and then for us, operating a shelter since the ‘80s, what have we learned and what are some best practices.

“We’re really bringing in a lot of other local providers like Bay State Community Services, Volunteers of America. I know QCAP is in conversation.

“It’s a bigger facility. We can welcome more AA and NA meetings, more faith groups, so we can bring a lot more resources to the people because we have a bigger place to offer meeting areas

THE EXTERIOR of the Yawkey Housing Resource Center. At left is the building that will house a new day center, an emergency shelter, as well as a full-service health care clinic. The day center, a new offering for Father Bill’s & MainSpring, will provide wraparound supports, re-housing services, and co-located programs designed to reduce the overall reliance on overnight shelter among individual adults facing a housing crisis. The clinic will be operated by Manet Community Health Center. At right is the building that will hold 30 permanent supportive housing units for formerly homeless individuals.

Photo Courtesy Father Bill’s/MainSpring



and presentations.”

The resource center will also house a health care clinic, Yazwinski noted, which will be open to the public.

“The other piece is we’re going to have a licensed health care clinic there. Manet Community Health has their own space there. It will be a separate health care clinic,” he said. “People can

go there if they are a guest of Father Bill’s, if they are unsheltered living outside or if they just live in that area of the community, that side of the city, they can go there instead of maybe trekking to another part. That’s another avenue for people to get health care.

“We’ll have a separate entrance just for the Manet health care center. Hopeful-

ly that will also allow it to be where people aren’t going to the emergency rooms maybe for things that they don’t need to be there. We’ll have a nurse there every day, there will be a doctor presence. It’s a full-fledged one. It’s pretty cool.”

Father Bill’s & MainSpring will also have prevention specialists working out of the new resource cen-

ter, Yazwinski said.

“We’re going to have people that are prevention specialists, so people that aren’t just providing services to people that are right now homeless, but more about getting upstream and making it so people will hopefully call us or come to us at the resource center before you’re homeless,” he said

“We’re hoping, and I think this story could help us with that, is to let people know. If you have lost a job or you’re starting to get worried about ‘I can’t pay the rent right now’...let us know ahead of time and we’ll start to work on how do we preserve that tenancy. That would be great to have people that come and use

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VOTE BY MAIL IN THE QUINCY MUNICIPAL ELECTION

**VOTE BY MAIL
APPLICATIONS ARE AVAILABLE
ON THE CITY’S WEBSITE AT
QUINCYMA.GOV.**

**Applications may also
be requested by calling
the Quincy Election Office
at 617-376-1144.**

**TO RECEIVE A BALLOT BY MAIL
FOR THE QUINCY MUNICIPAL ELECTION,
APPLICATIONS MUST BE RECEIVED
BY THE ELECTION DEPARTMENT BY
5:00PM ON TUESDAY, OCT. 31, 2023**



QUINCY Municipal Election Tuesday, November 7, 2023

**Last Day To Register To Vote
Saturday, October 28, 2023**

**Voter Registration
Can Be Done at City Hall
1305 Hancock St.
8:30 AM - 5:00 PM or
at www.sec.state.ma/elections**

**Board of Registrars
Nicole Crispo, City Clerk
Bonnie C. Marcel
John Carl Swanson
John P. Dumas**

Yawkey Housing Resource Center Opening Next Month

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the resource center not just for a shelter but to almost prevent it from ever having to have to stay there, which is pretty cool."

On top of the new services that will be offered in the resource center, the facility will house 30 apartments.

"The other thing of course is we're going to have 30 units of permanent supportive housing," Yazwinski said. "So we're going to have the resource center that's also the shelter, but also we're going to have 30 units of permanent housing for our poorest neighbors, people with zero to 30 percent median income. As we know, the rents keep rising. Everybody in that building will have a lease. Everybody will pay 30 percent of their income towards the rent. It makes it affordable for the person that's with us."

"We have a lot of disabled people. That's what it will target, people with disabilities. It's wheelchair accessible. We have people in wheelchairs that are fixed income. Elderly people; we're seeing a big increase in people 60 and over. We're seeing a lot of people that this type of housing is going to be good for."

"Our housing that we have like this, and we've been doing it for a long time, 93 percent of the people stay housed for over three years. This isn't like brand new to us, this type of housing. We're excited to have it though in this area of the city."

Yazwinski said the difference between the current shelter and the new resource center is like night and day.

"At Father Bill's right now it's like bunk beds, no privacy, people's bags everywhere. People, their whole life is in the bags," he said. "What we've done in the resource center is we've got bunk beds, but we've got three-quarter walls coming up. We did that from the Covid pandemic, but also just some personal space. Everybody gets a locker next to their bed so they can lock their things up."

"They'll be able to leave during the day - if they're going out to appointments, job training, education, whatever they might be doing - now when they go through Quincy, they won't have to carry their bags. Just the simple things like that."

"We're going to give everybody a medbox for their medicine. They can lock



A VIEW OF one of the 30 efficiency apartments located in the housing portion of the Yawkey Housing Resource Center during a tour on Sept. 26.

Photo Courtesy Father Bill's/MainSpring

up their own medicine. Just those simple things that at the old registry we didn't have enough room."

Yazwinski said planning for the new resource center began a decade ago. The city's plan to build the new public safety headquarters, which requires the demolition of Father Bill's Place,

gave the organization a chance to pursue the new model.

"I presented this model to the board over 10 years ago of like 'we should really think about a new response to homelessness that doesn't just worry about sheltering everybody.' We'd still be committed to that, but be-

ing a little more upstream and focused on prevention, diversion and what we call rapid rehousing," Yazwinski explained.

"We've been looking at creating a new facility that could be a resource center and not just an emergency shelter for over a decade and then the opportunity

came. When the city was looking at building the police headquarters, I was like we already had in our strategic plan to do this. It was in our strategic plan and when I presented it to the city - when a crisis became an opportunity - I said we've got this idea, we're looking at

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ABSENTEE VOTING QUINCY MUNICIPAL ELECTION TUESDAY, NOV. 7, 2023

Absentee ballots
are available for the
Quincy Municipal Election.

Quincy voters may vote
in person at City Hall
Monday through Friday
from 8:30 a.m. to 4:30 p.m.
until
Monday, November 6, 2023 at noon.

EARLY VOTING

For The November 7, 2023
**QUINCY
MUNICIPAL
ELECTION**



You can early vote at
Quincy City Hall on

Saturday, October 28, 2023

8:30 a.m. - 5:00 p.m. and

Monday-Friday, Oct. 30 - Nov. 3

8:30 a.m. - 4:30 p.m.

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A VIEW OF the Yawkey Housing Resource Center lobby during a recent tour. Photo Courtesy Father Bill's/MainSpring

Yawkey Housing Resource Center Opening Next Month

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best practices in the country, we talked to researchers, we went and talked to other people in the country."

"We met with a BU researcher," he added, "that helped us kind of think about how many people just need a little bit of intervention, how many need mid-level, how many need a deep housing subsidy, so we've got it broken down. We've really taken a business-practice approach to this to think about the people in front of us and how do we engage at different levels and what investments do we need to make."

Even before the new resource center opens, other organizations have started looking at it as a model they too could pursue in the future.

"I've presented this to multiple places," Yazwinski said. "People from Maine have come down. People from Worcester are coming over this month. Somerville is coming, we're planning a time for them. I've given Zoom presentations."

"So, there are communities right now in Massachusetts and greater New England that heard about it and are asking to come in and see it."

The new facility on Broad Street is named the Yawkey Housing Resource Center in honor of the Yawkey Foundation's long-time support of Father Bill's & MainSpring. Yazwinski said his organization would continue to honor the legacy of Father William McCarthy, a co-founder and namesake of Father Bill's Place, through its mission.

"We merged with MainSpring Coalition out of Brockton and...that's where we want to highlight Father Bill's name. It's not on one building, but on the mission - Father Bill's and MainSpring," Yazwinski said.

"His compassionate response, his philosophy of 'we need to shelter and help house everybody,' we need to make sure it's permutated in our mission of what we do every day. We said we're going to make sure the organization's name is about one of our founders like Father Bill."

"We have now over 26 buildings in the South Shore, so we've grown so much. When I started working with Father Bill and in 1999 became the executive director, I asked Father Bill what's my job description. He said your job description

is to take the sign down from Father Bill's Place. That's what I've tried to do every day, take the sign down. So, part of it was 'Okay Father, we're taking the sign down now.'"

"What he showed me," Yazwinski continued, "and what he showed people in the community is you need both private and public partnerships. You need the faith community, public government officials and the private community. That's what this housing resource center is."

"Between that and the housing, it was a \$24 million project and we had to raise \$10 million privately from the private community. Everybody stepped up from the local city level with the mayor and the City Council and all that with the trust fund we got, then the governor and the state, the federal government and then the private community throughout the whole South Shore, Quincy and on. He kind of gave us the blueprint and I feel like we're keeping his legacy alive that way."

Yazwinski said the sign from Father Bill's Place would be placed inside the new building. In addition, those who supported the shelter over the years will be honored in the new facility.

"Through the years we've had a lot of people support our mission. The unions helped with the extension and their names were engraved in the building. We have all the bricks through the years that people contributed," Yazwinski said.

"We're cataloging every donor, every supporter that maybe got bricks or supported us. We're not going to take the bricks in there - they're all old - but we're going to recognize and put them all in the building. It's not just the supporters of right now, it's all the past supporters that have been recognized in the old building. Their names will be put on the walls in the building in the future; we're working on that now."

More information about Father Bill's & MainSpring, including ways to donate to the organization, can be found online at helpfbms.org. The organization is also in need of volunteers, Yazwinski noted.

"We're really hoping that we can get people that used to volunteer before Covid - hopefully now they will be willing to come back," he said. "We need volunteers; that would be huge."

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City of Quincy Election Office: (617) 376-1144

POLLING PLACE LOCATIONS

Below you will find a list of polling place locations sorted by Ward and Precinct.

All polls are open from 7:00 AM to 8:00 PM.

Ward 1

Precinct 1 Broad Meadows School	50 Calvin Road
Precinct 2 Snug Harbor School	333 Palmer Street
Precinct 3 Thomas Crane Library	40 Washington Street
Precinct 4 Merrymount School	4 Agawam Road
Precinct 5 Saint Thomas Aquinas Hall	40 Darrow Street

Ward 2

Precinct 1 Fore River Club House	16 Nevada Road
Precinct 2 Clifford Marshall School	200 Moody St (Gym)
Precinct 3 Point Webster School	60 Lancaster Street
Precinct 4 Saint John's Church	44 School Street
Precinct 5 Saint John's Church	44 School Street

Ward 3

Precinct 1 Bernazzani School	701 Furnace Brook Parkway
Precinct 2 Wollaston School	205 Beale Street
Precinct 3 Montclair School	8 Belmont Street
Precinct 4 Wollaston School	205 Beale Street
Precinct 5 Montclair School	8 Belmont Street

Ward 4

Precinct 1 South West Middle School	444 Granite Street
Precinct 2 Quincy Lodge of Elks	254R Quarry Street
Precinct 3 Quincy Lodge of Elks	254R Quarry Street
Precinct 4 Lincoln Hancock School	Water Street
Precinct 5 South West Middle School	444 Granite Street

Ward 5

Precinct 1 Lincoln Hancock School	Water Street
Precinct 1A Point Webster School	60 Lancaster Street
Precinct 2 Central Middle School	875 Hancock Street
Precinct 3 Adams Academy	8 Adams Street (Dimmock St Entrance)
Precinct 4 Beechwood Knoll School	225 Fenno Street
Precinct 5 Beechwood Knoll School	225 Fenno Street

Ward 6

Precinct 1 North Quincy High School	Hunt Street (Gym)
Precinct 2 North Quincy High School	Hunt Street (Gym)
Precinct 3 Kennedy Center	440 East Squantum Street
Precinct 4 Atlantic Middle School	86 Hollis Avenue
Precinct 5 Squantum School	50 Huckins Avenue

Artist Jed Sutter Featured At MPL Exhibit In November

Milton artist Jed Sutter will install a new exhibit in the Wotiz Gallery of the Milton Public Library to be shown from Nov. 1 through Nov. 30.

This display will include trolley paintings, some pieces describing the Eustis Estate's special characteristics, and local scenes.

Sutter grew up on the Maine Coast in the 1960s and 1970s. He came to Massachusetts after college and many years later, he started painting. He paints in a representational style, between realism and impressionism. He has worked in acrylics, gouache, watercolor and oils. He is drawn to the seashore; to reflections in glass, water, etc., to urban landscapes, to bridges, and especially to the MBTA trolley cars that rumble behind his house in Milton.

Sutter's work is held in private collections, has won awards in three mediums, and has shown in numerous juried art shows and in galleries in Massachusetts and Maine. The artist does original pieces and accepts commissions for personalized work.

This is what he says about his artwork:

"I am a self-taught real-

ist painter working most frequently in acrylics but also in watercolor, gouache, and oil. A favorite subject of mine is the neighborhood trolley that runs behind my house on its way between Mattapan Square and Ashmont Station.

"I love the shape, classic lines and how it interacts with its environment. As much as the MBTA labors to maintain it, the trolley's days are numbered and I feel a tug to paint it each time I hear it rumble to a stop.

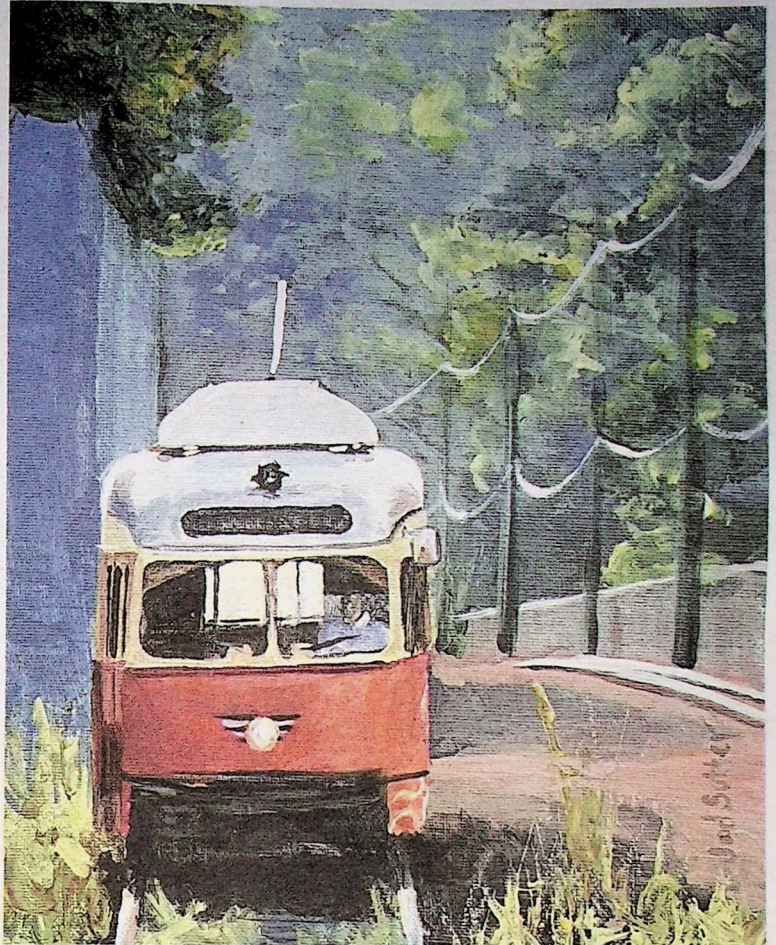
"Next, I've been quite taken by one of Milton's hidden gems, the Eustis Estate. I attended a paint-out there in 2022 and grew more and more interested in large and small details that make it so unique. I've gone through the house and around the grounds and have painted

this detail and that - small bites of a great feast.

"Last, I take the opportunity in this show to share some of my views of Milton, Boston and beyond. Not the usual postcard view, but the ones that give me a sense of place. I hope you enjoy my work which can be seen also at the Switch Co-op in Hyde Park and at the Wright Gallery in Kennebunkport, Maine."

There will be a free and open reception held in the Wotiz Gallery on Monday, Nov. 20, from 6-8 p.m. and everyone is invited to come meet the artist.

The Milton Public Library is located at 476 Canton Ave., Milton. For more information, call the Reference Department at (617) 898-4964 or email jhlady@milton.ocln.org.



MILTON ARTIST Jed Sutter will install a new exhibit in the Wotiz Gallery of the Milton Public Library to be shown from Nov. 1 through Nov. 30. This display will include trolley paintings (including the one shown here), some pieces describing the Eustis Estate's special characteristics and local scenes. *Courtesy Photo*

Comedy Show Saturday

JM Productions of Quincy, a partner with the Boston Comedy Festival and the Marriott Hotel, Quincy announces a brand-new comedy show offered on Saturday, Oct. 21 at 8 p.m. with Quincy's own Kathe Farris.

Also featured will be Maurice Smith, AJ Hapenny and Tony Moschetto

Tickets are \$25 per person in advance and can be acquired online at www.eventbrite.com/e/comedy-cocktails-tickets-691156877827.

There will be limited seats sold at the door on the evening of the show for \$30 cash per person.

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QUINCY EDUCATORS ARE PROUD TO SUPPORT ANNE MAHONEY FOR MAYOR



Quincy deserves a mayor who will be a champion for public education. Whether by ensuring funding for wraparound services for students, advocating for crucial investments to renovate our school buildings, or making sure students, educators and families have a seat at the table - **Anne Mahoney will always make Quincy's public schools a priority.**

ON TUESDAY, NOVEMBER 7, JOIN QUINCY EDUCATORS IN VOTING FOR

ANNE MAHONEY FOR MAYOR.

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NORTH QUINCY'S Jackie Manning scored twice in the first half as the Raiders went on to defeat the Quincy Presidents 3-1 Oct. 14 at Veterans' Memorial Stadium.



QUINCY SENIOR Mia Stallbaum (left) and North Quincy senior Paige Grippi battling for control of the ball.



NORTH QUINCY CAPTAIN Maddy Gola moves the ball up the defensive end of the field in the first half.

Quincy Sun Photos/Larry Carchedi



NORTH QUINCY CAPTAIN Lucy McLaughlin played a solid game in net, only giving up a late game goal, as the Raiders defeated the Quincy Presidents 3-1.



QUINCY'S CIARA FOLAN scored the Presidents only goal of the game with time running out in the second half.

North Quincy Defeats Quincy In Girls' Soccer, 3-1

By TOM JOYCE

The North Quincy High girls' soccer team looked good shooting the ball last Saturday evening. The Raiders faced their in-city

rival the Quincy Presidents at Veterans' Memorial Stadium hoping to secure a win.

The team was successful in its endeavor, posting

one of its better offensive performances of the season. The Raiders picked up a 3-1 win. With the win, the Raiders improved to 2-8-3 overall. With the loss, the

Presidents fell to 1-11-1 on the season.

The Raiders took the lead less than 10 minutes into the first half and never surrendered it. Jackie Man-

ning picked up a loose ball in Presidents territory -- and delivered for the Raiders.

She kicked the ball on the ground to the left, past the

Cont'd On Page 24

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HALLOWEEN COSTUME PARTY

HALLOWEEN COSTUME CONTEST
\$100.00 CASH PRIZE

Sons of Italy
120 Quarry St.
Quincy MA

DOORS OPEN 5:30 PM
SHOWTIME 8:00 PM

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A NIGHT WITH Sinatra
JOEY CHIARENZA
WITH THE SOS BAND

Comedian JODY SLOANE

ITALIAN DINNER & SHOW
\$55.00 Table of Ten \$500.00
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QUINCY'S Gabriela Triplett and North's Maddy O'Hara battle for control of the ball.



NORTH QUINCY'S Emmet Allen shields Quincy's Kevin Marko from the ball as he looks to make a pass in the second half. Allen scored the only goal of the game just two minutes into the second half giving the Raiders a 1-0 victory over the Presidents Oct. 14 at Veterans' Memorial Stadium.



QUINCY SENIOR Ibrahim Yacouty fights for position and control of the ball against North's Emmet Allen.
Quincy Sun Photos/Larry Carchedi



NORTH QUINCY captain Loukas Feehan settles the ball as he looks to control the ball in front of Quincy's Lucas Oliveira.



QUINCY'S Miguel Vino fights for control of the ball against North's Scott Peterowski.



QUINCY'S Michael Varela just keeps the ball in play in front of North's Miguel Moura.



NORTH QUINCY'S Mikael Zerva (left) and Quincy's Lucas Rodrigues battle for control of the ball in the first half.

Raiders Shut Out Presidents In Boys' Soccer, 1-0

By **TOM JOYCE**

It was a battle of strong defenses, but the North Quincy High boys' soccer team came out on top.

The Raiders faced their in-city rival, the Quincy Presidents, Saturday night at Veterans' Memorial Stadium. Neither team gave the other an easy time, but the Raiders pitched a shutout and put a ball in the back of the net. As a result, the Raiders won the game 1-0. With the win, the Raiders improved to 2-7-4 overall. And with the loss, the Presidents fell to 2-10-1 on the season.

The first half was a low-scoring affair. Neither team could find the back of the net as both sides fought to get on the scoreboard. However, it wouldn't take the Raiders long to score once the second half kicked off -- and they protected that lead for the rest of the match.

A few minutes into the second half, Loukas Feehan inbounced the ball for the Raiders in Presidents territory. He gave an overhead throw to Miguel Moura, a forward who has enjoyed success shooting the ball

for the Raiders this season. Two Presidents defenders converged on him, with a third in the vicinity. How-

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North Quincy Defeats Quincy In Girls' Soccer, 3-1

Cont'd From Page 22

reach of the opposing goalie, to give the Raiders a 1-0 lead. The goal came after Faye Fitzpatrick headbutted a ball the Presidents were trying to inbound, creating a loose ball situation.

Less than two minutes later, the Raiders struck again. From around mid-field, Piper Henderson kicked the ball forward, and Manning once again capitalized on the opportunity. She found the ball, moved further downfield, outmaneuvered a pair of Presidents defenders, and booted the ball into the left side of the net from the right side of the field.

Although those goals gave the Raiders a lead they would have been able to protect, they were not done scoring in the first half just yet.

With less than two minutes remaining in the half, they struck for a third time.

Fitzpatrick got in on the offensive action yet again. She kicked a beautiful pass to Avery Abrahamovich out in front of the right side of the Presidents' net – and she buried her shot, giving the team an insurance goal.

The Raiders went into halftime with a 3-0 advantage.

Although the Presidents avoided the shutout, they were unable to make a comeback in this one.



NORTH QUINCY senior Avery Abrahamovich heads the ball in the second half. Abrahamovich scored North's third goal in the second half.

Quincy Sun Photos/Larry Carchedi

The Presidents had a decent scoring chance a little more than halfway through the second half when captain Kaitlyn Sampson had a free-kick opportunity from about the 30-yard line. She put up a strong, accurate kick, but the opposing goalkeeper made the save, preserving the shutout.

Ultimately, Ciara Fo-

lan scored the lone goal of the game for the Presidents with less than two minutes remaining. She scored on a free kick from over 25 yards out. Kicking from the right side of the field, she kicked left, and the ball was out of the reach of the opposing goalkeeper. Her goal made it a 3-1 game.

Shortly after play re-



NORTH QUINCY'S Lola Kelly and Quincy's Ashlinn Folan battle for control of the ball in a competitive game of the cross-town rivals.

sumed, the referee blew the whistle to mark the end of the match.

Last Saturday's match was the second of two meetings between these two teams this season. The first time they faced off, back on Sept. 16 at Creedon Field in North Quincy, they tied 2-2.

The next game for the Raiders will take place this Thursday, Oct. 19, on the road against the Hanover Hawks (4 p.m. start time). The Presidents will host Plymouth South on Thursday, Oct. 19 (4 p.m. start time) in their next game.



WITH NORTH'S Maddy O'Hara right behind, Quincy senior captain Ciara Golden moves the ball through mid-field in the second half.

Raiders Shut Out Presidents, 1-0

Cont'd From Page 23

ever, this aggressive defense from the Presidents resulted in a tripping penalty against them. This gave the Raiders

a free kick from about the 20-yard line. The Raiders had Emmet Allen take this kick – and he delivered. He rifled the ball from the left

side of the field over the head of the opposing goalkeeper and into the back right corner of the opposing net. His shot gave the Raid-

ers what ended up being the lone goal of the contest.

Even though the Presidents could not score in this one, their offense did take some shots, including a strong one midway through the second half. From about 30 yards out while rushing toward the net, freshman Farudji Pierre took a solid shot, but the opposing goalkeeper made the stop on the bounce before falling to the ground.

The Raiders also survived a pair of free kicks, taken by Tim Heise, in the second half. He had one with under 17 minutes left from about the 15-yard line that was sharp and required the opposing goalkeeper to make a diving save. Later on, he had another attempt from about twice the distance after the Raiders knocked down an opposing player. However, the shot from further away went wide left.

Although the Raiders won this game, it was also tied for the lowest-scoring affair they had played in all season as of the start of this week; they also participated in a 1-0 game that they lost against Duxbury back on



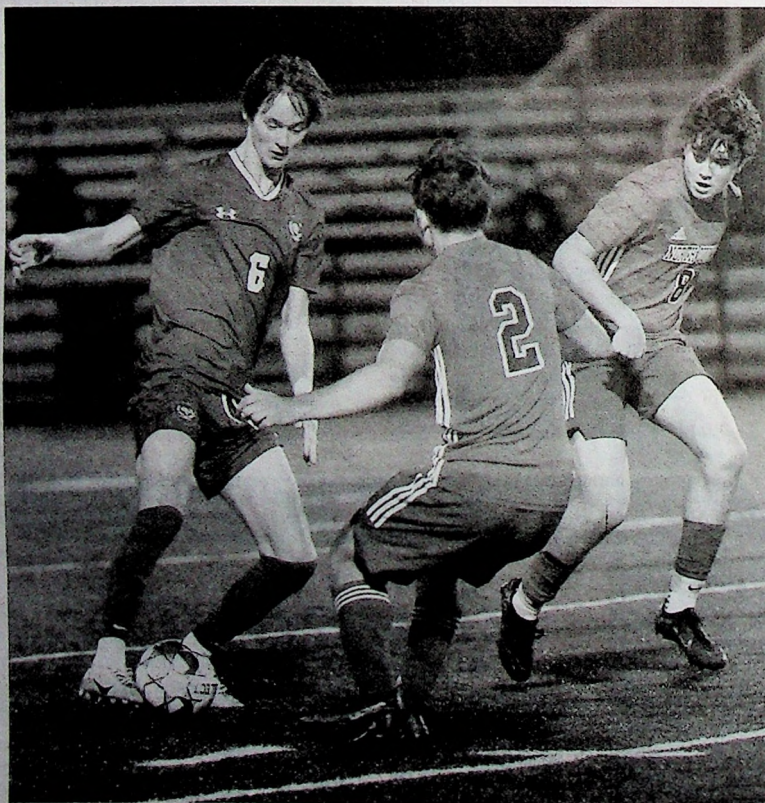
QUINCY'S Farudji Pierre (17) & Miguel Vino (4) block out North's Boubakar Diallo while they advance the ball up field.

Sept. 21.

Last Saturday's match was the second of two meetings between these two teams this season. The first time they faced off, back on Sept. 16 at Creedon Field in North Quincy, they tied 2-2.

The next game for the

Raiders will take place this Thursday, Oct. 19, at home against the Hanover Hawks (4 p.m. start time). The Presidents will face Plymouth South on the road on Thursday, Oct. 19 (4 p.m. start time) in their next game.



QUINCY CAPTAIN Declan Rogers is surrounded by North Quincy's Alex Papa (2) and Emmet Allen (8) as he looks to make a play in the second half of the night game at Veterans' Memorial Stadium.

Quincy Sun Photos/Larry Carchedi

North Quincy Girls' Volleyball Defeats Quincy, 3-1

By TOM JOYCE

The two sides had some highly competitive sets, but the North Quincy High girls' volleyball team came out on top.

The Raiders defeated the Quincy Presidents, 3-1, on the road at Quincy High Oct. 11. With the win, the Raiders improved to 11-3 on the season; with the loss, the Presidents fell to 5-10.

The beginning of the first set was competitive, but the Raiders pulled away as it progressed. Up 10-9, the Raiders went on a 7-0 run that helped put the set away.

Senior captain and middle hitter Ava Bryan was sharp while serving during the run, picking up two aces. Senior outside hitter Brooklyn Rizzo also excelled, getting a pair of kills. Additionally, the Raiders benefited from a couple of errors against the Presidents. The Raiders eventually took the set 25-13 on a serving error against the Presidents.

The Raiders also took the second set, which was highly competitive throughout. The Raiders won 25-20, capping things off on a 5-0 scoring run. However, be-

fore that run, the Presidents had a 4-0 run that tied things at 20 apiece.

A serving error against the Raiders started the run for the Presidents. Then, an ace from freshman libero Francesca Diaz, a kill from junior middle hitter Kyrie Blue, and a kill from sophomore outside hitter Giada Guarino tied the set.

Then, the Raiders responded with some success of their own. A strong hit from senior middle hitter Autumn O'Campos forced a double hit from the Presidents, putting the Raiders up

21-20. An ace from senior captain and setter Elle Blahut put the team up by two. Then, junior setter/rightside hitter Sadie Johnston tapped the ball over for another kill, and back-to-back kills from Bryan capped off the set.

Similar to the second set, the third set was also highly competitive throughout. However, this time, it was the Presidents who pulled away late. With the set tied at 20 apiece, the Presidents excelled. They went on a 5-1 run and ended up winning it 25-21.

Freshman setter/rightside hitter Evalyn Catrambone got the Presidents most of their points during this run. She started it off with a hit

over the net that the Raiders could not return. After that, she had back-to-back aces; the second one skimmed the top of the net, making it tough for the Raiders to respond to it. The Raiders then got a kill to come within two points, but then a hitting error against them gave the Presidents a point and the ball back. Junior middle hitter Destiny Francis capped the set off with a kill.

Like the previous couple of sets, things were competitive late in this one. Ultimately, the Raiders pulled away to win it 25-20.

Francis had a block for the Presidents that brought the team within two points, 21-19, but the Raiders fin-

ished the game on a 4-1 run. Bryan excelled during this stretch; she had two kills, including one she pushed deep into Presidents territory that no one retrieved. She also got the game point on an ace that, like her second kill during the run, went deep into Presidents territory. Additionally, Junior setter/outside hitter Bella McKenzie had a kill on this run.

The next game for the Raiders will take place on Monday, Oct. 23, at home against Plymouth North (5:15 p.m. start time). The next game for the Presidents will take place on Friday, Oct. 20, at home against the Brockton Boxers (5:15 p.m.).

Quincy-North Quincy Girls Cross Country vs. Pembroke

Win 21-39 to finish 3-1 in Patriot Fisher Division

QNQX-COUNTRY SCORE SHEET

date	site	opponent	dist	weather	course cond
10/11/2023	PHS	Pembroke HS	2.75	perfect	Challenging
PLACE	TIME	ATHLETE	SCH	QNQ SCORERS	
1	20:32	Salma Boukhtam	QNQ	1	1
2	20:33	Aluna Coogan-Coyne	QNQ	2	2
5	20:51	Grace Cody	QNQ	3	5
6	21:08	Amelija Slezas	QNQ	4	6
7	21:10	Zoe Nelson	QNQ	5	7
8	21:35	Caroline Zuffante	QNQ	TOTAL	21
11	22:41	Charlotte McConville	QNQ	6	8
12	24:21	Michelle Chen	QNQ	7	11
13	24:29	Alexandra Guia	QNQ	OPP. SCORERS	
15	26:25	Esther Lee	QNQ	1	3
16	26:34	Emily Dai	QNQ	2	4
20	27:56	Isabel Hagstrom	QNQ	3	9
21	28:14	Sophie Hagstrom	QNQ	4	10
				5	12
				TOTAL	39
				6	13
				7	14

Quincy-North Quincy Boys Cross Country vs. Pembroke

Lose 18-40 finish at 2-2

QNQX-COUNTRY SCORE SHEET

date	site	opponent	dist	weather	course cond
10/11/2023	PHS	Pembroke HS	2.75	perfect	Challenging
PLACE	TIME	ATHLETE	SCH	QNQ SCORERS	
4	16:18	Ryan Aitsaid		1	4
6	16:25	David Schmidt		2	6
8	16:40	Kyle Clements		3	8
10	16:54	Matt Hollatz		4	10
14	17:15	Jayden Anderson		5	12
15	17:38	Wilson Chen		total	40
20	18:36	Liam Murphy		6	13
22	19:10	Carter Bishop		7	14
24	19:17	Warrick Quon		PEMBROKE	
25	19:26	Tyler Sharkey		1	1
26	19:28	William Huang		2	2
28	20:07	Pat Lee		3	3
30	20:39	Jayden Zhong		4	5
31	20:59	Saksham Nagmoti		5	7
33	21:46	James Walsh		total	18
34	21:48	Nathan Feldman		6	9
35	22:25	Jonathan Zhou		7	11
37	23:22	Pat Clifford			
38	24:34:00	Jakub Wilson			
39	24:36:00	Derek Zhou			
40	25:11:00	Endi Cenomeri			
41	25:45:00	Andrew Perkins			
42	25:50:00	Andrew Lee			



QYH Celebrates Girls Hockey Day

On Sunday, Oct. 8th, at Quincy Youth Hockey Arena, Quincy Youth Hockey celebrated "Girls Hockey Day" in the City of Quincy in collaboration with USA Hockey's "Girls Hockey Weekend" and the International Ice Hockey Federation (IIHF) "Girls and Women's Ice Hockey weekend."

It was a monumental day for the girls of Quincy Youth Hockey, coaches and parents. A day filled with

smiles and inspiration. QYH thanks Mayor Tom Koch for declaring Oct. 8th as "Girls Hockey Day" in the City of Quincy.

A huge shout-out to Rachel Carroll, coach of the QYH U19 Girls team, for organizing this great day and the help of some amazing women and local businesses. "To see the smiles on these girls' faces takes me back and reminds me about everything this game gave me growing up! Thank you everyone," Rachel said.

A special thanks to Erin

Connolly, BC alum and Driscoll skating coach for coming out and help facilitate skills.

Quincy Youth Hockey also thanks the following sponsors:

The Fowler House Cafe, Quincy Clams, Laura Lebo, Purefections Chocolate, JMAK Customs, Salon Serenity, Boston Bowl, Clearly Balanced Days NH, Erin Feeney - William Raveis, Jonna Dondoro, Gina Mackey, Kristen MH and Photography By Rachel Carroll.

North Quincy Football Defeats Pembroke, 43-32

The North Quincy varsity football team won a thriller on the road last Friday defeating the Pembroke Titans 43-32.

With the win the Raiders improved to 3-3 on the season.

NQ junior quarterback Mikey Galligan threw for 287 yards (9 for 15) including three touchdowns. He also rushed for a score.

NQ senior running back/safety Ben Hudach rushed for 123 yards on 19 carries and also scored a touchdown.

North senior wide receiver/defensive end Ben Walinjom had three receptions for 133 yards and a touchdown.

The Raiders compiled

426 yards on offense.

The NQ defense had a huge game allowing only 61 yards in total offense in the second half and forcing two turnovers. Freshman Blake Nelson recovered a fumble and senior Nate Sampson intercepted a Titan pass.

The Raiders host Scituate

Friday at 7 p.m. at Veterans' Memorial Stadium.

In other local football action, the Quincy Presidents bowed 35-15 to undefeated Hanover on the road Oct. 13.

The Presidents (2-4) host Plymouth South at noon Saturday at Veterans' Memorial Stadium.

Councillor DiBona Office Hours At City Hall Oct. 24

Councillor-at-Large Noel DiBona will be offering office hours at Quincy City Hall in the Great Hall, McIntyre Building, 1305 Hancock St. on Tuesday, Oct. 24th from 5 to 6 p.m.

Councillor DiBona host

office hours to give the residents of Quincy an opportunity to come in and discuss any topics in-person. You can contact him by email ndibona@quincyma.gov or call 617-834-4081 for any questions.

READERS FORUM - READERS FORUM - MORE ON PAGE 30, 37

Supports Mahoney For Mayor

I watched this past Thursday's QATV-hosted mayoral debate with great interest. In defending his tenure, Mayor Koch touted his many relationships, implying that without him at the helm, Quincy residents would not get to keep benefiting from these ties.

Just today, I received a letter from State House Speaker Ron Mariano supporting Mayor Koch. Speaker Mariano presides over a State House that State Auditor DiZogio is now fighting to make transparent; Massachusetts has one of the least transparent state legislatures in the entire country. There is presently a voter signature drive supporting a ballot question about this audit to be included on the 2024 ballot.

Mayor Koch also received the endorsement of Governor Healey and Lt. Governor Driscoll. It was apparently state officials that placed a Family Welcome Center at Eastern Nazarene College right under the mayor's nose. Whether you agree with vulnerable people coming to our city is one matter, but the problem is that state and city officials let the public down,

and caused entirely avoidable rancor, by only meeting with us after this decision was made.

The mayor's relationships also failed to keep Quincy's only hospital from closing in 2014. The site of the former Quincy Medical Center is now a luxury condo development, one of many priced out of reach of the majority of Quincy residents. We are the largest city in Massachusetts with no hospital. We have many luxury housing developments all over Quincy, a smattering of urgent care centers and clinics, one city-run college, and zero hospital beds.

Mayor Koch did, however, use some of his relationships to keep our city's pension management board from being fully independent as they are supposed to be, and shielded them from appearing before City Council and the public to answer questions about how they let us get scammed out of \$3.5 million in 2021.

Mayor Koch has great relationships, but does he make them work for the average Quincy taxpayer? Does he make them work for residents who care about accountable representation,

and transparent government?

Councillor-at-Large Mahoney has been a lifelong resident of Quincy for just as long as the incumbent, and as mayor she will leverage her relationships to make our government work for ordinary residents. She has already earned the support of our public school teachers and many of the voters she and her campaign volunteers have spoken to. She will get more use out of services taxpayers already pay for so they are not sitting fallow, such as the OpenGov software platform.

It's easy to talk about transparency and accountability, but from her track record of being willing to ask tough questions about why decisions are being made and where our money is going, Anne Mahoney will walk the walk. It's time to elect someone for the next four years who will build and leverage their professional relationships in service of we, the people. It's time to elect Anne Mahoney as our next mayor of Quincy.

Betty Lo
South Quincy

Mahoney Responds To Koch Claims

Dear Readers,

In the pages of this paper and in your mailboxes, you have seen Mayor Koch's many claims about my record ranging from misleading to patently false. Despite my opponent's insistence that I am focused on negativity, he is the only candidate thus far to put out attack ads.

These claims leave out the key details and context of his own failed leadership or mismanagement of city funds for his own agenda. I believe this is a purposeful distraction from his own record to try to trick voters into voting for him out of fear, but I believe that the people of Quincy are smarter than that.

When it comes to key budget votes, I have never opposed public schools, public safety, tax relief, or a Trader Joe's downtown. Some of these votes simply never happened. In other cases, my valid questions about financial feasibility and accurate accounting, the larger strategies behind these decisions, or environmental concerns around specific line items have been conflated to suggest I was against the projects in concept.

For me, leadership is about being accountable to the people we serve, which means using our tax dollars wisely and ensuring Quincy gets a return on our investments.

I am happy to answer any concerns on my record from residents as they make up their minds ahead of Nov. 7th. However, it is clear to me that Mayor Koch does not want to answer for his own record, whether that be misappropriating city funds, using city-owned spaces to advance his anti-choice agenda, or buying land at inflated prices to the advantage of deep-pocketed developers.

There are real differences between candidates in this race and I urge voters to do their research.

Anne Mahoney
Councillor-at-Large and
candidate for
Mayor of Quincy

Quincy Building Trades Council Endorses Koch For Mayor

Quincy Building Trades Council President Bob Rizzi announces the Quincy Building Trades Council has endorsed Mayor Thomas Koch for re-election. The Trades Council consists of electricians, plumbers and pipefitters, carpenters, boilermakers, laborers, operating engineers, roofers and water-proofer, bricklayers, plaster and cement mixers, painters, pipefitters, sheet metal workers, and the International Brotherhood of Teamsters.

"The men and women of the Building Trades Council understand the direction Quincy is headed and how important that is to working people like us," Rizzi said. "Mayor Koch understands that progress is necessary to create good jobs and keep

housing affordable. He has stood up for us for years and we are proud to support him for re-election."

"It is an honor to be endorsed by the hard-working men and women of the Building Trades Council," said Mayor Koch. "They are the people that build the homes we live in and the buildings we work in every day. I sincerely appreciate their endorsement."

The Locals that are included in this endorsement are affiliated with: International Union of Operating Engineers; International Brotherhood of Boilermakers, Iron Ship Builders, Blacksmiths, Forgers and Helpers; United Union of Roofers, Waterproofers and Allied Workers; International Union of Bricklayers

and Allied Craftworkers; International Brotherhood of Electrical Workers; International Association of Heat and Frost Insulators and Asbestos Workers; International Association of Bridge, Structural, Ornamental and Reinforcing Iron Workers; Sheet Metal Workers International Association; International Brotherhood of Teamsters; Operative Plasterers and Cement Masons International Association of the United States and Canada; United Association of Journeymen and Apprentices of Plumbing and Pipefitting Industry of the United States and Canada; International Union of Elevator Constructors; International Union of Painting and Allied Trades; and the Laborers International Union of North America.

"I am grateful for the support of voters from throughout the city, across all demographics," Koch said. "We have made Quincy a great place to live, work, and raise a family and the broad base of support we have reflects our goal of including everyone in Quincy's success."

'Harry Potter Extravaganza Oct. 28 At Quincy Community United Methodist Church

Quincy Community United Methodist Church, 40 Beale St., will host a "Harry Potter Extravaganza - Year 19" on Saturday, Oct. 28 at 1 p.m.

This Halloween event is for the whole family. Attend magic school, participate in magical classes and

activities. Meet your favorite magic teachers/staff, be sorted in a Sorting Ceremony, go to Diagon Alley, receive your wand and more.

Magical treats will be available at the conclusion of classes and there will be a prize drawing for participants.

For reservations: Call/text 781-267-0892 or email: hogwartsparty@yahoo.com.

Check out the website: <https://sites.google.com/site/qcumc7/quincy-community-united-methodist-church-qcumc/harry-potter-extravaganza>.

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OBITUARIES

Edward T. Magee, 84

Edward T. Magee, age 84, of Quincy, died peacefully, Tuesday, Oct. 10, 2023 at Hancock Park Rehabilitation and Nursing Center, surrounded by his loving family, after a long battle against depression and type 2 diabetes.

Edward was born in Cambridge, to the late John H. and Edna L. (Marquedant) Magee. His parents relocated to Houghs Neck in Quincy, and he was a graduate of Quincy High School. He lived in Randolph for seven years, previously in Quincy for most of his life.

Out of high school, Edward enlisted in the United States Army, Ft. Leonard Wood, Mo., and served in Paris, France, during the late 1950s. He came back and married his first love, Janice M. Clifford, daughter of the late Freeman and Margaret Clifford, on October 6, 1962 at Most Blessed Sacrament Church in Quincy. Eddie worked as a plumber for the Plumber's Union Local 12 for over forty-five years.

Eddie was a member of the Quincy Lodge of Elks and was a true Boston Bruins, Red Sox, Celtics, and New England Patriots fan! He loved traveling adventures with his family on the Boston islands by boat and in North Conway, N.H. for visits with good friends during the hot summers. He was known for his jovial personality, perfect Elvis singing, and good looks, and he could not resist fostering a stray dog.

Beloved husband for sixty-one years of Janice M. (Clifford) Magee.

Devoted and loving father of Cheryl A. Davis of



EDWARD T. MAGEE

Brockton, Stephen E. Magee and his spouse William Russell of Berkley, Kerri L. Labarre and her husband Edward of Pembroke, Darlene M. Magee of Randolph, and Edward T. Magee, Jr. of Quincy.

Loving grandfather of Alicia, Sarah, Alexis, Trevor, Mary, and Russell.

Great grandfather of Nathan and Milo.

The youngest of three siblings, he was the dear brother of Dolores J. Suntheimer and John W. "Jack" Magee.

Edward is also survived by many nieces and nephews.

Funeral Services were conducted at the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy, on Tuesday, Oct. 17. Military honors followed. Cremation to follow services.

In lieu of flowers, donations in Edward's memory may be made to the American Diabetes Association, P.O. Box 7023, Merrifield, VA 22116-7023.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Cydney Dang, 49

Cydney Dang, 49, of Quincy, the long-time, respected head of Social Services for South Cove Manor Nursing and Rehabilitation Center in Quincy, died peacefully in the afternoon of Oct. 11, 2023 at Brigham and Women's Hospital surrounded by the love, comfort and care of her adoring family and many friends after unexpectedly falling ill.

Born in Ho Chi Minh City, Vietnam, Cydney made Quincy her home and it is here that she married and started her family. Her unimaginable loss leaves behind a large void, and she will be sorely missed by her many relatives and friends.

Cydney was the devoted wife of Jing Sen "Sam" Huang and the beloved mother of Oceana "Oshi" Huang, Oreana "Ori" Huang and Haley Huang of Quincy. Dear sister of Jennifer Dang of Boston, Tommy Dang of Dorchester and Kenix Dang and her husband Eric Wu of Braintree. Loving aunt of Brandon Wu, Breana Wu, Jessica Nguyen, Jenny Nguyen and Jackie Nguyen. Cherished daughter of To Dang and Lua Thi Le of Quincy.

Relatives and friends are



CYDNEY DANG

cordially invited to attend her Visitation with traditional Chinese rites on Friday, Oct. 20, 2023 from 9:00 a.m.-12:00 p.m. at The Tirrell Room (Hamel-Lydon), 254 Quarry St., Quincy. Funeral procession will depart at 12:30 p.m. with a graveside service and interment at Blue Hill Cemetery, Braintree.

In lieu of flowers, please consider a contribution to Cydney's Go-Fund account in support of her three daughters' higher education needs by visiting gofundme.com/f/huang-girls-education-fund-in-lieu-of-flowers.

Funeral arrangements under the care of Hamel-Lydon Chapel. Relatives and friends are encouraged to leave online condolences on hamellydon.com.

Edward P. Paccioretti, 80

Edward P. Paccioretti, 80, of Quincy, died on Oct. 11, 2023.

The beloved husband of 53 years to Alice M. (Cao-belli) Paccioretti of Quincy. Ed was the dear companion of his beloved dog the late Cooper. Brother of Joseph C. Paccioretti, Jr and his wife Cathy. Uncle of Joseph C. Paccioretti, III QPD and his wife Colleen, Gerald J. Paccioretti, Steven E. Paccioretti and his wife Maryellen. Great Uncle to Shane, Anthony, Sophia and Maria. Brother in Law of Paul Cao-belli, Mary Campbell and Ann Anderson.

Retired employee of General Dynamics and more recently Operations Supervisor of Norfolk County Probate Court.

Ed will be remembered as a true gentleman and a good friend to everyone. He was a blessing to everyone who knew him and he will be sadly missed.

Visiting hours were held



EDWARD P. PACCIORETTI

Tuesday, Oct. 17, in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:15 a.m. on Wednesday prior to the Funeral Mass in St. Mary's Church, Quincy at 10 a.m. Burial in Blue Hill Cemetery, Braintree.

Donations in memory of Edward may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105. See www.Keohane.com for directions and online condolences.

Mary C. Oliveri, 90

Mary C. (Ventosi) Oliveri, age 90, a lifelong resident of Quincy, died peacefully, Wednesday, Oct. 4, 2023 at South Shore Hospital, surrounded by her loving family.

Mary was born in Quincy, to the late Dominic and Alice M. (Jolly) Ventosi. She was raised and educated in Quincy.

Mary was a proud homemaker and loved family gatherings. She was devoted to her children and especially to her cherished grandchildren and great granddaughter.

She enjoyed traveling, playing Bingo, trips to the casino with family and friends, and crocheting.

Beloved wife of the late Anthony M. Oliveri.

Devoted mother of Toni "Candi" Oliveri of Quincy, Sally O'Sullivan and her husband Bryan of Ky., Mary Sanders and her husband Robert of Fla., Michael Oliveri and his wife Kimberly of Quincy, and Tracee Oliveri of Quincy.

Loving grandmother of Kelly-Ann and her husband



MARY C. OLIVERI

Jeff, Toni and her husband Austin, and the late Michael A. Oliveri.

Cherished great grandmother of Madeline.

At the request of the family, services were conducted privately at Pine Hill Cemetery, West Quincy.

For those who wish, donations in Mary's memory may be made to the charity of your choice.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Rev. Daniel M. Graham, 79

Rev. Daniel M. Graham, age 79, of Quincy, passed away, Sunday, Oct. 8, 2023 after a long illness.

Father Graham was born in Cambridge. Raised and educated there, he was a graduate of Saint Mary's High School, Class of 1962. He entered the seminary in 1962 and was ordained a priest in 1970.

Father Graham later earned a Master's degree in Religious Education from Boston College.

During his career, he served in several parishes including many years in Quincy.

Beloved son of the late Maurice J. and Mary C. (McEachern) Graham.

He was the brother of the late Margaret L. Bradlee and is survived by several nieces, nephews, cousins, and their families.

Funeral arrangements



REV. DANIEL M. GRAHAM

were private.

For those who wish, donations in Rev. Graham's memory may be made to Father Bill's and Mainspring, 430 Belmont St., Brockton, MA 02301.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com.

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NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.



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THIS NEWSPAPER

Healey: Emergency Family Shelter System Will Reach Capacity By End Of Month

Governor Maura Healey on Monday announced, by the end of October, the state will no longer be able to add additional units to its emergency shelter system for families experiencing homelessness.

For months, the state's emergency family shelter system has been expanding at an unsustainable rate to meet rising demand driven by increasing numbers of newly arriving migrant families and slower exits of families in long-term emergency shelter stays. The state will not be able to accommodate more than 7,500 families, or approximately 24,000 individuals, and will likely hit this number by the end of the month.

As of Oct. 16, there are nearly 7,000 families with children and pregnant women in emergency shelter, including newly arrived migrant families and long-time Massachusetts residents. About half of the individuals in emergency shelter are children.

Gov. Healey also announced several actions that her administration is taking ahead of this next phase of the emergency shelter system, including appointing Lt. Gen. L. Scott Rice as Emergency Assistance Director and prioritizing helping families who have been in shelter long-term to exit into more permanent housing options.

"For months now, we have been expanding shelter

capacity at an unsustainable rate to meet rising demand. Despite the heroic work of public officials, shelter providers and the National Guard, we have reached a point where we can no longer safely or responsibly expand," Healey said. "Lt. General Rice has extensive experience leading large scale emergency management operations, and we are confident he is the right person to lead us through this new phase of the emergency shelter system. We will continue to help families exit shelter and move into more permanent housing options, connect those who are eligible with work opportunities to support their families, and advocate for the federal government to step up and address this federal problem."

Beginning Nov. 1, the state will no longer be able to add new shelter units. At this time, families seeking shelter will be assessed and those with high needs, such as health and safety risks, will be prioritized for placement. Families who are not immediately connected with shelter will be placed on a waiting list.

The state will be bolstering efforts to assist families with transitioning to stable housing, including assessing families who have been in shelter long-term — over 15 months — and prioritizing helping them exit the shelter system, which is intended to be a short-term, emergency option. The administration will be expanding support for rapid rehousing and rental assistance initiatives, such as HomeBASE, to support these transitions. The HomeBASE program helps eligible homeless families pay their first/last month's rent and security deposits, moving expenses, stipends to help with ongoing housing costs, and other costs that can help families stabilize an existing housing situation or stably rehouse. The state is also calling on the federal government, faith-based organizations and other non-government organizations to help support homeless families.

Other services will still be provided for families seeking emergency shelter, including at the Family Welcome Centers. Families will be assessed for basic needs and offered the opportunity to apply for public benefits through the Department of Transitional Assistance, receive necessities including diapers, hygiene products, and formula, and be referred to community-based resources.

A key piece of helping families move out of shelter is connecting them with jobs. With the business community asking for assistance filling open jobs across the state, the administration has launched two new programs to get shelter residents working.

The first is a partnership with Commonwealth Corporation Foundation to develop a new job skills training program to connect businesses to individuals in shelter who are still waiting for their work authorization but looking to gain on-the-job training and skills development. This new program is beginning as a pilot, starting with Salem but with interest in building business partnerships in other shelters and communities over time.

The second program connects MassHire Regional Workforce Boards and careers centers to shelters statewide with the goal of assessing skills and work readiness of residents who have their work authorization. The initial phase of this new program is focused on 14 shelter sites across the state, representing approximately 1,500 families.

The program is already showing results. MassHire South Shore is working with Dunkin Donuts to fill 30 employment openings and coordinating with Plymouth Area

Coalition shelter provider to connect shelter residents to jobs. MassHire North Central started working with a local shelter that connected one individual with employment at a retail store in Leominster.

Both programs are looking for employers and businesses who want to be partners in these efforts that will help them meet their workforce needs. Interested employers and businesses should contact LWD-Businessinfo@mass.gov.

These new program builds on the four prongs of legal services work the administration has been conducting for months in shelters:

In July, the administration launched the Immigrant Assistance Services (IAS) Program led by the Massachusetts Immigrant and Refugee Advocacy Coalition (MIRA). The IAS program currently operates largely in staffed shelters, assisting with case management and work authorization, asylum, and Temporary Protected Status applications.

In September, the administration launched additional legal aid services led by resettlement agencies. This program focuses on new arrivals who, because of recent changes in federal policy and because these families entered at the border using the CBP app, can immediately apply for work authorization.

On Oct. 17, the administration launched a Pro Bono Program with immigration organizations to provide services for more than 100 families at large shelters and

In late October, the administration will also begin contracting with five legal services agencies to provide services in 25 shelter sites across the state.

The United Way Migrant

Relief Fund also supports the essential needs of migrant families, including temporary accommodations, food, clothing, diapers, hygiene items, transportation, health screenings, translation services, ESOL classes and legal assistance. The fund has raised \$1.2 million since it was launched in August. More information can be found at unitedwaymassbay.org/migranrelief.

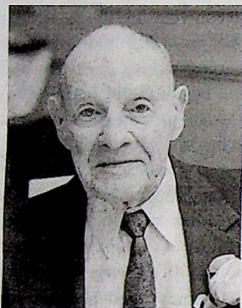
Gov. Healey has made multiple requests to Department of Homeland Security Secretary (DHS) Alejandro Mayorkas for federal funding and improvements to the work authorization process. She was joined by others from the Attorney General, the State Legislature, the Mass. Business Association, the Boston Archdiocese, and the Association of Independent Colleges and Universities in Massachusetts. The Governor also conveyed these requests in meetings with the White House Chief of Staff last week and with Secretary Mayorkas in August, as well as a request for the federal government to stand up a congregate care site. Last week, a DHS consultant team visited Massachusetts to evaluate the situation, holding extensive meetings with administration officials over two days and visiting shelters and a Family Welcome Center.

Through its 1115 waiver, MassHealth is requesting federal funding for up to six months of temporary housing assistance and other supports for families and pregnant individuals, including newly arrived immigrants, who are enrolled as MassHealth members, in emergency shelter. These supports include case management and referrals to medical, social, and educational services.

OBITUARY

James V. Ryan, 97

James V. Ryan of Braintree passed away on Friday, Oct. 13, 2023, at the age of 97. James was born, raised and educated in Quincy. James was a WWII Veteran for the United States Navy. He worked in Quincy Public Schools as a custodian for over 30 years. James was a long time member of Morrisette Post 294.



JAMES V. RYAN

James was the beloved husband of the late Bernice M. (Callahan) Ryan; loving father of Maureen P. Benner and her husband Wayne of Braintree, Michael Ryan and his wife Nancy of Plymouth, John M. Ryan and his wife Cheryl of Marshfield, Thomas P. Ryan and his wife Maryrita of Norwood, Nancy A. Pratt and her late husband Stephen of Braintree; dear brother of the late Richard Ryan, John Ryan, Anna (Ryan) Crandall, Gerald Ryan, and Robert Ryan. James is also survived by 16 grandchildren and 19 great grandchildren.

James was proud of his family and their accomplishments. He was honored to be called Papa Jim by his grandchildren and great grandchildren. He looked forward to hosting

family holiday events especially St. Patrick's Day as he was well known for his delicious corned beef and cabbage. James was well respected by his neighbors and friends. He was an avid sports fan and enjoyed following local high school sports teams. James took great pride in coaching Little League Baseball for a number of years.

Family and friends are invited to visiting hours on Thursday, Oct. 19th, from 4 to 7 p.m. at the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center. On Friday there will be a gathering at the Funeral Home at 9:30 a.m. prior to a Funeral Mass at 10:30 a.m. at St. Mary's Parish and Cemetery, 115 Crescent St., WestQuincy.

Burial to follow at St. Mary's Cemetery.



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Irish Cultural Centre Boston Irish Beer Festival Saturday

This Saturday, Oct 21st from 11:30 a.m. to 10 p.m.,

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

NORFOLK DIVISION
Docket No. NO21P2135PM
SALE OF REAL ESTATE - CONSERVATOR

To all persons interested in the estate of Louis A. Garceau of Quincy in said County of Norfolk, a mental ill person under conservatorship;

A petition has been presented to said court for license to sell at private sale, certain real estate of said Louis A. Garceau for maintenance.

If you desire to object thereto you or your attorney should file a written appearance in said court at Canton before ten o'clock in the forenoon on the 15th day of November, 2023, the return day of this citation.

Witness, Patricia A. Gorman, Esquire, First Judge of said Court, this day 12th day of October, 2023.

COLLEEN M. BRIERLEY
Register of Probate

10/19/23

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO23P2258EA Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Robert E. Moran
Also Known As:
Robert Edward Moran
Date of Death:
07/13/2023

To all persons interested in the above captioned estate, by Petition of:

Petitioner Kevin J. Moran of South Weymouth, MA. a Will has been admitted to informal probate.

Kevin J. Moran of South Weymouth, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/19/23

The Irish Cultural Centre ("ICC") of Greater Boston will host the 4th Annual Boston Irish Beer Festival.

The event will take place throughout the 46-acre campus of the ICC at 200 New Boston Dr., Canton, featuring live music from local

Irish music on the festival's two stages. Attendees will have the opportunity to enjoy traditional Irish dishes such as Guinness Stew and fish and chips, as well as several Irish pours such as Guinness, Magners, and O'Hara's.

The Boston Irish Beer

Festival will be fun for the whole family. Throughout the day, there will be various vendors offering kid-friendly activities such as face painting, a petting zoo, arts and crafts, and Viking performances. The Battalion, the official street team of the New England Revolution, will be in attendance, as well as the Revolution's mascot, Slyde, who will be at the event for photo opportunities. Vendors such as Mulligan Gear, Kendra Scott, and JTC Jewelry will also host featured booths at the event for browsing and shopping.

"The previous three Boston Irish Beer Festivals have been such a success in years past, and this year is slated to be the best and biggest festival yet," said ICC Executive Director Jerry McDermott. "We're looking forward to a day filled with family and fun across the vibrant ICC campus highlighting terrific musicians, delicious food, and a wide-ranging selection of Irish excellence."

Tickets are available to purchase via the ICC website. Tickets cost \$30 for non-members and \$25 for members if purchased online in advance. Children under 12 can attend the event for free. Tickets will be available for purchase the day of the event for \$35. Each ticket purchased will include 5 beer samples for attendees over 21, as well as access to all of the events and performances throughout the day.

READERS FORUM MORE ON PAGE 37

Mahoney Supporter: 'Here Are The Facts'

Here are the facts. By now, we know Councillor-at-Large Anne Mahoney has been a strong advocate for financial accountability regarding spending of taxpayer dollars. Under the Koch administration the city debt per person according to the MA Department of Revenue has risen from \$3,384 per person in 2021 to \$9,031 per person in 2022. Debt service has risen from 8.67 percent to 12.55 percent in 2022. According to S and P, Quincy's bond rating dropped from AA+ to AA. This means it costs the city more to borrow money.

With that in mind, let's remember that according to articles published in The Ledger, NBC and AP online news, an employee of Quincy's pension fund wrongly sent \$3.5 million of taxpayer funded pension money to an email scammer. The theft was not initially disclosed as part of a request from Mayor Koch to approve a request to the council for a \$450 million bond purchase to fund city pensions. The funds have yet to be recovered pending publication of the results of the investigation by authorities. In the meantime, existing monies investing can grow, however no new investments that may produce a greater yield can be done. Councillor Mahoney knows this, and fights for savings at every turn as the bills come due, using her financial and marketing background. Under her administration, taxpayer monies will be treated with the same consideration that you use in your household spending. City spending and finances will be available on line so you will know where your hard earned money goes. An audit of finances will be done at the beginning of her administration and be made public. If Councillor Mahoney has voted against a mayoral proposal it has been due to lack of facts and figures requested and not forthcoming by the mayor.

It is understandable that many city employees and their families are concerned about their future under a new administration. Residents are concerned about the affordability of staying in their homes. It is only by having fiscally responsible mayor that we can preserve the benefits of living and for some, working in Quincy. We now have a worthy opponent in the election for mayor. Before casting your confidential vote for a 21st century administration, please become informed by looking at Anne's plan at votemahoney.com.

Jeanne King
Quincy

PUBLIC NOTICE

NOTICE OF TIER CLASSIFICATION

Commercial Property
180 Old Colony Avenue, Quincy MA
Release Tracking Number (RTN) 3-37700

A release of oil and/or hazardous materials has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E, § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. To evaluate the release, a Phase I Initial Site Investigation was performed pursuant to 310 CMR 40.0480. The site has been classified as TIER II pursuant to 310 CMR 40.0500. On October 13, 2023, the City of Quincy filed a TIER II Classification Submittal with the Department of Environmental Protection (MassDEP). To obtain more information on this disposal site, please contact Kevin A. Doherty, Knoll Environmental, 95 University Avenue, Suite 2340, Westwood, MA 02090; ph 781-449-1566.

The Tier Classification Submittal and the disposal site file can be viewed at MassDEP website using Release Tracking Number (RTN) 3-37700 at

<http://public.dep.state.ma.us/SearchableSites2/Search.aspx> or at MassDEP, Northeast Regional Office, 150 Presidential Way, Woburn, MA 01801; ph 978-694-3200. Additional public involvement opportunities are available under 310 CMR 40.1403(9) and 310 CMR 40.1404.

10/19/23

Legal Notices for Publication

Should be emailed to:

quincysunsubs@gmail.com
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thequincysun@verizon.net

Need more information?
Call 617-471-3100

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME Docket No. NO23C0093CA Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

In the Matter of:

Latasha Octavia Jones
A Petition to Change Name of Adult has been filed by

Latasha Octavia Jones of Quincy, MA

requesting that the court enter a Decree changing their name to:

Danni Tichell Debaris

IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 11/08/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 2, 2023
COLLEEN M. BRIERLEY
Register of Probate

10/19/23

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO23P2674EA Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Ernest R. Norton
Date of Death:
06/26/2023

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Edward Norton of Brockton, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Edward Norton of Brockton, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/08/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 4, 2023
COLLEEN M. BRIERLEY
Register of Probate

10/19/23

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO23P2799EA Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Xi Nan Li
Date of Death:
08/04/2023

To all interested persons: A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Li Qing Zhao of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Li Qing Zhao of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/15/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 10, 2023
COLLEEN M. BRIERLEY
Register of Probate

10/19/23

Lead Abatement Priority For Quincy Water Dept.

As part of state and federal guidelines, the Quincy Water and Sewer Department regularly samples water from the small number of remaining homes in Quincy believed to have lead or lead-lined pipes as part of their private service lines into the house. The latest round of testing found that 3 of the 20 homes tested had lead levels that exceeded thresholds requiring public notification.

Those homes that tested above those thresholds (18 parts per billion versus the accepted 15 parts per billion) have been notified, and the City will replace their lead service lines at no cost to the homeowners as it has done as part of a broader lead abatement program dating back a number

of years.

There is no action necessary by any Quincy water customers, as less than 1 percent of homeowners are believed to have lead water service lines. Water is lead free when it leaves Massachusetts Water Resources Authority facilities, and the City's water mains do not contain lead.

In 2016, the City performed an extensive review of its Public Works records to develop a spreadsheet of addresses where lead services existed, were likely, or where the water service pipe material was unknown.

A field crew inspected each suspect water service at the meter, and the City initiated a public information campaign to inform property owners of the pro-

gram, including: community meetings, website information, public information displays, letters targeted to suspect homes, translated information letters, and certified mail letters with participation agreements.

During that process, 285 lead service lines were identified and the City was able to replace 206 of them, winning an Outstanding Performance and Achieve-

ment Award from the Massachusetts Department of Environmental Protection and recognition from Clean Water Action. The City continues to work with - and advise - remaining property owners with identified lead service lines to have them replaced. Outside of that program, the City identifies lead service lines most often when investigating water leaks at homes.

To date, the City believes around 350 private water service lines have been replaced, and eight years ago, the City's Public Buildings Department separately completed a multi-million dollar effort to replace remaining water fountains and sinks in the City's schools that had elevated levels of lead.

"Lead abatement is a huge priority for our Water Department, and while

these lead service lines do still exist, there aren't many and we continue to make progress toward our and the MWRA's goal of zero lead," said Department of Public Works Commissioner Al Grazioso.

For more information, residents can contact Mark Vialpando at 617-376-1955 or mvialpando@quincyma.gov.

Koch, Mahoney Mayoral Debate

Cont'd From Page 17

Koch said the members of the city's boards, all volunteers, all do a good job.

"Whether it's Planning Board, Zoning Board, Conservation, Park and Rec. Board, Cemetery Board and a number of commissions, these people do give it their all, so first of all I want to thank them. I don't think the system is broken. I'm certainly open," he said, adding that members of the housing authority board are already confirmed by the City Council.

"As far as the mention of taking money from developers, I take donations from folks at all levels, including 130 small business owners in Quincy," Koch continued. "Contractors, engineers, citizens, firefighters, police officers, even teachers have donated to my campaign, and I'm very, very proud of that. We follow the rules and guidelines by the Office of Campaign and Political Finance and that's very transparent - you can go online and check it at any time. I am certainly open to discussing with the City Council if they wish to make some changes; it would be a change to the charter, which would require legislative approval."

Koch was next asked about the Quincy Education Association's decision to endorse Mahoney in this year's election when the teachers' union had backed him in the past.

Koch said the city's teachers' union is following the lead of the Massachusetts Teachers Association.

"I've enjoyed the endorsement of the teachers' union six out of my seven elections. What has changed? The leadership of the QEA has changed," Koch said. "What I'm proud of is the police and firefighter unions, every one of them get a vote on who they want to endorse. The teachers' union is made by four officers at the upper level. I believe the teachers' union has been led by the MTA, which has a very strong political agenda, and that's unfortunate."

Mahoney said the QEA had been fighting for a parental leave policy on par with what other unions already had.

"I'm very, very proud of the endorsement of the Quincy Education Association. What they were fighting for was something that's so basic and everybody has the right to, even in the private sector, and that was the right to stay home with their children when they have babies or they adopt a child," Mahoney said. "Before this contract, they could stay home for six weeks using their sick leave. What was different was the police and the fire could use 12 weeks of their sick leave, so it was not equitable."

For the next question from the reporters, the candidates were asked about the future of Quincy College, which is currently owned by the city.

Mahoney said she wants Quincy College to become part of the state's community college system and she does not want the city to be on the hook for a new home for the school.

"The taxpayers of the city of Quincy are paying for that college. Eighty percent of the kids that go to that college do not reside in Quincy. I didn't realize how rich the city of Quincy was. I know how hard people are struggling to stay in our city. The right place for Quincy College, which was when it was developed years ago, was to be part of the state system, but it hasn't become that. Instead it's become a place where a lot of people have jobs and a lot of kids are not getting what they expect to be getting," Mahoney said.

"We know there's an education cliff. In the whole country we know that. Colleges are going out of business that don't have endowments. The reality is if we build that building for Quincy College, we'll be paying for it forever, and we should be working with the state for it to become part of the state program."

Koch said that while colleges are under duress, Quincy College serves a

unique purpose and should remain for a long time.

"I certainly don't want to see the college go away. In fact, if you coupled it with the state system - it was talked about many years ago - the state would just close it and suggest you go to Massasoit or UMass Boston, so the city would lose that Quincy College in the heart of Quincy Center," Koch said.

"I also think it brings vibrancy to Quincy Center and certainly adds to the whole experience of people enjoying the stores and restaurants as well. I'm proud of the work of Quincy College. The college is a commuter school for the most part, that's why a location right near the Red Line makes so much sense...If we go down this road that Quincy College is permanently in a building there, then the college would pay the rent on it, which would pay the debt service on the building."

Koch was also asked if he planned to reconstitute the Quarry Hills Advisory Committee by the end of the year. The City Council on Oct. 2 had approved a resolution, introduced by Mahoney, calling for the restoration of that committee by mid-December.

Koch said he would be open to reestablishing the advisory committee.

"The advisory committee's primary role when it was first established was through the construction of the Quarry Hills and then as the Quarry Hills finished up and began to operate on a regular basis there weren't any issues really at hand and it kind of dissolved a number of years ago. But I'm certainly open to reconstituting it, absolutely," he said. "I also think we have a very good Park and Recreation Board, that maybe they could take a larger role in the oversight of the Quarry Hills lease as well."

Koch added that the O'Connell Company turned a dump into an asset for the city that includes both Granite Links and nearby ballfields.

"We were paying

\$250,000 a year to provide a leachate system for the dump. Now we have an incredible asset up there that the public enjoys, and the city enjoys in the revenue of that," Koch said.

"Now that lease was signed by previous mayors, but I am very confident that that facility for many years to come is going to continue to provide incredible recreational opportunities as well as providing a robust revenue source each and every year, which we've used for DPW related items."

Mahoney said she believes it is important to reestablish the advisory committee.

"We wouldn't probably have known half the things that we know are going up at Quarry Hills had the 99-year lease not come before us. Items such as the budget. When we asked for an audit of that, we haven't had an audit. They still haven't produced an audit. They had to go out and hire somebody to do an audit after they put the 99-year lease in front of us," she said.

"In 2015, the mayor unilaterally made a decision about the golf carts. The city of Quincy were getting 10 percent of the revenue off the golf carts. Well, I guess the golf carts were costing too much and instead of having the golf carts revenue coming to the taxpayers of the city of Quincy, we have that coming as a gift in-kind to be able to have events for the mayor up at Granite Links. That's not a good deal for the city of Quincy. That's why we need the oversight there. The 99-year lease is not over. It can come back at any time, and what we really need to do is understand what's happening."

The Oct. 12th debate at Quincy High School was the second time the mayoral candidates debated each other in an event organized by Quincy Access Television. QATV's first debate was held on Sept. 25. The two candidates also spoke at a forum organized by the Quincy Democratic City Committee on Sept. 29.

'Suits for Success'

Cont'd From Page 10

the Brockton VA Medical Center. I thank all those who donated to our 'Suits for Success' program, and I hope other local residents and businesses will consider making a clothing donation. The program is truly needed, and it's a great resource for the community," O'Donnell said.

The VA Boston Healthcare System's mission is to offer options for timely, quality services for Veterans through care and respect for their physical, psychological, and spiritual health.

"We've learned over the last decade that programs like 'Suits for Success' work," O'Donnell said. "This program has given many people the confidence to take the next step in their lives, and if we can help even one veteran achieve this goal, it's worth it."

The Brockton VA accepts clothing donations to help provide Veteran patients with things to make their hospitalization and outpatient treatment more pleasant, with the goal of helping to build strong and healthy communities.

"Some people may not realize that when it seems like someone doesn't want to find work, it may actually be because they don't feel sufficient or good enough to go out there and persevere a job, and maybe a suit like this could be that thing that helps them feel good about themselves and gives them the confidence to get that job," said Rozniewski. "Donations like this from people mean the world to veterans who may feel like they have been forgotten."

Since the Registry started the "Suits for Success" program in February 2009, it has collected more than 9,500 articles of clothing.

"If veterans are not spending the money on a suit because someone was kind enough to donate one, they can put that savings towards supporting their families, better securing a place to stay, or food; it's one less expense that they would need to worry about," said Rozniewski.

The "Suits for Success" program, developed by Register O'Donnell, partners with groups like Interfaith Social Services of Quincy, Father Bill's & MainSpring of Quincy, the Veterans Affairs Boston Healthcare System Voluntary Service Program, Circle of Hope in Needham, United Parish's Thrifty Threads, Suits and Smiles in Jamaica Plain, and InnerCity Weightlifting on our 'Suits for Success' program to assist those who are in need of clothing as well as household items. The mission of "Suits for Success" is to collect donations of suitable clothing to be distributed to individuals who may need appropriate attire for employment interviews.

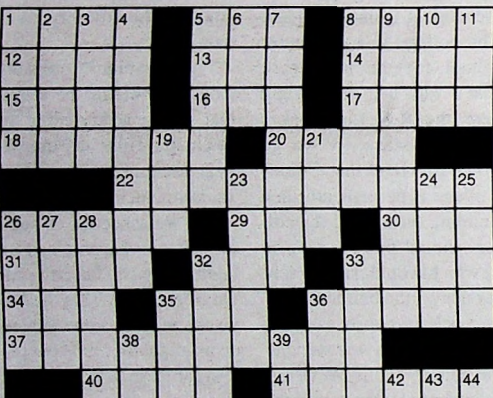
"Whether it's through volunteering, donating, or simply showing gratitude and respect, we can all play a role in helping veterans reclaim their lives," said O'Donnell. "I am honored to deliver these donations on behalf of the many people who contributed to the 'Suits for Success' program and to be part of this effort to put these veterans on the path to success and ultimately help them achieve self-sufficiency."

Individuals interested in joining the VA's Adult Volunteer Program can find more information at the VA Boston Health Care website at <https://www.va.gov/boston-health-care/work-with-us/volunteer-or-donate>.

SUN FUN PAGES

King Crossword

- ACROSS**
- Apple tablet
 - Dispensed candy
 - 1980s Chrysler line
 - bene
 - King, in Cannes
 - British noble
 - Diner employee
 - Gerund ending
 - Pub potables
 - Candy bar nut
 - Stoic philosopher
 - Baseball film starring Robert Redford
 - Kathmandu's land
 - Census stat
 - Chemical suffix
 - Exploits
 - LPs' successors
 - Air outlet
 - de mer
 - Before
 - Rodeo rope
 - Baseball film
- DOWN**
- Bygone
 - Betting group
 - Teensy bit
 - Stately duo?
 - A deadly sin
 - Long time
 - Slaloms
 - Reeves of "Speed"
 - Dieters count them
 - "Right you —!"
 - "Kidnapped" monogram
 - Stanley Cup org.
 - Paris summer
 - Consumer crusader Ralph
 - Curry and Landers
 - Jared of "Panic Room"
 - Feeling no pain
 - Birchright bartender
 - Helter-skelter
 - Squad car
 - Dracula, for one
 - College URL ender
 - Vegas lead-in
 - Minnesota's 10,000+
 - Custom
 - List-ending abbr.
 - First bed
 - Emmy-winning Daly
 - Zing
 - "Xanadu" band
 - Ms. Thurman



MAGIC MAZE • DOUBLE LETTER ANIMALS

X E B Y V R O L I F C Z W T B
 Q N K I F C B U T T E R F L Y
 Z T Y R A N N O S A U R U S W
 U R P M M J H E E C Z E X U S
 Q N L J R G N E E C G T Z C X
 V T R P N O L J B I H T O E C
 A Y W V O T W T L Y R O P N L
 K I G C E T C L P S T B Z X W
 U S C R P U A P L O M T L J I
 G A E D B M U E S O P P I H A
 R E D D A P E N O O B A B K Y

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: INSECT THAT FLUTTERS BY

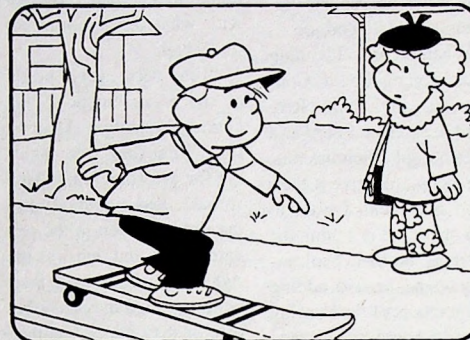
- | | | | |
|-----------|----------|-------|---------------|
| Adder | Bollworm | Kitty | Puppy |
| Baboon | Coot | Llama | Raccoon |
| Bees | Eels | Mutt | Tyrannosaurus |
| Blue gill | Hippos | Otter | |

HOCUS-FOCUS

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Fence is smaller. 2. Number 9 is missing. 3. Hat is different. 4. Bag of groceries is missing. 5. Hat is different. 6. Button strip is missing. 7. Arm is moved. 8. Bag of groceries is missing.

Trivia test

- U.S. STATES: Which state is home to the Girl Scouts, founded by Juliette Gordon Low in 1912?
- MOVIES: Which 1990s movie features a character named Jack Dawson?
- ART: Who painted the Sistine Chapel ceiling?
- ASTRONOMY: Which U.S. astronaut wrote his daughter's initials on the moon?
- GEOGRAPHY: What is the capital of Australia?
- HISTORY: In which year was Korea divided into two occupation zones that would become North and South Korea?

- U.S. PRESIDENTS: How many presidents were elected in the 1950s?
- Which 20th-century novel features a character named Holden Caulfield?
- TELEVISION: Queen Latifah stars in which 1990s TV sitcom?
- ANIMAL KINGDOM: What is the largest species of shark?

Answers

- Georgia.
- "Titanic."
- Michelangelo.
- Gene Cernan.
- Canberra.
- 1945.
- One — Dwight Eisenhower.
- "The Catcher in the Rye."
- "Living Single."
- The whale shark.

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Wishing Well®

3	8	7	3	6	8	2	8	3	5	4	3	7
S	T	T	E	O	I	L	M	C	B	E	R	H
3	8	7	5	8	4	8	4	8	6	3	4	8
E	E	E	E	F	X	O	P	R	P	T	A	Y
2	4	7	6	5	2	7	5	7	3	5	2	5
O	N	S	E	S	O	U	E	N	A	N	K	S
7	5	7	3	2	4	8	7	8	6	7	4	3
S	I	H	D	T	D	O	I	U	N	N	L	M
8	6	5	7	2	5	8	5	4	7	6	3	8
R	Y	B	E	O	L	S	E	E	S	O	I	E
7	3	7	4	7	8	2	7	3	6	3	4	7
O	R	N	A	Y	L	S	O	E	U	R	R	U
8	4	2	4	6	4	6	4	6	2	6	2	6
F	N	E	I	R	N	M	G	I	L	N	F	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Salome's Stars

- ARIES** (March 21 to April 19) Some flashes of Aries ire might erupt as you confront an unusually bewildering situation. But you should be able to keep your temper under control as you work through it.
- TAURUS** (April 20 to May 20) That marriage twist the arts and practicality that Taureans excel at once again highlights your enjoyment for much of the week. However, you need to watch any sudden urge to splurge.
- GEMINI** (May 21 to June 20) Even with all the pluses apparently outweighing the minuses, you still might want to defer an important decision just to make sure you have all the facts that you need.
- CANCER** (June 21 to July 22) One or two problems might threaten to derail smoothly running situations at work or at home. But a few well-placed words should help get things back on track quickly.
- LEO** (July 23 to August 22) This could be a good time for all you Leos and Leonas in the spotlight to open up your generous Lion's hearts and share the glory with those who helped you accomplish so much along the way.
- VIRGO** (August 23 to September 22) Before investing time or money (or both) into a questionable matter, you might want to get advice from someone with expertise who knows these situations better than you do.
- LIBRA** (September 23 to October 22) Be careful how you handle a workplace matter that seems out of place in the schedule you've prepared. Before you act in one way or another, find out who set it up and why.
- SCORPIO** (October 23 to November 21) Your entertainment aspect is strong this week. Besides providing a wonderful break from everyday obligations, sharing fun times with others brings you closer to those you care for.
- SAGITTARIUS** (November 22 to December 21) Having a weekend fun fest? Your friend or relative who's down in the emotional dumps could perk up if you find a way to include them in your plans.
- CAPRICORN** (December 22 to January 19) If you're in one of those "Goat knows best" periods, you might want to ease up and try listening to what others have to say. You could learn something.
- AQUARIUS** (January 20 to February 18) That new challenge is getting closer, and you should be out there now showing facts and figures that can help persuade potential allies to rally to your support. Good luck!
- PISCES** (February 19 to March 20) Getting a head start on holiday plans could help free up some time later to spend on other projects. Meanwhile, a colleague has some ideas that you might find worth discussing.
- BORN THIS WEEK:** You are always there for others, but sometimes you need to be reminded that you need to be there for yourself as well.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: C equals K

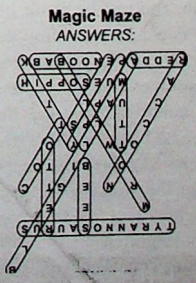
LNNC WLNYQ W VFJYIAWO
 DWUAJWI CAZUEND AZ SPAJP
 QPF WQDNBVPFOF PWB LFFZ
 EFVIFQFE:

"WAOIFBB AZ SNZEFOIWZE."

King Crossword — Answers

Solution time: 25 mins.

3	8	7	3	6	8	2	8	3	5	4	3	7
S	T	T	E	O	I	L	M	C	B	E	R	H
3	8	7	5	8	4	8	4	8	6	3	4	8
E	E	E	E	F	X	O	P	R	P	T	A	Y
2	4	7	6	5	2	7	5	7	3	5	2	5
O	N	S	E	S	O	U	E	N	A	N	K	S
7	5	7	3	2	4	8	7	8	6	7	4	3
S	I	H	D	T	D	O	I	U	N	N	L	M
8	6	5	7	2	5	8	5	4	7	6	3	8
R	Y	B	E	O	L	S	E	E	S	O	I	E
7	3	7	4	7	8	2	7	3	6	3	4	7
O	R	N	A	Y	L	S	O	E	U	R	R	U
8	4	2	4	6	4	6	4	6	2	6	2	6
F	N	E	I	R	N	M	G	I	L	N	F	D



CryptoQuip answer
 Book about a peculiar magical kingdom in which the atmosphere has been

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Another movie legend Michael Caine announced that he's "sort of" retired! He explained that when shooting his last movie "The Great Escaper" (with the late, great Glenda Jackson), he was provided a walking cane that was incorporated into his character, but could only give them one take of each shot. "I'm bloody 90 now," he remarked.

Among his greatest films spanning his filmography of more than 100 movies were "Sleuth" (1972); "Educating Rita" (1983); "The Cider House Rules" (1999); "The Dark Knight" (2008); and the classic that started it all – "Alfie" (1966). When asked how he would like to be remembered, Caine replied, "For the fact that I remained an actor all my life, and I never went into anything else. I never left; I never wanted to leave." Back in 1984, I was once hired by disaster film producer Irwin Allen ("The Poseidon Adventure" and "The Towering Inferno") to photograph the comic greats he brought together – Milton Berle, Bob Newhart, Red Butters, George Burns, Danny Thomas, Dan Rowan, Dick Martin, Steve Allen and Sid Caesar – who gave Caine a crash course in comedy before he filmed "Blame It on Rio." It was an unforgettable, sidesplitting night with all the greats. (P.S. The film flopped!)

Seth Macfarlane has put his money where his mouth is. "The Orville" star and writer recently donated \$1 million for striking writers, as well as another \$5 million to kick off a

campaign to raise at least \$10 million for ECF (formally the Actors Fund) to attract more donors during the strikes. So far, he's donated \$7.4 million to more than 3,515 film and TV workers, assistants, grips, gaffers, lighting and sound designers, script supervisors, craft service workers, hair and makeup professionals and wardrobe people. What a family guy!

It was a close call on Sept. 24 for 89-year-old Oscar-winning legend Sophia Loren ("Two Women"), who had to have emergency surgery after falling in her bathroom. Loren had several fractures and a busted femur, necessitating the cancellation of the opening of her fourth restaurant named for her in Bari, Italy. Loren won Best Actress at the David di Donatello Awards (the Italian equivalent of the Oscars) in 2021 for "The Life Ahead."

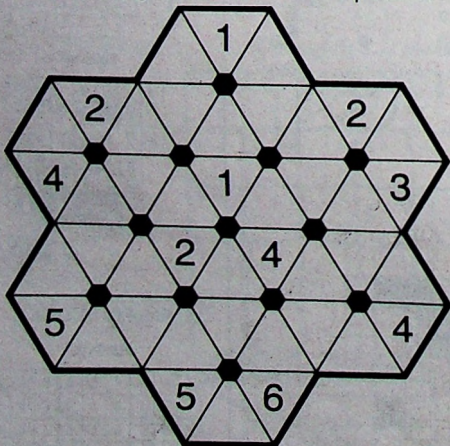
Recently, it was revealed that Chris Rock sought counseling after the famous Will Smith slap heard around the world at the 94th Oscars. Rock claimed to be humiliated in front of his daughters, parents and one of the largest audiences in TV history. It was no consolation for Rock that Smith resigned from the Academy and was banned from their events for 10 years. But Rock did have the last laugh when a year later (after not speaking of the incident initially), he was paid \$40 million by Netflix for his special "Chris Rock: Selective Outrage," with a second special to follow. Somebody slap me ... please!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★ ★

★ Moderate ★★ Difficult ★★ ★ GO FIGURE!

	-		x		7
÷		+		÷	
	+		÷		5
+		-		÷	
	-		x		9
14		7		3	

1 2 3 4 5 6 7 9 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Memento Mori – When Halloween approaches, it's time to look into the spooky side of antiques. While there are plenty of antique decorations and toys made specifically for Halloween, you can see related symbols in more everyday pieces.

Skulls in particular show up on all sorts of collectibles, from poison bottles to Victorian mourning jewelry to toy pirate ships. Memento mori objects such as jewelry, timepieces and figurines have been made since the 16th century. Latin for "remember you must die," memento mori served as reminders of the transience of life and encouragement to live virtuously. They often included skulls or skeletons as symbols.

Apparently, this style has yet to die out, as seen in this bronze paper clip with a three-dimensional skull decoration. It sold for \$625 at Rago Auctions.

Q: I have my great-great-great-grandfather's Civil War diary. He enlisted in the CSA in 1861 and was part of the 7th Texas Infantry. He was captured at the fall of Fort Donelson in 1862 and held as a POW at Camp Douglas in Chicago. He was freed in a prisoner exchange and re-enlisted. We have his papers from his unit's surrender and a diary he kept while at Camp Douglas. I'd love to donate these to a museum in Texas that would preserve them and share them with the world. Do you have any suggestions?

A: Camp Douglas opened in 1861 as a training camp for Union soldiers. The first prisoners sent there were those captured by Ulysses S. Grant at Fort Donelson in 1862. Personal diaries and letters from Civil War soldiers are

of great interest to historians. There are several museums that have collections of Civil War items. If you want to keep your great-great-great-grandfather's papers in Texas, contact the Texas Civil War Museum in Fort Worth (texas-civilwarmuseum.com) or the Historical Research Center at the Texas Heritage Museum in Hillsboro (www.hillcollege.edu/museum/Divisions.html). If there is interest in the papers, find out how they will preserve them and display them to the public before deciding where to donate them.

TIP: Put books in the freezer overnight to get rid of many types of insects.

CURRENT PRICES

- Halloween candy container, jack-o'-lantern, papier-mache, paper inserts behind eyes and grinning mouth, wire handle, 7 inches, \$65.
- Boot scraper, black cat, walking, elongated tail, cast iron, black paint, early 20th century, 16 inches, \$185.
- Steuben cocktail shaker, clear glass, rounded cylinder form, wide mouth with two pour spouts, round stopper with overhanging top, marked, 10 inches, \$370.
- Map, globe, terrestrial, J.L. & Cie, Paris, hand tinted map, papier-mache, metal stand, late 1800s, 9 x 4 inches, \$550.
- Bank, building, palace, cast iron, japanned finish, original tower, Ives, 7 3/4 x 8 x 5 inches, \$985.
- Cane, walking stick, Turk's knot handle, whale ivory, crosshatched and twist carved whalebone shaft, brass ferrule, c. 1850, 32 1/2 inches, \$2,765.

Subscribe to the Kovel's free weekly email newsletter, Kovel's Comments, at www.Kovels.com.

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STICKELERS

by Terry Stickels

If you heard someone speaking about harmattan, sirocco, foehn, levanter and pampero, he or she would be talking about:

- 1) grapes
- 2) hats
- 3) winds
- 4) fonts
- 5) stars

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Strange BUT TRUE

• There is cellphone reception at the summit of Mount Everest.

• The sport of badminton was originally called "Poona," which was played by British officers stationed in India in the 1860s.

• In the 1500s, when folks associated social class with the height of one's footwear, some shoes were so tall that the wearer required servants to help them walk. In response, many countries passed laws limiting the height of shoes, though the decrees were often ignored.

• Iguanas have two normal eyes and a third eye on their head that only detects brightness.

• First cultivated by the Aztecs, morning glories were used in divination rituals. A concoction was prepared by combining the flowers' ground seeds, which contain an ingredient with effects similar to LSD, with water, which was then drunk to produce visions.

• Auto-brewery syndrome is a

rare condition in which pure alcohol (ethanol) is produced in a person's gut after eating carbohydrate-rich foods.

• If you traveled at the speed of light, you could reach Pluto in four hours.

• Part of Manhattan's Ninth Avenue is named Oreo Way in honor of the beloved cookie, which was invented at a Nabisco factory on that street in 1912.

• You can obtain a degree in Viticulture and Enology, or the cultivation of grapes and the science of winemaking, at Cornell University.

• Humans and the galaxy share 97% of the same kind of atoms.

• The world's largest sandcastle, sculpted by a 30-person team led by Wilfred Stijger of Holland, stood 69.4 feet high and utilized 5,000 tons of sand. Stijger created it to represent the power the coronavirus held over the world and included a crown-shaped replica of the virus at its top.

Thought for the Day: "Be patient with yourself. Nothing in nature blooms all year." – Lisa Kelly

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Now here's a tip!

by Jo Ann Derson

• "I like to keep a few needles threaded with black, white and neutral thread for quick repairs. I keep them on a ribbon in my kitchen. I stuck the needles into the ribbon, then taped the ribbon at the top and bottom to the inside of the kitchen cabinet. It's handy and safe." – A.A. in Florida

• Save your old tissue boxes. They can be used to store plastic grocery store bags for easy use. They can then be stacked up and stored orderly. I use mine for garbage bags.

• "If you start now purchasing or making a gift or two each week, you could have more than a dozen Christmas presents taken care of before December even begins. It's a good way to ease the pressure on your time and your wallet." – L.S. in Indiana

• "I love to can and pickle my garden bounty, but since I give most of them as gifts, supplies can get costly. I have

found many jars at thrift stores. And I have seen seals and lids as well, on occasion. Don't forget to check them out from time to time. The jars are going to get sterilized anyway!" – E.D. in Georgia

• Looking for a way to replace eggs in a recipe? Here are some substitutes: powdered egg substitute (Ener-G brand, for example), 2 tablespoons of arrowroot powder or cornstarch; 1 banana, mashed; a tablespoon of milled flaxseed with 3 tablespoons of water.

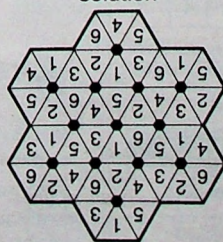
• "To keep calendar entries straight, you can use a different color highlighter for types of events or for each family member – blue for appointments, or green for kids' activities. A family calendar will help keep everyone in the loop." – A reader

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

solution



Go Figure! answers

3	7	14
6	3	6
÷	-	+
5	2	6
+	+	÷
7	7	5

Sticklers Answer
The answer is 3) winds.

Amber Waves

I KNOW WE WERE SUPPOSED TO INTERVIEW A GRANDPARENT FOR CLASS.

TEACHER SAID SHE WANTED 2 PAGES AND I ONLY DID 1 PARAGRAPH.

HOPEFULLY, SHE WILL ACCEPT IT AND GIVE ME A DECENT GRADE.

WHAT CAN I SAY? FORTUNATELY, GRANDPA IS A MAN OF FEW WORDS.

Out on a Limb

WELCOME TO PART FOUR IN OUR 12-PART SERIES ENTITLED "HOW TO GET TO THE POINT."

Americanisms

"What is straight? A line can be straight, or a street, but the human heart, oh, no, it's curved like a road through mountains."
— Tennessee Williams

Just Like Cats & Dogs

UH.... WELL, LET'S KEEP IT POSITIVE. ODDS ARE GOOD THEY ARE INSURED.

BUREAU OF MISSING PERSONS

"I wouldn't _____ her even if we did find him."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Story
BAFLE

Blame
CYDER

Coil
IWENT

Bless
NATION

TODAY'S WORD



Acid Reflux May be the Culprit in Cat's Digestive Issues

DEAR PAW'S CORNER: In regard to your recent article on a cat's constant vomiting: I had the same issue with my cat. Stella was vomiting once or twice a day for several weeks. I couldn't figure out why; there was no issue with new rugs or furniture. When they sprayed the lawns in our complex, I made sure not to track anything into the house. And Stella was an indoor cat, so she wasn't being exposed to other cats. I got her in to see her vet, who ran tests and blood work and found nothing seriously wrong. The vet said that Stella might have GERD (acid reflux), and to give her one-quarter of a 10 mg famotidine pill each day. I cut each pill into fourths and give it to her in the morning with a little treat. It works

perfectly; Stella no longer vomits repeatedly and has been doing well for the past two years. She gets a check-up every year at the vet and comes through with flying colors. Perhaps the owner could run this possibility by her vet and see what they think! — Sande G., Webster, New York

DEAR SANDE: That is certainly a possibility! Readers, be sure to check in with the veterinarian if your cat suffers from symptoms such as vomiting frequently or signs of distress after eating like excessive meowing or howling. Acid reflux is one possibility, but as Sande noted, it's important to rule out more serious conditions. Be sure to ask plenty of questions at the vet's office. Over-the-counter medications are a possibility, but keep in mind that formulations for humans contain larger dosages than a cat needs and may contain ingredients that are not great for your pets. The vet can advise you best.

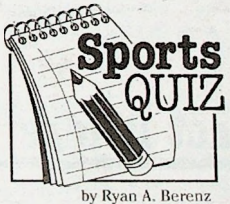
Does your cat take over-the-counter instead of prescription medications? Tell us about it at ask@pawscorner.com.

WORD LADDERS

Can you go from WARTS to LOADS in 6 words? Change one letter for each rung in the ladder.

WARTS

LOADS



1. Pro Football Hall of Famer Deion Sanders compiled a 27-6 record as head coach of what college football team from 2020-22?
2. Former NFL player Bernie Casey and Pro Football Hall of Famer Jim Brown starred in what 1988 comedy film directed by Keenen Ivory Wayans?
3. What Texas Rangers slugger was American League MVP in 1996 and '98?
4. Name the brothers who were inducted into the Basketball Hall of Fame in 1992 and '93.

5. What World Golf Hall of Famer was captain of the U.S. Solheim Cup team in 2015, 2017 and 2019?
6. Rudy Galindo won gold medals at the 1989 and 1990 U.S. Figure Skating Championships competing in the pairs competition with what partner?
7. What team selected Southern Mississippi's Clarence Weatherspoon in the first round of the 1992 NBA Draft?

Answers

1. The Jackson State University Tigers.
2. "I'm Gonna Git You Sucka."
3. Juan Gonzalez.
4. Al and Dick McGuire.
5. Juli Inkster.
6. Kristi Yamaguchi.
7. The Philadelphia 76ers.

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WORD LADDER

Answer

WORDS, WORDS, WORDS, WORDS, WORDS, WORDS

SCRAMBLERS

solution
TION
Today's Word

3. Twine; 4. Anoint; 1. Fable; 2. Decry;

Micro Crossword

By Elizabeth C. Gorski

Across

1 Stockpile, as toilet paper

6 Happen next

7 Sudden contraction

8 Chicago Symphony conductor Georg

9 Summers abroad?

Down

1 "Siddhartha" author

2 Stoned

3 Make _____ (do business on eBay)

4 Autumnal colors

5 "Tell Me You Love Me" singer Lovato

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STREAMING SOURCE

Here's what to watch and where to watch it for the week of October 23, 2023

- 23 Oct: "Princess Power" (Season 1) – Netflix
- 26 Oct: "American Horror Stories" (Season 3) – Hulu
- 27 Oct: "Curses!" (Season 1) – AppleTV+
- 27 Oct: "Five Nights at Freddy's" (PG-13) – Peacock
- 27 Oct: "Pain Hustlers" (R) – Netflix
- 29 Oct: "The Gilded Age" (Season 2) – Max
- 25 Oct: "Life on Our Planet"
- 23 Oct: "Princess Power" (Season 2) – Netflix
- 24 Oct: "Milli Vanilli" (Documentary) – Paramount+
- 24 Oct: "Hot Potato: The Story of the Wiggles" (Documentary) – Amazon Prime Video
- 24 Oct: "Pete Holmes: I Am Not for Everyone" (Stand-up Comedy) – Netflix

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Micro Crossword

Answer

SETE

ITLOS

MSVPS

ENUSE

HOARD

MORE SUN FUN



"Cobweb" (R) — In this horror thriller produced by Evan Goldberg and Seth Rogen, Woody Norman ("C'mon C'mon") plays 8-year-old Peter, a young boy who lives a solemn life with his emotionally distant parents, Carol and Mark. After they won't let him go trick-or-treating on Halloween, Peter begins hearing a tapping on the walls of his home and encounters a voice named Sarah. While his parents dismiss these claims as delusion, Peter's connection with Sarah only grows, and so do the eerie circumstances at home. Lizzy Caplan ("Fatal Attraction") and Antony Starr ("The Boys") co-star in "Cobweb," out now. (Hulu)

"Neon" (TV-MA) — Santi, Ness and Felix are three kids from a small town desperate to make it big in the reggaeton music scene in Miami. With Ness as his manager and Felix behind the camera as a budding music video director, along with A&R rep Mia, Santi attempts to get his star on the rise to eventually become the biggest reggaeton artist yet. This eight-episode comedy series executive produced by reggaeton legend Daddy Yankee follows the trio through their highs and lows of being a growing artist in Miami's music industry. Expect cameos from artist such as Jowell, Ken-Y, LYANNO and more. All episodes release on Oct. 19. (Netflix)

"Lessons in Chemistry" (TV-MA) — "Captain Marvel's" Brie Larson leads this new drama miniseries based on the novel by Bonnie Garmus. Larson portrays Elizabeth Zott, a female scientist during the 1960s who sud-

denly gets fired from her position at a laboratory. Having spent her free time cooking up delicacies, Elizabeth gets an offer to host her own cooking show, called "Supper at Six." As she molds herself to become a poised and characterized version of herself on the show, Elizabeth also utilizes this opportunity to educate her viewers, young and old, on current events and scientific topics. Through her honest perspective of what it's like to be a housewife in the 1960s, she provides a beacon of hope to women everywhere. The first two episodes are out now, with the subsequent six episodes releasing every Friday. (Apple TV+)



Courtesy of Apple TV+

Brie Larson stars in "Lessons in Chemistry."

"The Burial" (R) — In this legal drama loosely inspired by a true story, Jerry O'Keefe (Tommy Lee Jones) is a funeral home owner with massive financial troubles that could put him out of business. So, he attempts to sue a larger funeral home corporation called the Loewen Group due to a contractual dispute and hires the eccentric lawyer Willie E. Gary (Jamie Foxx) to help him win his case. With Willie asking for \$100 million for his client and Mame "The Python" Downes (Jumee Smollett) representing the defendant, the stakes are stacked up high against Jerry. But Willie remains undeterred that his unusual lawyering will prevail. Out now! (Amazon Prime Video)

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Contract Bridge

A COMMUNICATION PROBLEM

North dealer.
North-South vulnerable.

NORTH

♦ A Q 4
♥ Q 5
♦ A K J
♣ Q 10 9 7 4

WEST

♦ K 9 5 3
♥ 8 3
♦ 9 7 6 3 2
♣ K 5

EAST

♦ J 8
♥ K J 7 6 4 2
♦ 8 5
♣ A 6 3

SOUTH

♦ 10 7 6 2
♥ A 10 9
♦ Q 10 4
♣ J 8 2

The bidding:
North 1♣ East 1♥ South 1NT West Pass
3 NT
Opening lead — eight of hearts.

Entries pose a problem in the play of many deals. In the case of declarer, an abundance of winners in either his own hand or dummy is worthless if there is no way to reach them.

The defenders might likewise be faced with this difficulty. Either defender might have tricks that cannot be taken because there is no entry card in the hand that holds the good tricks. The defenders can sometimes solve this problem if they use their resources expeditiously. Here is such a case.

Let's first assume that West leads a heart in response to East's overall, and that East covers dummy's queen with the king, which South ducks. As a result of this communications-breaking play by declarer, he makes the contract.

If East continues the suit, South finesses the ten and leads a club. No matter when or how the defenders take their A-K of clubs, East's hearts wind up withering on the vine, and South eventually scores three club tricks to make the contract.

Note that if declarer slips by winning the opening heart lead, he goes down. Whenever he leads a club, West wins with the king and returns a heart to East's jack, and East leads a third heart to establish his suit. East still has the club ace as an entry, and South goes down two.

Note also, though, that East can defeat the contract if he plays the seven of hearts on the opening lead! By allowing declarer to win the first trick with the queen, he maintains a heart contact with West that prevents South from scoring more than seven tricks.

Thus, if declarer plays a club at trick two, West takes his king and returns a heart to East's K-J, driving out South's ace on this trick or the next one. The race for the establishment of tricks is then won by the defense, and South winds up taking second money.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

ABCDEFGHIJKLMNOPQRSTUVWXYZ

XIFS F EPFT B XFSFXPMG MJLF

UP IJEF?

JO ZPVS DMBXT - JU.



Heart Is Deconditioned To Exercise

After Airbag Injury

DEAR DR. ROACH: I am a 69-year-old who used to walk up 75 to 90 flights of steps several days a week as exercise. After a steering wheel airbag went off and damaged my heart, I am afraid my ability to do that stopped. After years of medication, I am now on a pacemaker, which definitely helps.

Could the exercise have weakened my heart to such a degree that it could be viewed as overdoing it, therefore exacerbating my condition? -- Anon.

ANSWER: In general, exercise does not harm the heart. On the contrary, exercise is almost always good for the heart. However, there are exceptions. In healthy people, there is an optimal amount of exercise, and extreme levels of exercise (on the order of running more than 10 miles a day every day) begin to decrease the benefit that a person gets from exercise. (This remains controversial, but I am convinced from the data.)

In people with severe heart disease (the kind with blockages in the arteries), overdoing exercise can lead to a heart attack, but this is an exception. For every person who gets harmed by overexercising, there must be a hundred who don't get adequate exercise.

The fact that you have improved a lot on the pacemaker suggests that at least part of your problem wasn't with the pump function of your heart, nor with the arteries leading to your heart. The problem lies with the electrical supply.

Once a pacemaker is in, that problem is immediately alleviated, but the heart may still be deconditioned ("out of shape"). Regular exercise will help the problem.

Your cardiologist can better

answer the question for you and also give you advice on how to build up your exercise tolerance over time.

DEAR DR. ROACH: Colds and flus seem to linger in my lungs and nose for a week or more after all other symptoms have passed. If my phlegm and mucus are clear or white, and I feel healthy otherwise, am I still considered infectious? -- S.C.

ANSWER: The color of sputum and mucus is not a reliable indicator of whether an infection is caused by bacteria or viruses, nor of whether you are still infectious. Colds and flus like COVID are caused by viruses. A person is most infectious starting from a day or two before they get symptoms up until a day or two after symptoms start. Most people are no longer infectious after five to seven days of having symptoms, but unfortunately, that's not always 100% certain.

Part of the body's response to infection is to make a great deal of mucus to wash the infection away. This can lead to us feeling very uncomfortable with copious sneezing, runny noses and productive cough. In some people, this tendency is more prolonged. It sounds like you might be one of those people in whom the body's response to infection causes more symptoms than the infection itself.

We can test pretty well for COVID infectiousness with at-home testing, but those home tests don't exist for the flu or other viruses. Following the same advice for COVID -- staying home for at least 24 hours after a fever has gone, or remaining in isolation for at least five days without a fever -- will minimize your infectiousness to others.



1. Name the first rock group to record and release "Turn! Turn! Turn!"
2. Which group released "New York Mining Disaster 1941" as their debut single?
3. Who was Walden Robert Cassotto?
4. Who wrote "The Beat Goes On"?
5. Name the song that contains this lyric: "I would have waited forever if I'd known that you'd be here."

VETERANS ★ POST ★

by Freddy Groves

Adaptive Sports and Arts for 2024

Ninety-one programs around the country will share in a \$16 million Department of Veterans Affairs grant to provide adaptive sports opportunities for 13,000 disabled veterans. In 2024, the money will cover programs in 30 states.

To learn more about adaptive sports and arts, take a look at department.va.gov/veteran-sports to see events for 2024 and get an idea of the opportunities available — especially if you can volunteer.

The National Disabled Veterans Winter Sports Clinic needs a band of 700 volunteers, including adaptive ski instructors and clinical staff such as adaptive sports specialists. That event will be held the first week in April 2024 and will include adaptive skiing, sled hockey, rock wall climbing and more.

The National Veterans Summer Sports Clinic (to be held in late August 2024 in San Diego) will include adaptive sports such as kayaking, sailing and surfing. Registration will be from Dec. 1 to March 1 of 2024.

The Golden Age Games, for those age 55 and up, will be held in late August 2024 in Salt Lake City, Utah. The range of competitions is vast and includes basketball, bowling, swimming and much more.

If sports aren't your thing, don't miss the National Veterans Creative Arts Festival. The final date for that event hasn't been determined yet, but it will be held in Denver. For more details, see department.va.gov/veteran-sports-national-veterans-creative-arts-festival.

Scroll down to see the categories. Art (a long list of possibilities from leatherwork to painting), creative writing, dance, drama and music are among the choices. Smaller festivals are held around the country in all those categories, with winners in those competitions advancing to national judging. Contact your local VA facility to find out the deadline dates for submission of entries. Remember: You need to be enrolled in VA healthcare before you enter a local competition.

If you're interested in any of the opportunities, contact them now to verify the details of registration dates and locations. All the programs are extremely popular, so don't wait.

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Puzzles4Kids

Answer

In your claws-it to hide? Where does a werewolf like

Answers

1. The Byrds, in 1965. The lyrics (written by Pete Seeger) came from the Book of Ecclesiastes 3:1-8. The song is also subtitled "To Everything There Is a Season."
2. The Bee Gees, in 1967. Two of the Gibb brothers wrote the song during a power outage at the record company. Their inspiration was the Aberfan disaster in Wales that saw the top of a mountain slide down and kill hundreds when it hit the town.
3. Bobby Darin. His "Dream Lover" was covered by numerous others, including Dion, and Ricky Nelson.
4. Sonny Bono, of Sonny & Cher, in 1967.
5. "One Promise Too Late," by Reba McEntire, in 1987. The song tells of the regret of finally meeting the one she's dreamed of ... after making a promise to someone else. The song topped country charts in both the U.S. and Canada.

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READERS FORUM**READERS FORUM****READERS FORUM****He's Supporting Koch For Mayor**

I am a relatively new resident of Quincy, and for the past 6 years, I have watched this city transform into a (more) desirable place to move to, live in, and visit. There are beautiful parks, strong schools, wonderful dining options, and so much more. This is a great place to live and I'm proud to call it home.

From what I have gathered by watching city council meetings and talking to those around town, most of these improvements have been born from the vision and creativity of Thomas Koch. Mayor Koch's experience in local government

has provided stability and direction throughout various economic challenges, while still finding the resources to continue improving the quality of life in the city.

Mayor Koch's plans have brought about great changes; with many new schools, a downtown with fun destinations drawing in visitors from other towns, the Generals Park, festivals all year round, increased support for our fire and police departments, and much more. He has provided vision with action.

I have watched the chal-

lenger from afar, and the most I can glean of her vision is that she votes no on pretty much everything. No on the special needs school. No on the new fire and police headquarters. No on almost every improvement brought to the council. And virtually no proposals coming from herself for the city.

I want a mayor who knows how the city works and how to get things done. I want a Mayor who has a plan and a way to get it done. Mayor Koch is the best person to lead our city into the future.

Steven Nofziger
Quincy

She's Supporting Mahoney For Mayor

I support Anne Mahoney for mayor of Quincy because she has consistently stood with me and other residents when we needed her. Multiple times, she helped us organize and advocate for ourselves and our vision of the City of Quincy. Let me illustrate.

During COVID, I and other owners of "pandemic pups" naturally started to congregate at Forbes' Hill Park. I loved my newfound community there and enjoyed my time making new connections and friendships.

So when the city revealed their potential plans to pave over our park for a parking lot, I was appalled and so were my new COVID friends and their dogs. Don't they realize that this place is the center of our community? Where will we go to meet up and let our dogs run?

We need this park for despite to deal with the struggles of our new found COVID reality.

I had no idea what to do or how to fight this ridiculous plan. Then, on a tip from a friend, I called Councillor-At-Large Anne Mahoney. I didn't know her then but was told that she would help because she is well connected with the City government.

So I did, and she returned my call immediately. Anne walked the park with us as we told her our story and she listened. How refreshing! She encouraged us to write letters to express our opinions, respectfully, and petition the City to modify

their plans. Which we did.

With her guidance, we were later able to convince the City to "start over," conduct a facilitated community meeting to establish values and principles for the project. As a result, the city changed course and the park was saved!

On another occasion, when we heard that the Ruth Gordon Amphitheater was planned to be filled in for a pickleball court, we contacted Anne straight away. She met with us on a stormy winter day in March at the amphitheater with over 60 other concerned Quincy residents. She also stood with us when we stood out on the Commons in front of City Hall to show support for our cause to save this unique performance arts space.

She and her husband Kevin then produced a podcast called "Courage is Like a Muscle" based on a quote from Ruth Gordon. She used the metaphor to encourage us to be brave, advocate for what you believe and it will make you stronger. Hundreds of folks and artists joined the newly formed Friends of Ruth Gordon group as the venue was reborn! Here again, the city changed course and the amphitheater was saved!

Anne came to all the summer performances at the amphitheater and remarked that it was a welcomed break from long days campaigning and a magical experience watching the community come together organically!

Through both of these

experiences, Anne taught me a valuable lesson. She taught me how to advocate for myself and make my own pathway to influence positive change in a City where community engagement is not valued or encouraged.

In this election, we have a choice between two very different people. The incumbent who makes decisions for us without our consultation from the top-down perspective and Anne, the challenger, who by nature, is a collaborator and works directly with the residents of Quincy. She listens to our stories and struggles, helps us discover unique solutions and then supports our advocacy from the bottom-up perspective.

Our growing city is at a crossroads this election. We are growing in ways we can't predict much less control. The old ways of top-down problem solving no longer works to address the complexity of city life. At this moment, Quincy needs a mayor that is a collaborator. One that will invite us, the residents, to the table and become part of the solution to the struggles we face. In essence, reinvigorating the participatory democracy that our founding fathers intended. We are all in this together.

I never intended to get involved in city politics, but now that I know Anne she has inspired me to participate. Anne will make a terrific mayor. The People's Mayor. Vote Mahoney.

Maria Mulligan
Quincy

Supports Devine For Ward 4 Councillor

Through many personal encounters, I've come to know James Devine and his kind, welcoming way with the citizens of Quincy, old and new. Aside from handling the decisive political matters that affect the city as a whole, he is very attuned to the quieter voices of our

community.

Just the other day, he was visiting members of our neighborhood to discuss his campaign, when he noticed a young Amazon deliver looking lost. He went up to him, introduced himself, gave his card, offered direc-

tions, and told him to reach out if he had any trouble.

I think this really exemplifies what a public servant should be, aware of what's going on with the everyday constituent, and always willing to offer a welcome into the community.

Kathleen Regan
Quincy

She's Supporting Perdios For School Committee

I am supporting Courtney Perdios for School Committee and urge you to cast one of your votes for her. She is an independent voice who is willing to ask the tough questions, questions that I believe the School Committee needs answers to.

I agree with her platform issues and support her long advocacy achievements. She was appointed to the School Committee to fill a vacancy from February to December of 2021. This year is the first election since she served. Courtney is involved in all of the schools and has three children currently attending the Quincy Public Schools.

She is the type of leader we need.

Courtney has extensive involvement in the schools and community and will do so much more once she is elected. For those of you who know me, I rarely endorse a candidate but I am making an exception because I believe in Mrs. Courtney Perdios. I served 16 years on the Quincy School Committee and stay current with the issues facing our schools and city. My background before being elected is similar to Courtney. We were involved in the PTOs at each of our children's schools including at

every school level plus the Citywide Parents' Council. She is a fighter for children, teachers, staff and families.

Courtney is the only School Committee candidate endorsed by the teachers' union, the Quincy Education Association (QEA). She is also endorsed by several local labor unions. You can visit her website to learn more about Courtney at www.courtneyperdios.com. I hope you will join me in casting your School Committee vote for Courtney Perdios. Your vote counts!

Jo-Ann Bragg
Quincy

Palestine-Israel Conflict And State Seal Of Massachusetts

We are now witnessing the horror of the Palestine-Israeli conflict. It is particularly savage. This is the culmination of decades of repression of the Palestinians. A chain reaction which began in the actions of Nazi Germany against the Jews. This is a war that can only have a brutal outcome.

We here in Massachusetts should look to ourselves. The King Phillip War of 1675-1676 had the same cause. When the Pilgrims landed in what was to become Plymouth, in 1620, they found bones of Indians in their villages. The European diseases which

decimated ninety percent of the coastal Indians were so virulent that there was no living to bury the dead. Certain of the Indian tribes that remained allied themselves with the Pilgrims as those tribes were in conflict with other Indian tribes.

As time went on and the European presence increased, it reached a tipping point. The Indians went to war lead by their chieftains King Philip and Annawon. Eventually the Colonists prevailed. Both chieftains were beheaded. Indian men, women and children were sold into slavery in the West Indies.

I wonder where comes such savagery. I recently learned that following the Permian-Triassic extinction 252 million years ago, reptiles arose which led to the evolution of mammals which led to the evolution of humans. We retain the remnants of the reptile brain.

The State Seal of Massachusetts represents that conflict. It shows a standing Indian with a bow and arrow. And overhead, a sword. There was some discussion years ago of changing the seal. That discussion faded away. It is time to move on from that history.

Peter Gleba
Quincy

Supports Perdios For School Committee

I support Courtney Perdios for School Committee because she is committed to keeping the students, families and teachers of Quincy in the forefront when planning and strategizing. I have had the pleasure of sitting on many task forces with Courtney and she has the ability to see everyone's

perspective and works to find a solution to fit and be inclusive to the whole student community.

She has three children in the Quincy Public School system, that alone sets her apart from other candidates in the field and I feel gives her a wonderful lens for what is working and what

could use fine tuning for our students, families and teachers alike to make our school system even better. I strongly urge you to support Courtney at the polls in November.

Cassandra Beck
Quincy

Policy On Letters Of Support

In the interest of fairness to all candidates on the Nov. 7th ballot, the Oct. 26th issue will be the last issue for letters of support.

Priority will be given to those candidates who have not received letters of support in previous editions this election season.

No letters of support will be published in the Nov. 2nd issue - the final issue before the election - a standing policy of many other weekly newspapers that the Sun has adopted.

Seaside Christmas Fair Nov. 4**At Houghs Neck Congregational Church**

The annual Seaside Christmas Fair will be held Saturday, Nov. 4 from 9 a.m. to 2 p.m. at the Houghs Neck

Congregational Church, 310 Manet Ave., Quincy.

The fair will feature pies, breads and other sweet

treats as well as gift baskets and resale items suitable for gift giving.



QUINCY



NORTH QUINCY

FOOTBALL HALL OF FAME

2023 HALL OF FAME NOMINATION FORM

* THERE IS A TEN YEAR WAITING PERIOD FROM HIGH SCHOOL GRADUATION BEFORE
A CANDIDATE CAN BE NOMINATED FOR INDUCTION

(* PLEASE FILL OUT REQUIRED FIELDS)

*NAME OF NOMINEE: _____

* SCHOOL: _____ *GRADUATION YEAR: _____

* YEARS PLAYED: _____ TO _____

* ADDRESS: _____

*CITY: _____ * STATE: _____ * ZIP: _____

* CONTACT NUMBER FOR NOMINEE: () _____

* EMAIL ADDRESS: _____

* BIOGRAPHICAL INFO: (PLEASE USE SEPARATE SHEET IF NECESSARY)

* YOUR NAME: _____ * PHONE: () _____

ALL NOMINATIONS MUST BE SUBMITTED BY U.S.P.S OR EMAIL NO LATER THAN
OCTOBER 24, 2023

MAIL TO:
QHQ HALL OF FAME
C/O SCOTT CAMPBELL
41 ROCKLAND ST
QUINCY, MA 02169

EMAIL TO:
QHQFOOTBALLHALL@GMAIL.COM
SUBJECT LINE: NOMINATIONS FOR 2023
CALL: SCOTT CAMPBELL- 857-939-9692



Halloween Tie Dye Craft During Fellowship AT QPCC

Quincy Point Congregational Church, 444 Washington St., Quincy, invites the public to its 10 a.m. worship Sunday, Oct. 22. Rev. Ellen Tatreau will preach.

After the worship service, gather for a time of fellowship, light refreshments, and conversations in the downstairs Social Hall.

Halloween tie dye making also starts this week during Fellowship time after worship with Angelina D. Bring a white tee shirt and choose your design (by Tulip) a piece of candy corn or a pumpkin. These projects start on Oct. 22 and will be finished on Oct. 29. The church supplies all the tie dye, paints and markers, again you just need to bring the white tee.

Also, mark your calendars for Dec. 1 and Dec. 2 for the Coastal Christmas Fair, which will support both the New England Aquarium Sea Turtle Hospital and Interfaith Social Services. The church is currently seeking donations of gently used jewelry and new or gently used children's books. If you can contribute, contact the church at 617-773-6424 or email office@quincypointcong.org to arrange a drop-off. Your support is greatly appreciated. Thank you.

It's time to order Holiday Pies! Orders must be completed no later than Sunday, Oct. 29th. Order pies online at: <https://forms.gle/QUdZT2X81GHKRirV9>

Cost: 9-inch \$20; 6-inch \$10. This year the church offers frozen 9" and 6" apple double crust, apple crumb top or mince double crust. Thanksgiving pick up will be Nov. 19 after worship. Pick up pies on Coastal Christmas Fair Day on Dec. 2 or by special arrangement through the church office.

Proceeds of pie sales will benefit the New England Aquarium Sea Turtle Hospital and Interfaith Social Services. Some pre-baked pies will be available on the day of the fair.

Questions? Contact Quincy Point Congregational Church 617-773-6424 or office@quincypointcong.org.

Everyone is welcome at Quincy Point Congregational Church. The QPCC building is fully accessible via the Abbey Road entrance. There is designated accessible parking, an elevator, and an "All Access" rest room. If attending in person isn't possible, you can still be part of the worship service by tuning in to the live stream at 10 a.m. on Sunday mornings. Additionally, past live streams are available on our website (quincypointcong.org), as well as on the church's Facebook, Vimeo, and YouTube pages.

Gasoline Prices Down 5 Cents

The average gas price in Massachusetts is down five cents from last week

(\$3.69), averaging \$3.64 per gallon. Monday's price is 13 cents lower than a month ago (\$3.77), and four cents higher than Oct. 16, 2022 (\$3.60). Massachusetts' average gas price is four cents higher than the national average.

"Domestic gasoline prices have continued their daily decline despite uncertainty and volatility gripping oil markets last week after the outbreak of war in Israel and fresh sanctions against Russia for selling oil for more than \$60 a barrel in violation of earlier price caps imposed by G7 nations in response to last year's invasion of Ukraine," said AAA Northeast Senior Spokesperson Mark Schieldrop. "Meanwhile, domestic oil production reached an all-time high last week and demand remains tepid, which suggest further price drops at the pump in the weeks ahead."

AAA Northeast's Oct. 16 survey of fuel prices found the current national average to be 10 cents lower than last week (\$3.70), averaging \$3.60 a gallon. Monday's national average price is 27 cents lower than a month ago (\$3.87) and is 28 cents lower than this day last year (\$3.88).

Decade of Excellence 1999-2008

Come celebrate an evening of reminiscing and togetherness
for all who were part of Quincy High School's

DECADE OF EXCELLENCE!

Players, coaches, sideline staff and cheerleaders, as well as QHS
football alumni are cordially invited to this night of celebration and fun.



November 11th, 2023

7PM

Quincy Yacht Club, Houghs Neck

\$40 in advance

\$50 at the door

Quincy Symphony Orchestra Classical Concert Sunday

Quincy Symphony Orchestra will perform Classical Concert I Sunday, Oct. 22 at 2:30 p.m. at the Quincy High School Lloyd Hill Performing Arts Center, 100 Coddington St., Quincy.

The orchestra is conducted by Yoichi Udagawa, music director.

The concert will feature Gioachino Rossini, L'Italiana in Algeri;

Ludwig van Beethoven, Symphony No. 7 in A; Richard Strauss, Burleske; and Jonathan Bass on piano.

The venue is ADA accessible and admission is free (suggested donation).

American pianist Jonathan Bass appears frequently throughout the United States and around the world as soloist and chamber musician. Of his 1994 Weill Hall at Carnegie Hall debut, New York Concert Review wrote, "A technical presence to be reckoned with...

soaring with a feeling of lyrical discovery."

Bass was awarded First Prize in the 1993 Joanna Hodges International Piano Competition, the 1984 American National Chopin Competition, the 1989 American Pianists Association Beethoven Fellowship Competition, and the 1983 National Arts Club Competition. He also received the Bronze Medal and Mozart Prize at the 1987 Robert Casadesu International Piano Competition. He is a regular presence at Symphony Hall and Jordan Hall in Boston, and at Tanglewood. His solo and chamber music recording have received high acclaim from Gramophone Magazine. Internationally, he has performed in China, Israel, Japan, Lithuania, Poland, Spain, and Russia.

A Steinway Artist, Bass has been featured on many radio programs throughout

the United States, including National Public Radio's "Performance Today." He has performed as concerto solo soloist with numerous orchestras, including the Boston Pops and the North Carolina Symphony.

Collaborative highlights include multiple guest appearances with the Boston Symphony Chamber Players, and recitals with

violinist Joseph Silverstein. He also partners with his wife, BSO violinist Tatiana Dimitriades, in the Boston Duo. For more than 20 years, as the pianist and a founding member of the Walden Chamber Players, he performed on a variety of chamber music series and residencies across the United States and Canada.

A graduate of the Juil-

iard School, where he studied with Adele Marcus and Sasha Gorodnitski. Jonathan Bass holds a Doctor of Music degree from the Indiana University School of Music, where he studied with, and was teaching assistant to, Menahem Pressler. He also studied at the Moscow Conservatory in Russia. Bass is a Professor of Piano at Boston Conservatory at Berk-

lee, where he has served on the faculty since 1993. He also teaches at New England Conservatory in the Preparatory School. His students have won many competition prizes, and he has given numerous master classes throughout the United States and around the world.

For further information, visit jonathanbass.net.

Visit QuincySymphonyOrchestra.org.

Historical Society To Mark John Adams Birthday

Quincy Historical Society will mark John Adams' 288th birthday on Monday, Oct. 30 at 7 p.m., with a special program by Professor Marianne Holdzkorn discussing Adams' place in history, historical memory, and popular culture.

For two centuries, John Adams has had probably the most complex and intriguing historical reputation of all the Founders. He more

than once complained that he expected to be forgotten, and for many decades that was close to true. But there have also been several revivals of interest in him over the years, in addition to the present one. And he's enjoyed a surprising number of portrayals in movies and television, on stage, and in novels. In a lively illustrated presentation, Marianne Holdzkorn will track

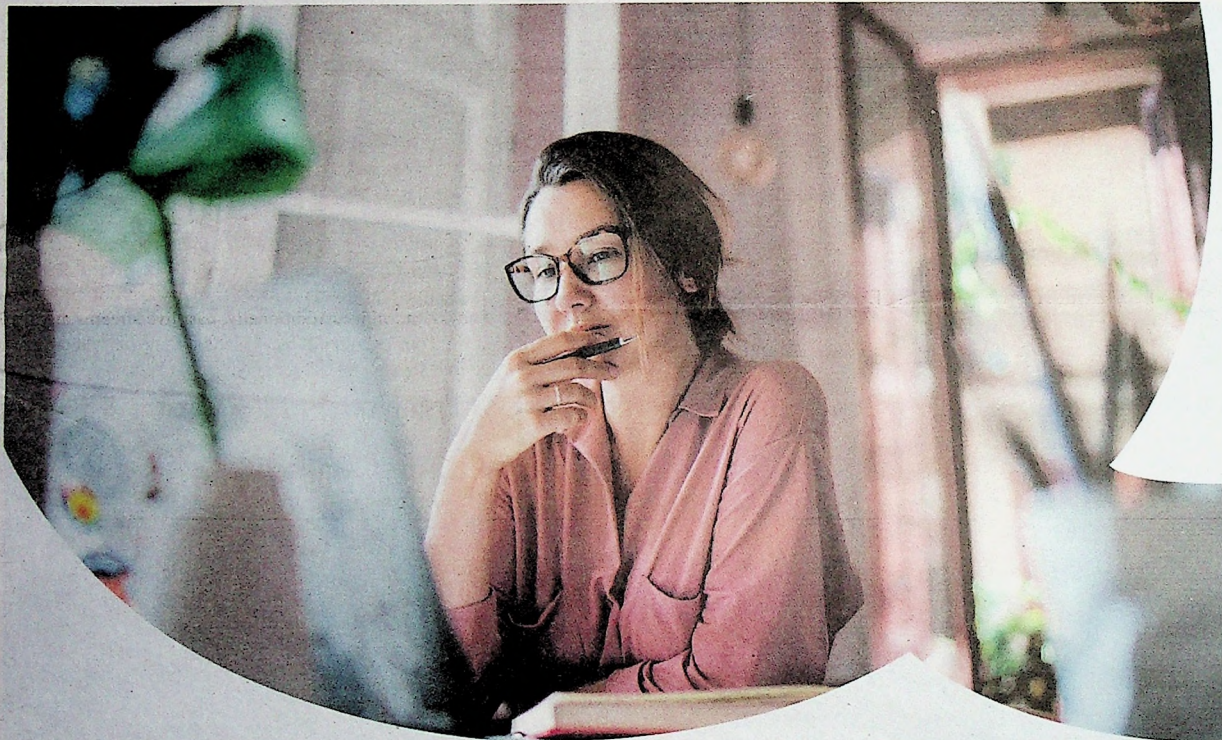
and discuss these shifting views of Adams' character and achievement and consider the qualities that make Adams such a distinctive figure. She'll also give attention to how Quincy has remembered its native son.

Marianne Holdzkorn is associate professor of history at Kennesaw State University in Georgia. She is the author of Remembering John Adams: The Second

President in History, Memory, and Popular Culture. A book signing will follow her presentation.

The event is free and will be held at the Adams Academy Building, 8 Adams St., Quincy. All are welcome to attend.

This event will be the first in the Historical Society's multi-year commemoration of the 250th Anniversary of the American Revolution.



Quincy College is proud to participate in

MassReconnect

The state's new **MassReconnect scholarship** program supports residents age 25 and older seeking Associate's degrees and certificates. It's aimed at Massachusetts residents who have a high school diploma or equivalent but no higher education credential, empowering them to **acquire education and training necessary for in-demand jobs** in fields including health care, education and biotechnology. The program funds tuition and fees, and students would receive assistance to pay for books and supplies.

Whether you're considering college for the first time or want to return to earn a degree or certificate, **there's never been a better time to enroll at Quincy College!**

Learn more, contact:

Admissions

admissions@quincycollege.edu
(617) 984-1710



QUINCY COLLEGE

Moms For Tom

Dear Neighbor:

We are writing today as moms of current and past Quincy public school children. We wanted to share why we are supporting Mayor Tom Koch in the upcoming election with the hope you'll keep this in mind when voting on November 7.

Simply put, no one has done more to make Quincy a family-friendly community over the years than Tom, and it's important that we keep that momentum going.

Each of us has seen first-hand the work he has done to build new schools in our city by leveraging money from the state. Not all projects receive this funding, and many communities don't get these funds, but Quincy does. This means that the cost is shared with the state, helping to keep taxes as low as possible while building new schools for our children. This year we're opening our fourth new school in Quincy – this one a learning center dedicated for children with autism – and a fifth is on the way.

While some of us are from multi-generation Quincy families, others of us moved here because we know we have among the very best school districts in the state, and absolutely second-to-none for a district its size. Our schools attract families. It's plain and simple.

Finally, the opportunities our kids have to grow and play outside are unmatched. In addition to upgrades to parks and playing fields in almost every neighborhood, Tom replaced 26 playgrounds across the City for the sole benefit of families with young children. And that says nothing about our "Quincy Rec" programs that are abundant and welcoming to all of our children.

Tom is committed to our City not only as our Mayor but as a parent and a leader that understands that our kids come first. He has been there to listen to our concerns and is a champion for all of our children. Our city is thriving because we have a friend, a leader and a parent in our kids corner.

Please join us in voting for Tom Koch on November 7th.

Joanne Hall Roberston, Moe Palmer, Katie Radell, Tammy Barrett, Kara Wood, Sue Vinitzky, Rebecca McCulley, Kim Wheelwright, Jen Gates, Colleen Downey, Amy Sampson, Tarra Brown, Christine Halpin, Katie Nee, Jacqueline Conroy, Christine Lopez, Jaclyn Walsh, Erin O'Neill, Elizabeth Duddy, Stacy Scott, Jenelle O'Neil, Lauren Mancini, Jen O'Brien, Cindy Myer, Jonna Dondero, Katie Fitzpatrick, Christine Bowes, Lisa Curtin, Lisa Dunn, Lori Bryan, Christine Robles, Jodi Galligan Schaaf, Audrey Kennedy, Cheryl McCole, Gina Mackey, Jenny McGrail, Erin Silverman, Christie DiPaolo, Jane Connolly, Paula Glynn, Roison Lewis, Pam Carthy, Kristen Campbell, Stacey Roche, Aliisa Houlihan, Beth Chencharik, Maureen Walsh, Marie Layden, Meghan Glavin, Annie Ahern, Jill Greene, Tricia Drummond, Katie Sampson, Julie Norton, Caiti Murphy, Brenna Donovan, Sarah Mastracola, Danielle Schepis, Kelly Stanton, Cecelia Stanford, Stacey Lemay, Lynette Paulk, Sarah Kane, Danielle Toland, Emily Hames, Teresa Cristiani Altavesta, Karen Hickey, Jenny Barron, Kristen Lomanno, Kelly Gilson, Amy Drinkwater, Jill Hockney, Eileen Cavicchi, Christine Ryan, Julianne Slinger, Kate Murphy, Jane Cody, Karen Greene, Kristen Powers, Kelly Gilson, Jenny Barron, Kristen Lomanno, Amy Ryan Hottelman, Kristen Martorano, Angie Kaes, Patti Lencki, Patrice Cunniff... And a whole bunch more if we had more space!

